

IN FOCUS

DAINFERN

Exclusive to Dainfern Golf Estate

Your community and service provider magazine since 2002

February 2022

HOMEFRONT

LIFESTYLE

NATURE

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In Focus 20th Anniversary

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Fourways





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Your community and service provider magazine



February 2022

Editor's Note

Welcome to this month's edition of IN FOCUS.

The opinions expressed in this publication are not those of the publisher or of the HOA. No responsibility will be taken for any decision made by the reader as a result of such opinions.

Important Numbers

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FOR INJURED BIRDS AND WILDLIFE:

Dominique - 061 116 1254 (resides on the Estate) The Friends of Free Wildlife - Margi 082 561 3681

REMOVAL OF SNAKES:

Security: 011 875 0601

Bats: Julio 082 359 1295 • www.batsgauteng.org.za (Domingue can assist with the above)

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INSTRUCTIONS

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February 2022

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Ladies Club Champs 17 and 18 March 2022

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Happy Valentine's Day



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RESIDENCY PROGRAMME

Plan your escape to The Med!

"If you don't like where you are, move. You are not a tree." - Jim Rohn

Cyprus is quickly becoming one of Europe's most sought-after and desirable destinations to ex-pats both for permanent relocation as well as property investment. Being Englishspeaking is a huge advantage and this aspect makes the transition to your new life very easy.

Not only is the warm climate a factor (there are 320 days of sunshine), but the crystal blue Mediterranean Sea, 66 blue-flag beaches, majestic sunsets and picturesque natural surroundings offer a fantastic outdoor environment. The Mediterranean lifestyle in Cyprus is about scrumptious cuisine & enjoying life to the full. There are 7 world golf courses (4 are world-class), an abundance of fine dining venues, numerous wine routes and a plethora of outdoor activities

Cyprus is first world; and the infrastructure is extremely well developed: there are 10,600km of freeways, 2 international airports, 5 ports and 5 fully equipped marinas. The state handles most of Cyprus' power and communication needs; and the service on offer is efficient and reliable. Load-shedding is not a reality in Cyprus!

Cyprus is very centrally located being at the centre of where the East meets the West; and it is very easy to get to mainland Europe, the UK, Russia, China and Africa. Being a full member of the EU has its advantages: there is free movement of goods and services across all 28 countries; and you have access to 450 Million consumers! Europe could well become your new fishing pond.

Cyprus is recognised throughout Europe for its excellent healthcare system that provides highly skilled medical practitioners, excellent hospitals and value for money. Despite being a country with enviably high standards generally, it's the access to state of the art medical centres, being able to be treated by highly trained doctors and specialists and the high level of care & treatment that play very much in Cyprus' favour. A huge benefit for permanent residents is that they are entitled to become part of Cyprus' National Health scheme (GESY). No more heavy medical aid premiums!

Properties in Cyprus offer exceptional value for money when compared to other European countries – especially homes right on or near to The Med. The choice of where to buy is very personal and the type of property depends on your lifestyle requirements, your budget and also your plans. The lush & beautiful city of Paphos on the Western side of the island is very similar to the Western Cape and year-on-year continues to enjoy the most demand from investors.

Protect yourself, your family and your assets from unpredicted events by taking advantage of the opportunity to secure permanent residency in Cyprus. Think of getting residency as guaranteeing your and your family's future. An astute offshore property investment that works for you in the short, medium and long term is the achievement of a lifetime. Investing in Cyprus' residency programme not only makes financial sense, but it will tangibly benefit your immediate family. Can you afford not to take advantage of this while the programme is still open?

A new home in a new country is the achievement of a lifetime and an investment in the future for the next generation. In Cyprus the investment options really are the best. Living is laid back and you set your own pace. And what better place to do this than where the blue skies meet the Mediterranean Sea: on the beautiful island of Cyprus.

Your trusted partners

Cypriot Realty – a proudly South African company in operation for more than 14 years with offices in Sandton, Cape Town and Cyprus – is your trusted partner to realise your Plan B in Europe. We are recognised and respected as Southern Africa's authoritative investment specialists promoting Cyprus as an ideal destination for acquiring EU citizenship or permanent residency, for property investment, for immigration or retirement and starting an EU-based business. We understand investor's needs, and we have an impressive track record showcasing our success.

Property inspection trips

We organise personalized property inspection trips for you to come to Cyprus to look at the property options and to experience for yourself the lifestyle on offer. From arranging meetings with taxation and legal specialists, to opening up your offshore bank account – we hold your hand every step of the way.

Contact us for a confidential meeting to discuss how Cyprus can fit in with your offshore plans – we will assist and guide you every step of the way to realise Your Plan B.

Contact Jenny Ellinas, Founder & CEO

Tel: +27 83 448 8734 • Email: jenny@cypriotrealty.com • www.cypriotrealty.com

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- * Residency permits are FOR LIFE!
- * Permits are automatically renewed
- No need to live in Cyprus
- You can rent out your property
- No minimum annual tax levied





Cyprus really is the perfect choice!



CAPE TOWN | SANDTON | CYPRUS

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ON THE STOEP

DNA Newsletter

Celebrating 28 Years

Happy New Year. We wish you a wonderful, healthy and prosperous 2022!

Dainfern InFocus magazine

Welcome to our first In Focus publication of the year, in fact this year we celebrate 20 years of publishing.

The InFocus was originally created to bring in funds for the Nature Association, create awareness of "what's going on in our estate" and provide interesting articles for the residents. Thanks to our advertisers we have been able to continue to produce the magazine for all these years and we therefore appeal to the residents to continue to support the advertisers so the Nature Association who are dedicated voluntary residents supported by management, can continue to maintain, enhance and beautify the estate and nature trails from the proceeds.



Dainfern Classified Listings and Service Provider Brochure

More recently, we have created a brochure for quick easy reference to the service providers and residents listing page (staff employment, for sale etc.) which can also be conveniently printed out. If you would like to advertise in the residents page, please contact Colleen at cobbie@global.co.za.

To view Dainfern InFocus at any time either go on to the Dainfern App, Dainfern Website or Google - Dainfern Infocus magazine. the boutique experience

Dainfern Valley Estate

asking R6.95m



Dainfern Valley Estate

asking R6.25m



Wishing all our present and future clients a splendid new year and we look forward to working with you in 2022.



Please see a valuable resource below:

https://www.google.com/amp/s/businesstech.co.za/news/property/550780/new-property-laws-for-south-africa-in-february/amp/

brenda 083 251 4452 | alison 083 251 4452 dainfern — sales & rentals

ON THE STOEP

DNA Newsletter

continued from page 8



DNA Trophy

This beautiful trophy is awarded to someone who has performed an outstanding task in supporting our fauna and flora and bird life on the estate.

It has an honoured place at the entrance of the Clubhouse within the glass cabinet with names of all who have been awarded.

We welcome nominees throughout the year. Please email Colleen –

cobbie@global.co.za

Bird walks & Wildlife Talks

Bird walks will continue with André Marx – look out in the newsletter and on electronic board of dates for these and our Wildlife talks.

Olivia Denny's Nature Association Update

November and December saw many more people out and about exercising, walking their dogs, and kids enjoying their wonderful freedom, being out on their bikes and scooters, zooming around with such glee and enjoyment around the estate, really having fun and enjoying themselves.

It makes one feel that all the hard work in keeping the Nature Areas intact and looking good is well worth it, and we in turn get pleasure knowing that we have created these lovely open spaces for them to enjoy.

Golf Course DANGER

It has been noticed that many children are not aware of the dangers of walking around the golf course whilst golfers are in play, so we appeal to parents to just educate your kids about the dangers.

Maintenance



The River clean ups started in early November and continued on and off through December, over the Christmas and new year periods. The river team, maintenance and nature guys were once again hard

at work juggling from river to their regular posts, to keep on track.

We do welcome the rains at this time of the year rather than the heat and dry weather not having to keep the gardens watered does make things easier. However when the algae build up in the dams starts to spread it needs to be removed regularly. This process will be ongoing.

Montague / Bentwood Grassland has been cut, and the hedge along the Bentwood wall trimmed and the trees lifted, odd pom poms removed, along with the removal of the baby Acacia.

The 4th Bank and grassland along the 4th Fairway, and areas behind the 4th T Grassland areas, also maintained.

Olive Grassland, together with the 5th, 6th and Olive Walk grasslands and start of Rocky Ridge where trees had to be lifted had a lot of weeding carried out, then down into the Combretum Trail, Willowgrove empty stand had to be weeded and trees lifted and brush cut to help keep those morning glory from spreading.

Whilst in those areas, paths needed sand and fixing, because of all of the rain, some washing away occurred and of course lots of Morning glory all over and into the bottom of Willowgrove picnic spot.

Willowgrove pinic spot path had broken wooden stumps replaced and sand put onto the paths, trees were also lifted.

Butterfly path to Highgate Dam weeding was carried out and cleaning out the algae off the Highgate Dam which because of the high humidity the algae was rapidly spreading.

Poplar Marsh needed some attention, so paths were fixed, there has since been another wash away, this has also been fixed, trees lifted, areas around Poplar Marsh brush cut.

Area down Poplar to 9th fairway also needed some attention, we will be heading back to the grassland along the 9th for some trimming of trees and cutting of that short grassland section, where weeding is also required.

9th Fairway Grassland weeded.

Bush baby also has the weeders coming and going in and out of those areas, as and when they are available. Moth catchers love this area, so we have to catch them before they start climbing into trees, as



ANIMATED GALLERY

this then becomes a bigger problem

Once all the Grassland areas area by Montague Bentwood, are finished we will be heading to the 9th and after that start again down Trent Dam, Trent Walk, Trent Picnic, Cafra Cut through and Butterfly Areas, Wetland.

Circulation of Saw Grass Dams has been average and holding out since the heavy rains, undermining and gully damage in places has occurred after the heavy rainfalls.

River team are also trying to catch up amongst their other duties.

Olive Walk seems to be fine, although we need to do another check soon for weeds and over hanging trees.

10th Grassland, and Grassland below pavilion are on the list to do.

Once Maintenance are back, we will look at going to Combretum trail to complete the stone wall, and some stone pitching that is still needed weather permitting, along the river.

The Brick paving at Poplar Marsh is lifting in places, so that will also have to be put on the Nature Maintenance list and possibly some stone pitching in Saw Grass to hold the one area where there has been wash away, which occurs in heavy storms.

As we ran out of time before the Christmas closure, the water point for the guys by the

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ON THE STOEP

continued from page 11

12th is still outstanding and on the to do list, as are the 2 tanks for Butterfly area.

As you can see the Nature team have been very busy!



ANIMATED GALLERY

Birds and beasties

Sharon from spyglass has a permanent visitor to her garden, a beautiful Spotted Eagle Owl. Wonder if it's one of our recent releases?

Sharon kindly had an owl box erected along with two barbet logs, however the owl is quite comfortable in Sharons courtyard. Maybe in time he will use the box.

Thank you so much Sharon for caring.

VIDEO LINK:

SPOTTED EAGLE OWL IN SHARON'S GARDEN

Poisons

The DNA in conjunction with the DHA have made huge strides over the past year to reintroduce owls onto our estate. It is for this reason that we plead with residents to be very wary of poisons used in private homes and gardens. With the huge increase in rains this season there has been an equal increase in mice and rats which increases food for the owls. Putting down easily available rat poisons e.g. ratex etc., bought in supermarkets and hardware stores, will negate all efforts with the owl projects and other projects undertaken and can be fatal to wildlife and birds. Similarly, the local cat population could also be negatively affected as they too prey on these animals.

Should you be in the unfortunate position of having increased mice or rats on your property, can we please ask that you first try curbing the population with good old fashioned mouse traps. There are also eco friendly service providers who focus in this area.

As an absolute last resort poisons which don't have a secondary effect might be used, but please check the suppliers certification before buying these.





Fungi

Some interesting fungi was spotted around the Estate.

Dainfern Golf Estate

Fourways Sales Office +27 (0)11 467 4119 fourways@pamgolding.co.za







Need a market related valuation?

Contact your Dainfern Golf Estate, Monaghan Farm & Helderfontein Area Specialist

Sharen Byren 083 461 3999 sharen.byren@pamgolding.co.za

Live Remarkable.







• REAL ESTATE •

Helderfontein Estate Launches their next Phase

Finding the right address, where you and your family feel safe, secure and comfortable is by no means an easy feat. It is with this that Century Property Developments have launched the next phase in Helderfontein Residential Estate as a secure country lifestyle estate, right on your doorstep. Conveniently situated in the heart of Fourways the estate neighbours Dainfern, providing a perfect alternative to families looking to live closer together, but are currently unable to find undeveloped open stands to build their dream home on in the already burgeoning Fourways area. Phase 2 of this sought-after residential estate is located adjacent to the private school Reddam House Helderfontein, and is located between William Nicol Drive and Glenferness.

Within the gradual slopes of the Helderfontein Estate flows the meandering Jukskei River that brings with it an entire ecosystem of indigenous fauna and flora. Our goal has been to maintain and add to the natural environment and as a result have ensured that we have kept the myriad of fishing dams, magnificent greenbelts for children's playgrounds, and more than 12km of walking trails through the indigenous parklands. The first phase of development was made up of only 163 stands ranging in size from 900m² to 1,700m². Each stand is fully serviced providing only the best in quality infrastructure with a number of integrated elements for your living convenience. The second phase consists of 58 stands ranging from 600m² to 1,088m².

As part of the development, the estate's main clubhouse is currently under construction, and will be

built overlooking a large dam. It will include a comprehensive gym with a considerable swimming pool, tennis courts as well as a world-class restaurant. For the more adventurous the scenic greenbelt will also include a built for purpose mountain bike track with rest areas. Because we understand that secure living is one of the highest priorities when selecting a place to call home, Helderfontein Residential Estate is equipped with a state-of-the-art security system ensuring you and your loved ones are kept safe. Managed at the highest level and made up of the latest in technology including CCTV, thermal imaging cameras and access control systems, the entire security environment is supported by highly trained and motivated staff. Perimeters are secured by well-lit, fourmeter high, reinforced concrete walls, topped with electric fencing and CCTV cameras, in addition to being frequently patrolled.

The estate has two different entrance points, including the phase one entrance on William Nicol and the phase two entrance which provides easy access to Main Road (near Leeuwkop), providing direct access to Midrand. Providing the optimal in country living coupled with secure family living, Helderfontein Estate is conceptualised to provide a magnificent alternative to otherwise cluttered living and a clean slate for the family looking to build from scratch their dream home. Building packages are also available to assist purchasers who would prefer to buy a home off-plan.

Our sales office is open on Sundays between 09h00 to 17h00, or by appointment on other days. Why not pop in for an overview of "country lifestyle living" at its best? Alternatively you can visit our website at www.century.co.za or contact Vee on 082 937 1680 to make an appointment.



HELDERFONTEIN

ESTATE

New developer stands with selected riverfront stands NOW LAUNCHED!

Residents of Helderfontein Estate have embraced a unique duality between country living and a cosmopolitan suburbia. Helderfontein Estate is one of the prime secure lifestyle estates located along William Nicol Road in Fourways, adjacent to Steyn City. Within its gradual slopes, flows the ever meandering Jukskei River, showcasing some of the most magnificent flora on its embankments. Several shopping centres, including Dainfern Square and the newly completed Fourways Mall, are located in the immediate vicinity. Purchasers may use their own architects and contractors to design construct their dream home, with a uniquely South African approach.

- Standard, greenbelt and prime riverfront stands available.
- · Architectural guidelines to maintain property values.
- Unrivaled lifestyle facilities.
- Purchasers may use their own qualified architect/contractor.
- A diverse range of "Building Packages" now also available.

58 stands available
Selling from R1,66 million
to R4,2 million



Vee 082 937 1680

For more information, please visit www.century.co.za



Sales office hours: 09h00-17h00, 7 days a week



■ ROTARY CLUB —

General Manager's Report

By David Weyers



I would like to take this opportunity to wish all residents well for the year ahead – may it be a healthy and successful one for you and your family.

Nature Association and Turfnet

Our Estate is currently looking beautiful with all the rain that we have had. We would like to thank the Nature Association who work hard with the Turfnet team to ensure that all our Nature areas are looking spectacular and has been a lovely "welcome home" to everyone that went away on holiday.

Golf Data Team

Our Golf Data team have finished the hollow tining of our golf course early this year and we look forward to seeing the fruition of this course improvement program.

A reminder that residents can use this email address should they have any queries, suggestions or wish to report anything – helpdesk@dainfern.co.za. Messages are quickly relayed to the correct team to address the email.

Security Team

Our security team in conjunction with Fidelity were hard at work over the festive season ensuring that all our residents and visitors were safe, and no major incidences were reported during this time.

AGM

We look forward to the upcoming AGM, Budget Workshop and SGM and your participation would be greatly appreciated.

Covid

Covid is still with us, and we ask that you always stay vigilant and respectful of the protocols in place wherever you go, keeping us all safe.





Are you a person of action?

Would you like to be part of the new Rotary Club in Dainfern?

Rotary Clubs are open to men & women of all ages and offer an enjoyable and organized way to make a meaningful contribution to their community and to participate in a host of fellowship and social events (COVID-19 regulations permitting).

Rotary is a great way to meet new people, make lasting friendships and have fun. Make connections with other members and expand your professional network, share your personal and vocational skills.

Learn more:

If you would like to learn more about Rotary

please contact David Bradshaw 083 461 6830



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There has been a tremendous upswing of buyers over the past year. Security, lifestyle and favourable interest rates have driven sales up in these areas. Families need a safe environment where the kids can explore and exercise and many of the parents are working from home. Why do they prefer the "older" Estates right now? It is simple, the attraction is that they are established communities already and offer incredible value for money and quality of life. We are seeing this growing trend throughout the secure Estates from Fourways Gardens through to Dainfern. In fact "community" has become a huge factor for these buyers. This is definitely an area that meets the buyers' needs. Our strong community lifestyles are entrenched, offering a social life, and a support system not experienced with living in an open neighbourhood. Since Covid, the desire to be able to meet people and have a social connection. with a safe place to exercise and work is creating a huge demand for these Estates. It is easy to make minor changes to a home to suit their personal style, they just have to find the right property to buy. If you have to live in Johannesburg, secure lifestyle living just makes good practical sense for a buyer. We have many sellers moving to the coast or abroad but, the demand for property is rising. I look forward to this new property cycle continuing as long as we keep up our high standards in these Estates.









082 452 0086

двуе@дст.co.za matt@дст.co.za sue@дст.co.za chloe@дст.co.za





WILDLIFE STRATEGY

DNA COMMUNIQUE —

By Roy Lailvaux - DNA Chairman

Dainfern Golf and Country Estate has seen an increase in wildlife in our wonderful natural environment, including leguaan, otters, spotted genet, jackal, porcupines, mongoose and hedgehogs. We also do have the occasional visiting monkey. We have over two hundred bird species as well as numerous fish species in our dams and rivers. Unfortunately, there has also been a rising number of small animals, domesticated as well as wild, that have been reported dead recently. While there is some speculation that a small predator such as a jackal is responsible, the necropsy results carried out to date have not conclusively borne this out.

In light of this, the Dainfern Homeowner's Association in conjunction with the Dainfern Nature Association have approached the School of Animal, Plant and Environmental Sciences at Wits University. Professor Neville Pillay in conjunction with Dr Kelly Marnewick from the Department of Nature Conservation at the Tshwane University of Technology, have recommended that an onsite survey of the estate wildlife is carried out.

This process will quantify the various species living on the estate, as well as identifying their habitats and natural food requirements and will lead to creating a wildlife strategy and plan for the Dainfern Golf and Country Estate. During this survey process any wild or domestic animal found deceased in the common areas and golf course of the estate will be taken for a necropsy to determine cause of death.

This report will include a risk analysis pertinent to the estate as well as any suggested interventions, if required. It will provide us with a guideline going forward on how to facilitate our interaction and co-existence with nature in the estate.

We will keep you updated with the plans as they unfold over the course of the next few months. We hope to have a draft document in place by the end of March. We would also like to take this opportunity to remind you to not feed or approach any wildlife that you see on the estate, but to simply enjoy the sightings and where possible to photograph and send the photographs to roylail@vodamail.co.za.

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Century Property Developments making waves in Riversands with the

FINAL PHASE of Riversands Outlet Park

It is a well-known fact that Riversands has been bubbling under the surface for some time now. Development of the surrounding areas has been welcomed by the market, and constant and consistent upgrades to roads and services continue to add credence to Riversands becoming a commanding business district as well as a sought-after neighbourhood to live in.

Some years ago, Century Property Developments took a long-term view of the Riversands area, formulating a plan over time that would provide the market with exactly what it needed at the right time; a district that is already redefining commercial parks in Southern Africa. Developed to be a secure complex, Riversands offers a variety of commercial precincts allowing for light industrial spaces; warehousing; storage; showrooms; retail centres; commercial office space; schools; outdoor recreational spaces; as well as residential lifestyle apartments – all spanning over 237,406 hectares.

Riversands attracted the attention of retail giant Makro, who in 2017 opened their incredible Riversands branch. Massmart soon joined in, and in 2020 opened an impressive 75,000m² Distribution Centre. The Riversands Incubation Hub continues its quest in the development of the local entrepreneurial community with incredible results which remains a critical strategic imperative of the plans for this area – to uplift the local communities while providing world-leading property solutions to the market.

Riversands Outlet Park consists of several showrooms coupled with warehousing – and what a statement Century Property Developments is making. Premium offices, showrooms, warehouses and light industrial spaces was made available from mid-2019 to clients looking to make an iconic brand statement and find the ideal home for their business. Phase 1 is almost

completely tenanted at an impressive 95% occupancy rate, with a massive demand for the next (and final phase) to be released. Phase two is currently under construction, with several leases already in the pipeline.

Riversands Outlet Park serves as the architectural benchmark for the area, and the bar is not being set low. These premises tick all the boxes in terms of accessibility, visibility, technology and security! Tenants were able to choose from completed spec offices as well as customise their own tenant installation to suit their specific needs.

Once complete, Riversands Outlet Park will have in excess of 50,000m² of lettable space under roof. Designed to bridge the gap between light industrial and showroom spaces, Riversands Outlet Park offers it all. Units provide tenants with the perfect mix of warehousing, manufacturing, showroom and office space – it all depends on the tenant's needs. The 48 units in phase 2 range from 160m² right up to 4,300m². These units are leased at R72.50 per square meter, with flexible short-term leases also available.

Being a brand-new development, Riversands Outlet Park gave Century Property Developments the opportunity to design and plan this business park with a strong focus on creating a state-of-the-art facility in all respects of the phrase. From the best in security services and technologies, to green building technologies and energy saving process, Riversands Outlet Park is set to lead the way in defining a newage business park. In addition to making use of green business technologies, Riversands is situated in an Eskom power supply area. This means that electricity is vastly cheaper than in other municipal areas, drastically reducing the operating costs of the business operating within it.

Century Property Developments welcomes an opportunity to discuss your business premises and its requirements. Our team will assist you in securing property that not only supports your business, but also adds value to it.



Located in Fourways, Gauteng (adjacent to Steyn City), these premises tick all the boxes in terms of accessibility, visibility, technology and security!

Riversands Outlet Park is a unique development for businesses wanting a functional space for storage, warehousing or manufacturing, as well as a showroom out of which to trade.

- Located in Fourways, Gauteng (adjacent Steyn City)
- Sizes range from 360m² to 5 000m²
- Close accessibility to the N1 & N14 highway
- The option of flexible short-term leases
- Customisable office suites
- Gatehouse with 24 hour security
- Space renting from R72.50 per m2
- Dedicated fiber network, power and water supply



■ LEGAL MATTERS —

Tying the knot?

Whilst this is a beautiful time in the couple's life, and a time for celebration, many couples disregard the importance of the matrimonial property regime that will govern their marriage. There are three types of matrimonial property regimes in South Africa which we will briefly discuss below.

1. IN COMMUNITY OF PROPERTY:

(PLEASE BEWARE: If you did not enter into a marriage contract BEFORE your date of marriage you will automatically be married in community of property):

When entering into a marriage in community of property, the parties each have their own assets and / or own estate before they get married.

After the date of the marriage the two estates join and become a joint estate. This means that in the event of either of the spouses being declared insolvent, both of the parties will be insolvent as the whole estate is insolvent.

Should the parties get divorced each party is automatically entitled to half of the estate. Should one of the parties pass away, the surviving spouse will be entitled to half the estate by virtue of the marriage in community of property and the other half by virtue of the will (provided the deceased bequeathed their half share to their surviving spouse).

2. ANTENUPTIAL CONTRACT WITHOUT THE APPLICATION OF THE ACCRUAL SYSTEM:

When entering into a marriage with an Antenuptial contract without accrual, things are potentially simpler for the parties involved. Each parties' respective assets remain as such and upon death, the spouse may bequeath their estate to whomever they wish. Upon divorce the parties will not have an automatic claim to each other's estates and will therefore have to enter into a settlement agreement. (There is no automatic sharing of estates or entitlement to each other's estate upon divorce)

3. ANTENUPTIAL CONTRACT WITH THE APPLICATION OF THE ACCRUAL SYSTEM:

When entering a marriage with an Antenuptial contract with accrual, before the marriage each spouse owns their own assets and / or estate. Should the parties entering into the marriage not have a net asset value at the start of the marriage then each party will enter the marriage with a NIL balance and there may be no exclusions from the marriage. Should the parties have an asset portfolio before marriage, they can choose to exclude these assets from the marriage as well as the future growth in these assets. Upon death/divorce there will be a division of the estates based on the growth in each individual's estate during the course of the marriage. This will have to be calculated at the given time.

It is of utmost importance that both parties to the marriage understand the implications and consequences of the type of matrimonial property regime they are entering into. Contact our offices to assist you herein and to attend to the registration of your Antenuptial contract before your marriage. CLUTTER CLEANERS

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Deceased Estates, Emigrating or just a good old Spring Clean!

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For assistance in any **property transfer matters** kindly contact me on details below:



Chrisna Strydom (LLB. UPE)



No. 8 Eriksen Close, Norscot, Fourways, 2055 | Suite 1, Private Bag x903, Braynston, 2021 Office: 011 465 3809 | Cell: 083 530 0465 | Fax: 086 695 6450 chrisna@richeattorneys.co.za | www.richeattorneys.co.za Vicky 082 898 7086

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YOUR NEIGHBOURHOOD EXPERTS



● HOMEFRONT ●

By Karen Schaefer Louw • 082 940 3571 karen@interior-decor-design.co.za • www.interior-decor-design.co.za

Predictions for

Interior Design Trends in 2022

Going into 2021, we anticipated a surge of "fresh ideas, fearless colours and textures, unexpected materials, and broad trends." We were challenged to change our ways, and the cultural shifts were massive as a result. While there is no way of knowing for sure what will happen in 2022, we do have a feeling about what it might look like—we take vibe checks very seriously in our line of work.

This year, we are expecting to see more interiors curated to channel a sense of comfort and personality. We have had so much time to turn inward, and now we have the space to design every aspect of our lives from a more intentional

place. Given that 2022 is the Year of the Tiger, we expect to be bolder, zestier, more rebellious, and regal than ever before. Below, we have outlined a forecast with ten trends that we predict will define interiors in 2022.

Loud and wowed

After being confined to our homes for so long, the sterile nature of minimalism is out! More people are pivoting hard into maximalism with weird, whimsical, and wiggly decor pieces that are bursting with unapologetically fun energy. Though pastel palettes ushered in a necessary touch of softness, the time to shout "I have a voice with a point of view" is now. The "avant basic" trend is more than a mood board borrowing aesthetics from the Memphis movement: It is the beginning of a full-on design renaissance, and it is here to stay.

As we further explore the metaverse, our interiors must reflect the journey of the digital world. In addition to all the innovation around smarter technology, cryptocurrency, and NFTs, we are in the midst of adapting to a hybrid lifestyle model as well. The check pattern reigned supreme throughout the pandemic, but now that we have experimented with the psychedelic, it is time to go back to the source. Any architect will tell you how essential the grid is, and now more designs are paying homage to it.

Nowstalgia

From postmodern and Bauhaus to mid-century and Scandi, we are all getting a blast from the past as we navigate our own aesthetics and develop style preferences.

Green is the new neutral

No matter the shade, it is the colour of the year despite what Pantone says. We previously noted that shades like emerald bring a sense of tranquillity and rejuvenation into any space, whether it is a kitchen, bathroom, bedroom, living room, or office. (It is part of that ongoing process of reconnecting with nature.

Modular furniture

Iconicstatement pieces are cool, but multifunctional furniture is an even better investment now that our spaces have become multipurpose, and objects are our closest companions. We have all been

struck by the curse of curves, but what could be more comforting than a big, chunky couch? What really stands the test of time is a sectional set that you can put together and pull apart to your heart's content.. We are always one step closer to reviving the conversation pit... And if you had not already noticed, the daybed is also back in fashion.

Books are back

Not only are more people curating books for decoration (and their personal libraries), but they are also building stairs and tables out of vintage books. Even if you are not a hardcore bibliophile, books are great tools to use as visual references. Some book covers from the '80s are art pieces! You heard it here first: Books are the new status symbol.

Reflections

Mirror, mirror, on the walls! After such a long duration of deep reflection, the future is looking shinier than ever, so our decor should too



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By Wim Spronk wimspronk85@gmail.com

Swallows on our patio





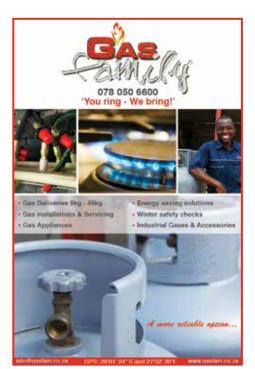
Last year two Lesser Striped Swallows built their intricate nest on my patio. It was lovely filming them build and enjoying their company while they sat on a chair watching us as we had breakfast.

They completed the nest on the 1st of November 2020 and departed for Central Africa at the end of March 2021. Just before they left, a pair of Greater Striped Swallows used their nest as a base to start building a nest of their own. They were unable to complete it as they also had to leave for Central Africa. I wondered what would happen when they all came back. Was there going to be a big battle for the nesting site or would both birds have their fa milies in peace?

The above left photograph shows the original nest on the left and the section built by the Greater Striped Swallows on the right. The photograph above right is of the Greater Striped Swallow.But so far the Greater Striped Swallows have not come back and the Lesser Striped meanwhile have raised another three chicks. I am always amazed at how quickly these chicks take to the air. Immediately at great speed and fantastic accuracy unlike other birds that need time to get accustomed to their ability to fly.

While going about their normal duties there were occasions when they had to defend their nests against other birds wanting to take it over. Whiterumped Swifts and Grey

continue on page 32











continued from page 30

Headed Sparrows are known for this but I was surprised to see a pair of Whitefaced Swallows trying their luck ! These Swallows normally breed closer to water and under bridges. They don't build an intricate nest like the Striped Swallows. Theirs is a mere cup and I think they were interested in the cup-like structure made by the Greater Striped.

Each time I see the two little swallows resting on the back of a patio chair I wonder about the great journey they have undertaken and that they will do again in 2 months time. I'd love to know exactly where they went to, the dangers on the way , any adventures that they had and which country they find the best.

If only they could talk.....

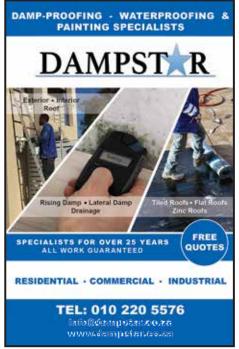
VIDEO LINK: MANGROVE SCENES

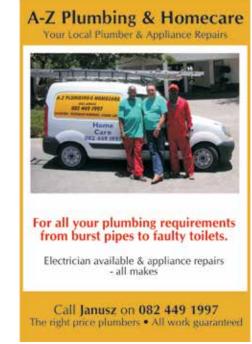
















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Chores to keep your

Gardening Healthy

Deadhead summer annuals regularly and feed fortnightly with a liquid fertiliser. Start sowing winter-flowering annuals from seed available in our seed section now.

Check the garden for snails and slugs and put out an organic bait of your choice.

Water plants deeply when it's not raining to encourage roots to grow deeper in search of water; this keeps roots cooler and improves the plants' ability to withstand drought. Always remember to adhere to the water restrictions for your area.

Water rose bushes deeply 3 times per week and maintain a thick layer of mulch, keeping the area around stems free.

Feed Azaleas and Camellias with an acid-loving plant food now. Mulch with acid compost and water well to give them a yearly growth boost and to help them set full buds.

Mow the lawn regularly on a higher setting to protect roots from the heat. Water well if needed and feed with an **organic**, **slow-release** lawn fertiliser. Check for lawn caterpillars, mole crickets and lawn fungus and treat appropriately.

The Kitchen Gardener:

- Begin planting Broccoli, Cauliflower, Cabbage and Brussels sprouts for winter.
- Sow a few rows of Beetroot and Carrot seeds and your last Beans.
- Plant out Lettuce, Swiss chard and Parsley in a cool place.
- Remove the flower stalks from Rhubarb, Artichokes and Swiss chard and harvest Garlic.
- Feed fruit trees like Plums and Apricots which have finished fruiting.

Useful Tips:

WATER-WISE PLANTS

SHRUBS: Plumbago, Rosemary, Tecomaria, Barleria and Coleonema.

GROUNDCOVER: Gazanias, Vygies, Convolvulus.

BULBS AND CORMS: Agapanthus, Dietes, Clivias, Asparagus fern and Pineapple flowers.

PERENNIALS: Salvias, Pelargoniums, blue Statice.

SUCCULENTS: Aloes, Crassula's, Agaves, Kalanchoe, Echeveria, Ruschia, Carpobrotus and Delospermum.



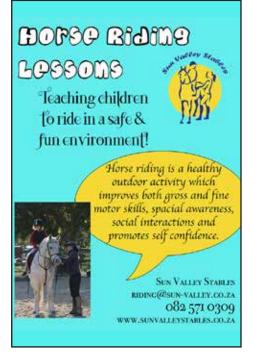
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by André Marx

Natal Spurfowl

Pternistis natalensis

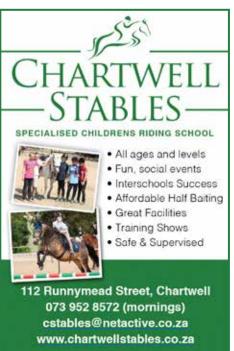
The occurrence of this bird on Dainfern Golf Estate comes as something of a surprise. Dainfern was developed on land that was originally an area of grassland interspersed with a few rocky outcrops and treed areas along the river course. Over time the habitat has been transformed and bushed areas and dense gardens have become more prevalent and grassland habitat has dramatically declined. Our resident francolin species, the Swainson's Spurfowl, now has competition as its cousin the Natal Spurfowl, a denizen of thickets and rank growth in areas of woodland, has arrived.

The Natal Spurfowl is barred below and has a orange-yellow bill and conspicuous reddish legs, whereas the Swainson's Spurfowl has black legs and bare red skin on the face and throat.

This bird feeds on mostly plant matter such as bulbs, seeds and some fruits as well as invertebrates. It has a loud raucous cackling call that often gives away its presence and should be listened for if you are moving about the estate in search of birds. They move about in pairs or small groups and are guite secretive.

The nest is a scrape in the ground lined with feathers and plant stems and is usually well hidden in some shrubs, with breeding taking place mainly in summer once the rains have arrived.

Not yet regularly seen but confirmed to be present on the estate, we will more than likely be seeing more of this interesting bird as it expands its range in response to changes taking place in its environment.









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COMMUNITY NEWS →

Sue Harwood ♥ 083 228 2546 ♥ harwoods@netactive.co.za www.facebook.com/sue.harwood



in the Dainfern Community



HAPPY NEW YEAR TO EVERYONE!

"Thank you" doesn't quite cover the gratitude we have for all the phenomenal support we received again last year from the Dainfern community and beyond.

Over the festive season we received laptops, phones, 350 wrapped Christmas gifts, household linen, blankets, clothing, toys, toiletries, crockery, medical supplies, sandwiches & fruit, non-perishable food ... and much more!

Donation Day

We're back in full swing at Bags of ♥.

Donation Day is set to start up again on Wednesday 2nd February 2022 and continue every Wednesday between the hours of 08h30 and 11h00. Drop off either to 1361 Woodgreen Way, Highgate West or 1188 Westwood Drive, Spyglass.



(on an ongoing basis) are:

School shoes of all sizes for boys and girls (mainly large size one upwards to size 9), sanitary pads, body creams, shampoo, facecloths, toothpaste & toothbrushes, soap, deodorant (for men and women), wax crayons & colouring books, colouring pencils, all stationery (pens, sharpeners, erasers, rulers, ruled books, sketch pads), blankets & clothing for all ages.

A few requests:

- If possible, please place clothing donations into transparent bags and preferably mark the bag with the contents (e.g. Womens Clothing/Baby Clothing/ Childrens Clothing/Mens Clothing etc. It's less timeconsuming to sort through this way.
- Please ensure all clothing donated is clean and in a good condition. Stained, soiled and ragged clothing has to be discarded – for safety's sake as well as for the dignity of those receiving the items.
- Due to space constraints, we are unable to accept large amounts and boxes of books. If you have books, the SPCA or Cradle of Hope are happy to accept them. If you have business books, stationery and files etc. please contact Willem Lindeque (0764236570) who will collect them for the Skills Centre in Thabo Mbeki informal settlement.



ANIMATED GALLERY

WhatsApp Group

If you would like to join the DAINFERN OUTREACH WHATSAPP GROUP, please contact me. Susan Harwood on 083 228 2546.

We have over 70 members who are like-minded individuals, making a difference to many lives!

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Pongratulations Class of 2021



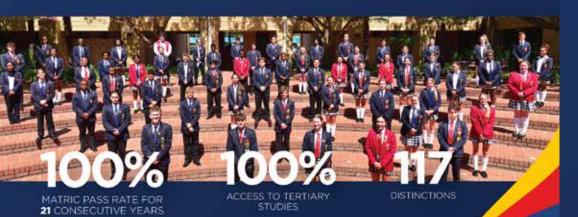
2021 was by no means an easy academic year as the ongoing COVID-19 pandemic necessitated the continuation of an adaptable academic delivery. The Class of 2021 at Dainfern College nonetheless rose magnificently to the occasion to maintain the College's enviable record of a 100% pass since inception for both IEB Matric and Cambridge A Levels.

As a proudly South African school that places huge emphasis on the value of internationalism, Dainfern College has, since 2019, offered the Cambridge International A Level programme as an academic option from Grade 11, alongside its excellent IEB Matric academic offering. The superb results of the A-Level and AS Level Classes in 2021 are cause for celebration of the successful integration of this additional academic programme at Dainfern College. The College is particularly proud of A Level Dux Scholar, Hamza Mahmood, who achieved four 'A*'s, with an outstanding overall average of 94,25%.

The Class of 2021 was also the 21st cohort of students to write the IEB National Senior Certificate ('Matric') since the College opened in 1997. This group of 58 students achieved 100% access to tertiary studies, a 96,55% degree pass and 117 distinctions. Special mention must be made of the IEB Dux Scholar at the College, Jenna Sampson, who achieved a full house of eight distinctions and was ranked in the Top 5% of the IEB in five subjects and the Top 1% in two.

College Principal Matthew Davies comments: "The exceptional set of IEB and Cambridge results achieved by the Class of 2021 is testament to their resilience. grit and commendable work ethic, as well as the continued dedication, professionalism and superb teaching of the College staff."

These results are a wonderful way to commence Dainfern College's 25th Silver Jubilee year, underscoring the richness of its commitment to innovative education.





We are very proud to showcase our top IEB achievers...

Jenna Sampson



distinctions

Top 5% of IEB for 5 subjects Top 1% of IEB for Afrikaans & Geography

Luke Kraus



Top 1% of IEB for English

Alexia Duvenage



Kirsten Lloyd



distinctions

Gabriella Blyth



distinctions

Kate Adendorff



www.dainferncollege.co.za **IEB 2021**



Meet our Cambridge academic achievers...

Hamza Mahmood



A* symbols achieved Average of 94,25% across four subjects

Samuel Willemse



A symbols achieved

Average of 87% across
four subjects

Makanaka Nyengerai



A symbols achieved Average of 86% across five subjects

Morgan Kuiper



A symbols achieved
Average of 82,8% across
four subjects



Celebrate a spirit of unity



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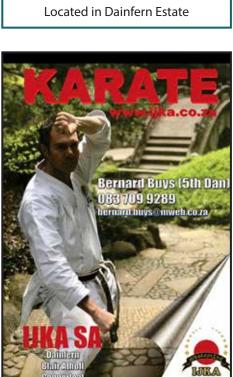
CAMBRIDGE STUDIES AT DAINFERN COLLEGE

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DAINFERN ACTIVITY SCHEDULE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
06h30	RUN/WALK FOR LIFE Clubhouse		RUN/WALK FOR LIFE Clubhouse		RUN/WALK FOR LIFE Clubhouse	KARATE Stuart Hulley Pavilion	
08h00	TENNIS INC Court 2 Pavilion	TENNIS INC Court 2 & 3 Pavilion	TENNIS INC Court 2 & 3 Pavilion	TENNIS INC Court 3 Pavilion	TENNIS INC Court 2 & 3 Pavilion	TENNIS INC Court 2 & 3 Pavilion	
	ZUMBA Pavilion		YOGA Clubhouse	ZUMBA Pavilion		KARATE Stuart Hulley Pavilion	GLORY TO GLORY Pavilion
08h00	TENNIS INC Court 2 Pavilion	TENNIS INC Court 2 & 3 Pavilion	TENNIS INC Court 2 & 3 Pavilion	TENNIS INC Court 2 & 3 Pavilion	TENNIS INC Court 2 & 3 Pavilion	TENNIS INC Court 1, 2 & 3 Pavilion	
09h00						DAINFERN UNITED FOOTBALL CLUB MATCHES Pavilion	DAINFERN UNITED FOOTBALL CLUB MATCHES Pavilion
	ZUMBA Pavilion	FUN LEARNING WITH LEA Pavilion	ZUMBA Pavilion	ZUMBA Pavilion		KARATE Stuart Hulley Pavilion	GLORY TO GLORY Pavilion
09h00 10h00	TENNIS INC Court 2 Pavilion	TENNIS INC Court 2 & 3 Pavilion	TENNIS INC Court 2 & 3 Pavilion	TENNIS INC Court 2 Pavilion	TENNIS INC Court 2 & 3 Pavilion	TENNIS INC Court 1, 2 & 3 Pavilion	
101100						DAINFERN UNITED FOOTBALL CLUB MATCHES Pavilion	DAINFERN UNITED FOOTBALL CLUB MATCHES Pavilion
10h00		FUN LEARNING WITH LEA Pavilion	ZUMBA Pavilion			DAINFERN UNITED FOOTBALL CLUB MATCHES Pavilion	PANASHE FAMILY OF GOD CHURCH Pavilion
11h00		TENNIS INC Court 2 Pavilion	TENNIS INC Court 2 Pavilion	TENNIS INC Court 3 Pavilion	TENNIS INC Court 2 & 3 Pavilion	TENNIS INC Court 1, 2 & 3 Pavilion	DAINFERN UNITED FOOTBALL CLUB MATCHES Pavilion
11h00						DAINFERN UNITED FOOTBALL CLUB MATCHES Pavilion	PANASHE FAMILY OF GOD CHURCH Pavilion
12h00				TENNIS INC Court 3 Pavilion		TENNIS INC Court 1, 2 & 3 Pavilion	DAINFERN UNITED FOOTBALL CLUB MATCHES Pavilion
12h00 13h00						DAINFERN UNITED FOOTBALL CLUB MATCHES Pavilion	PANASHE FAMILY OF GOD CHURCH Pavilion
13h00 - 14h00	BRIDGE CLUB Clubhouse	TENNIS INC Court 2 Pavilion		TENNIS INC Court 2 Pavilion	TENNIS INC Court 3 Pavilion	DAINFERN UNITED FOOTBALL CLUB MATCHES Pavilion	DAINFERN UNITED FOOTBALL CLUB MATCHES Pavilion
14h00 15h00	KUMON MATHS Pavilion	KUMON MATHS Pavilion	JUNIOR KARATE Bernard Buys Pavilion	KUMON MATHS Pavilion	JUNIOR KARATE Bernard Buys Pavilion	DAINFERN UNITED FOOTBALL CLUB MATCHES Pavilion	DAINFERN UNITED FOOTBALL CLUB MATCHES Pavilion
151100	TENNIS INC Court 2 & 3 Pavilion	TENNIS INC Court 2 & 3 Pavilion	TENNIS INC Court 1, 2 & 3 Pavilion	TENNIS INC Court 2 & 3 Pavilion	TENNIS INC Court 2 & 3 Pavilion	SOCIAL TENNIS	
	KUMON MATHS Pavilion	KUMON MATHS Pavilion	JUNIOR KARATE Bernard Buys Pavilion	KUMON MATHS Pavilion	JUNIOR KARATE Bernard Buys Pavilion		
15h00 16h00	TENNIS INC Court 2 & 3 Pavilion	TENNIS INC Court 2 & 3 Pavilion	TENNIS INC Court 1, 2 & 3 Pavilion	TENNIS INC Court 2 & 3 Pavilion	TENNIS INC Court 2 & 3 Pavilion	SOCIAL TENNIS	
	DAINFERN UNITED FOOTBALL CLUB Pavilion	DAINFERN UNITED FOOTBALL CLUB Pavilion	DAINFERN UNITED FOOTBALL CLUB Pavilion	DAINFERN UNITED FOOTBALL CLUB Pavilion			
	KUMON MATHS Pavilion	KUMON MATHS Pavilion	JUNIOR KARATE Bernard Buys Pavilion	KUMON MATHS Pavilion	JUNIOR KARATE Bernard Buys Pavilion	SOCIAL TENNIS	
16h00	TENNIS INC Court 2 & 3 Pavilion	TENNIS INC Court 2 & 3 Pavilion	TENNIS INC Court 1, 2 & 3 Pavilion	TENNIS INC Court 2 & 3 Pavilion	TENNIS INC Court 2 & 3 Pavilion	BRIDGE CLUB – Ann Ayre	082 467 7256 /
17h00	DAINFERN UNITED FOOTBALL CLUB Pavilion	DAINFERN UNITED FOOTBALL CLUB Pavilion	DAINFERN UNITED FOOTBALL CLUB Pavilion	DAINFERN UNITED FOOTBALL CLUB Pavilion	DAINFERN UNITED FOOTBALL CLUB Pavilion	annayre82@gmail.com DAINFERN UNITED FOOTBA 082 537 9407 / marcod24@	
	YOGA Clubhouse					FUN LEARNING WITH LEA – 082 550 8448 / mccartermi	Michelle McCarter ch@gmail.com
	YOGA Clubhouse				ADULT KARATE Bernard Buys Pavilion	GLORY TO GLORY — Katheri KARATE — BERNARD BUYS bernard.buys@mweb.co.zz	083 709 9289 /
17h00 18h00	TENNIS INC Court 2 & 3 Pavilion	TENNIS INC Court 2 & 3 Pavilion	TENNIS INC Court 2 & 3 Pavilion	TENNIS INC Court 2 & 3 Pavilion	TENNIS INC Court 2 & 3 Pavilion	KARATE – STUART HULLEY KUMON MATHS – Kathryn	083 417 6315 Warmback 082 857 5319
	DAINFERN UNITED FOOTBALL CLUB Pavilion	DAINFERN UNITED FOOTBALL CLUB Pavilion	DAINFERN UNITED FOOTBALL CLUB Pavilion	DAINFERN UNITED FOOTBALL CLUB Pavilion	DAINFERN UNITED FOOTBALL CLUB Pavilion	/ kwarmbackkumon@gma PANASHE FAMILY OF GOD 0 062 523 1850 / joseph@pa	HURCH — Christine Gwaze
	YOGA Clubhouse	SOCIAL TENNIS	YOGA Clubhouse			RUN/WALK FOR LIFE — Sha	ne van Jaarsveldt
18h00 19h00	TENNIS INC Court 3 Pavilion	TENNIS INC Court 2 & 3 Pavilion	TENNIS INC Court 2 & 3 Pavilion	TENNIS INC Court 2 & 3 Pavilion		082 601 0499 / dainfernam@runwalkforlife.co. TENNIS INC — Sam White 083 407 2859 / sam@tennisinc.co.za	
	DAINFERN UNITED FOOTBALL CLUB Pavilion	DAINFERN UNITED FOOTBALL CLUB Pavilion	DAINFERN UNITED FOOTBALL CLUB Pavilion	DAINFERN UNITED FOOTBALL CLUB Pavilion	DAINFERN UNITED FOOTBALL CLUB Pavilion	YOGA — Kylie 072 825 258 kylie.colemansa@gmail.co	m
19h00	ADULT KARATE Bernard Buys Pavilion	BRIDGE CLUB Clubhouse	GLORY TO GLORY Pavilion	TENNIS INC Court 2 & 3 Pavilion		ZUMBA — Javiera Duran 01 jeduran@gmail.com	81 /05 1553 /









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HEALTH AND WELLNESS

How to break the negative patterns

from our past and break your limiting beliefs



DON'T SETTLE FOR LESS THAN YOUR VERY BEST! CHOOSE TO BECOME A DELIBERATE THINKER AND LIVE AN EXTRA-ORDINARY LIFE!

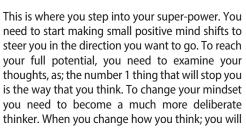
Science has proven how we think and how we feel and how we act becomes our personality and our personality creates our reality. 80-90% of the thoughts we think are the same thoughts we had the day before. We need to become aware of the thoughts and acknowledge the ones that are keeping you stuck in the old that are selfsabotaging your outcomes.

So, what thoughts are you running on autopilot? We have a choice to either keep repeating the thinking patterns we had last year and get the same results; or you can evolve them. When you become aware of the program that we have adopted from our past (mainly from our primary caregivers) then we have the power to step out of the program and we are no longer the program and we can begin to release and replace the negative thought patterns and beliefs about ourselves.

in fact change your life.

You need to ask what is your limiting belief (I'm not good enough in some form) costing me? What has it cost me in the past? What is it costing me now? If it isn't released, what will it cost me in the future? That will motivate you to be more mindful of your thoughts.

When you **Recognise**, **Release** and then Replace the limiting belief about yourself; you then create a new future!



Contact Pamela for a FREE ONLINE TRIAL SESSION: 084 567 8455 • limitlesstlcza@gmail.com facebook.com/limitlesstlcza/ • Instagram.com/limitlesstlcza www.limitlesstlcza.com





Are you stressed · Body aches and pains · Health problems • Can't sleep • Anxiety?

YOU NEED REFLEXOLOGY...

Reflexology is a treatment that deals with the certainty that there are reflexes on the hands and feet that are connected to all glands, organs and system of the body. Reflexology is an exclusive science of using a thumb and finger technique on these reflex areas and once stimulated can bring the body back into balance.

The main aim of the treatment is to balance a system in a diseased state by releasing energy blockages and toxins, improving blood and nerve supply. This promotes healing and optimal health on an emotional and physical level. Reflexology is for any age from babies to the elderly - male and female.

Areas worked on:

- Digestive system
- Respiratory system
- Endocrine system
- Lymphatic system
- Skeletal and nervous system
- Senses
- Reproduction
- Skin
- Urinary
- Cardiovascular

Reflexology: Relieves stress and tension • Improves blood and nerve supply • Assists the body to heal from health conditions

Gift Vouchers available

A session usually lasts between 45 mins – one hour 1193 Birch Crescent, Hampstead Village, Dainfern Golf Estate

WhatsApp or call Colleen for an appointment on 082 604 3996

Covid-19 protocol in place



RUN / WALK FOR LIFE DAINFERN

Shane van Jaarsveldt (coach) • dainfernam@runwalkforlife.co.za

Technical Tip

Shin and Ankle Strength

Most walkers/runners at some point experience tenderness or pain in their shin and ankle areas whether they are casual walkers/runners, recreational athletes or serious professionals. This can often occur during the beginning phase of a walk/ run, especially when you have started out too fast with little or no warm up. Soreness may also be experienced 24 to 48 hours after a workout, especially if you have done speed work or have completed a longer distance than usual. Improving shin and ankle strength and flexibility can make your workouts more comfortable as well as be a key factor in increasing your speed.

Here are a few pointers to strengthen these areas so you can get full propulsion as your foot rolls through its contact phase with the ground. Remember if you experience any pain or discomfort, stop and consult your doctor.

- 1. Walk on your heels for several metres, then raise up on your toes and repeat. Start gently and complete 2 to 4 cycles.
- 2. Perform calf raises on the edge of a step. Place the balls of your feet on the step and gently lower your body in a controlled motion and then slowly raise up again (you will probably need to have a hand on a nearby support to remain stable). Start with 10 reps only after you have warmed up the calf muscles first.

3. Stand on one leg, extend the other and rotate your foot 10 times in each direction. Keep your knee and lower leg rigid during this. Swap to the other leg and repeat.

Repeat these exercises regularly at the start of every session to reduce shin pain and to make your walking more efficient.

Run Walk for Life specifically mandates supervised warmups prior to each training session, where we focus on preparing the body for the session ahead and in this way we limit injuries and make your workout more enjoyable.



The Run/Walk For Life program is a threetimes-a-week exercise plan. This allows your muscles sufficient time to recover and reduces risk of injury. All of the walking and running programs are suitable to people of any age, fitness level or ability, and promote weight loss, stress relief and have many other medical benefits. The Run/Walk For Life program is also suitable for pregnant women.

Contact Shane van Jaarsveldt on 082 601 0499 or at dainfernam@runwalkforlife.co.za

Join Us For

HEALTH & WELLNESS CHARITY BRUNCH

Date: 15 March, 2022

Vanue: Dainfern Golf Estate, Broadacres Drive.

Time: 10am - 1pm



(www.pnfoundation.org.za)

Guest Speakers:



DR SAMKE NGCOBO

Medical Doctor, Author, and Founder of SISTERS FOR MENTAL HEALTH

(www.vocalmentality.com)



PAMELA DE ROBILLARD

Master Life Coach at LIMITLESS TRANSFORMATION LIFE COACHING

(www.limitlesstlcza.com)

ACTIVITIES:

- Speakers
- · Raffle/Prizes
- Goodie Bags

TICKET PRICE:

R395

(Includes Brunch)

BANKING DETAILS:

Patrick Ndwamato Foundation FNB - Current Account Acc: 62820732023

Branch Code: 255355



"Our aim is to educate at least one child from this event!"





info@pnfoundation.org.za



The future of money – part 13



Is learning about Bitcoin & crypto

on your 2022 New Years' resolutions?

By Kreaan Singh

By now, you are likely to have heard about Bitcoin and the meteoric rise of the cryptocurrency industry. 2021 has seen major institutions like Visa, Amazon, Tesla, the NBA, and even some countries like El Salvador declare their interests in the cryptocurrency & blockchain space. Here are some of the reasons why Bitcoin should not be ignored.

El Salvador declares Bitcoin as legal tender

If the crypto world did not know much about the small Central American country of El Salvador, it certainly learnt a lot in 2021. President Nayib Bukele declared Bitcoin as legal tender, meaning all services in the country can now be paid for using Bitcoin. The country also holds Bitcoin as part of its national assets, and the government has emphasized crypto education to its citizens. This is incredible news that has sparked a conversation in many other countries about doing the same. In January this year, the mayor of Rio de Janeiro announced that the city would be holding 1% of its reserves in Bitcoin.

Tesla invests \$1.5bil in Bitcoin

In early 2021, Tesla, the electric vehicle company associated with Elon Musk invested \$1.5bil in Bitcoin. It is so far regarded as the highest-profile investment by a publicly-traded company to date. At the end of 2021, Tesla was about \$500mil in profit on this investment. When companies of this size realise the investment potential of something new, it's time for you to pay attention.

The NBA sells ownership rights of basketball legendary moments using crypto

Starting in 2020 but gaining prominence in 2021, the basketball league in the USA, the NBA, began selling the ownership rights of historical moments through digital crypto tokens called NFTs. By purchasing an

At the end of 2021, Tesla was about \$500mil in profit on this investment. When companies of this size realise the investment potential of something new, it's time for you to pay attention.

NBA TopShot NFT, the owner holding the digital token proves that he/she is the owner of that video and can trade it as a collector's item. NFTs are now also being traded in the art, music, property, and food industry. As global commerce becomes more digital, an entirely new internet economy that trades in NFTs may emerge.

Want to learn more about cryptocurrencies and NFTs?

There are some great learning resources available across the internet, and most are free to access. The abundance of information can sometimes be overwhelming so if you're looking for a more structured introduction to the world of crypto and how to invest safely, have a look at our courses for more information, or signup for our newsletter, CoinEdition, here.

CoinEd is an education provider that specialises in cryptocurrencies & blockchains. We've been teaching both children and adults since 2017, and work with some of the industry's biggest companies and brightest minds. Our vision is to inspire students of all ages to think about the weird and wonderful things that are becoming part of their world – starting with crypto. We're always thinking outside the block, and so can you! Visit www.CoinEd.co.za for more information.

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Dainfern Golf Estate Residents

Classifieds

To advertise here, please contact Colleen on 082 898 6566 or at cobbie@global.co.za

PLEASE NOTE:

All information for the residents classifieds must be in by the 20th of each month (strictly).

Glen Publishers offer a service to residents and they in no way endorse any of the products or services offered.

All classifieds will be renewed every two months.

Beauty

Mobile Beauty Treatments We bring the spa to you! For special occasions, Birthdays, Bridal and Baby Showers, Pamper and Kids Parties. Denise – 0825617269 *Note: Strict COVID 19 protocols applied.

Clothing

FERN BOUTIQUE ladies home-based boutique, 734 Bentwood Dainfern. Reasonably priced, proudly South African and imported ranges. Dresses, tops, pants, jeans, jackets, sterling silver from Bali, accessories. 9-3 Mon-Fri Sat vba. Sally 083 290 3857. Facebook Fern Boutique and Instagram @fern_boutique_

Employment

DOMESTIC WORKER / HOUSE KEEPER

HILDA, our super exceptional and one of a kind housekeeper/home manager is looking for 3 days a week but is also flexible. Live in or out. She has worked for us in Dainfern for 20 years but our kids have all left home now. Friendly and always cheerful, very hardworking and completely trustworthy. She is from Malawi but has a valid work permit. Fluent in written and spoken English, excellent with children and pets. Very highly recommended. Please call Hilda on 082 845 7535 or Nicci Humphreys on 082 492 0111 for a reference.

LIESBETH requires part time work Tuesday and Wednesday evening from 5 or Saturdays. Ironing, housework, babysitting etc. She have lived and still works in the estate for 22 years and has good references. Call Liesbeth on 076 086 8507

OUR HELPER LISTER will be looking for domestic work (full or part time) in the new year as we will be relocating. She has been with us for 18 years and has helped out with caring for our children, cooking and all the domestic work. She is friendly, reliable and trustworthy. Please contact me (Sarah) 082 337 9293 for any enquiries.

MEMORY is looking for full time live in work in Dainfern. Call her on 062 298 6129. Has reference and had worked and lived in the estate for a family that returned overseas.

TINY (SINKIWE SIBANDA), is looking for 2 days domestic work per week in Dainfern. Tiny is a happy, hardworking, reliable Zimbabwean lady who lives in Dainfern and additionally has an ID and work permit. Please give her a call on 082 723 2608 or myself Linda for references 0833911001.

YVONNE (I.D. 8007200743083) is extremely reliable, a hard worker and she is a joy to work with. We are moving to Cape Town on 1 March. Please contact Diane 082 903 9859.

GARDENER / DRIVER / HANDYMAN / DOG WALKER

MAVUTO GAMA is looking for work as a driver or houseman. Due to divorce/relocation, Mavuto has found himself without a job. Mavuto was instrumental in running our household during the many times we were away. He is great with pets and is a very good driver. Mavuto has an amazing work ethic, is conscientious and always on time. He is extremely trustworthy. He always took the initiative on what was needed doing around the house and garden. I cannot sing his praises enough. Mavuto can be contacted on: 064 182 1745. Please feel free to contact me – Nadia, on 083 717 8407 for a reference.

MY NAME IS SIFISO and I currently work in Dainfern. I like to garden and am very good at maintenance, painting etc and your dogs will love me! Contact 078 291 3299

GOODMAN - is an experienced gardener with over 10 years working experience in the estate. He is looking for work on Tuesdays, Thursdays and Sundays. Goodman is a self starter, honest, has strong working knowledge of gardening and some handyman work. He can be contacted on 078 781 2733. Please contact 079 0584060 for a reference.

Food and Snacks

GREAT BILTONG with free delivery. Great snack for the whole family or for lunch boxes. SNAP STICKS - Trad/Chilli/Spare Rib/Chutney; SLICED - TRAD/CHILLI; WHOLE STICKS; DRY WORS. Whats app me for a PRICE LIST 074 179 5558 Vanessa Rout.

To Buy / For Sale / Hire

LOOKING TO BUY. Are you relocating, downsizing or just cleaning up your cupboards? Leeray collectables willpay cash for your used clothes for the whole family, shoes, bedding, towels, toys, suitcases, backpacks, kitchenware, handbags, baby accessories, etc. Contact 072 656 0470 or silindenid@gmail.com

Medical

DAINFERN PHYSIOTHERAPY (in Sherwood Village). Bring your back, neck, headaches, knees, hips, shoulders, hands, ankles etc and all sport injuries. Contact Jacqui on 083 324 8424.

REFLEXOLOGY (in Hampstead Village) Relieves stress and tension - Improves blood and nerve supply - Assists the body to heal from health conditions. Gift vouchers available. Contact Colleen 082 898 6566

Pet Care - Nutrition

UME HOLISTIC DOG FOOD, full of nutrition and delicious! Easy meal form, just add warm water and you will have dogs begging for more- for young and old! Contact Vicki on 072 025 0931

IS YOUR AILING PET STRUGGLING with joint pain, epilepsy, cancer or stressed and anxious? Our natural pet Cannaco CBD oil or biscuits has been proven to relieve these symptoms! Vicki 072 025 0931

Tuition

COLLEGE PATHWAYS & CONSULTATIONS: I have over 20 years of experience supporting students on worldwide university selections, applications, and essential qualifications. What is your best-fit college? How can you make a four-year plan leading to your dream school? Oxbridge, lvy-League, Russell Group, Common Application, NCAA Athletes, Netherlands, Scholarships, and Financial Aide need some guidance? Contact Ms. Johnson at 076 293 4242. I am located in Dainfern Golf Estate.

FIRST AID Certifications and Credentials: Improve your resume and college applications with certifications in First Aid, CPR, Life-Guard Training, PADI, and GUE Diving Courses. Contact Dino at 079 548 2838

LET'S BUILD YOUR FUTURE TOGETHER! QUALIFIED FOUNDATION PHASE TEACHER, offering one-on-one private tuition for all subjects. Specialising in Grade R & 1. Fun Arts & Crafts; Fine & Gross Motor Stimulation Available. Contact Nicole: 079 261 4292

PRIVATE MATH & ENGLISH TUTOR available for lessons online or in person, grades 1-10. Also supervise grades 1-4 during online schooling. R300/hour private lessons, R800/morning online school supervision. Dominique 079 233 1545

PIANO LESSONS IN THE COMFORT OF YOUR OWN HOME!

Practical (Adult or Scholar) from beginner to advanced; and/ or Theory lessons from beginner to advanced (Royal Schools, UNISA and Trinity). Call Elzabe Krynauw to enquire and book your lessons: 073 178 6123. For a reference call Louise: 082 465 3694.

PRIVATE TUITION Qualified , Experienced Teacher / Offering Morning & Afternoon sessions or Adults & Children - English Specialist - Home Schooling - All Ages/ Grades - All Subjects (excl Gr 10-12 Maths/Science) - Homework Assistance - Test/Exam Preparation - Study Skills - Needs Tailored to suit your child. Contact: Chantelle 082 967 0270

In Focus Cover Photographic Competition



We invite all residents to enter into the Dainfern In Focus front cover photographic competition.

Please submit your photographs of landscape/wildlife or something of beauty from within the estate to cobbie@global.co.za

Winning photos will be placed on the cover for one month. Other entries that do not make the front cover will be used within the magazine.

To advertise in the magazine, please contact Colleen on 082 898 6566 or at cobbie@global.co.za

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Service Providers: The Listings

		AIRCONDITIONERS	
AA CURRIES HOME AIR-CONDTIONING	Richard Kim	011 394 9696 / F: 011 975 9686 sales@curries.co.za / www.curries.co.za	Comfort Control for your home. Agents for LG, Panasonic, Samsung & Kelon. Sales, services & maintenance to all brands. Qualified technicians EST. 1976.
		ATTORNEYS / CONVEYANCERS / NO	TARY
CHRISNA RICHE Attorney,Conveyancer and Notary	Chrisna Strydom (LLB. UPE)	011 465 3809/ 083 5300 465 chrisna@richeattorneys.co.za	Specialising in Conveyancing and Property Law. www.richeattorneys.co.za
		BEAUTY/BODY/HAIR/NAILS	
BODIOLOGY	Adrienne	082 572 5857	International Skin Technology - Skin rejuvenation, sun damage, wrinkles. Please phone for an appointment.
MOBILE BEAUTY TREATMENTS	Denise	082 561 7269	We bring the spa to you! For special occasions, Birthdays, Bridal and Baby Showers, Pamper and Kids Parties. *Note: Strict COVID 19 protocols applied.
	BUILDING	G CONTRACTORS / HOME MAINTENANCE / PA	AINTERS / ARCHITECTS
ADAM PAINTERS AND RENOVATIONS	Adam	071 073 3575	We do painting, tiling, and house renovations. References available in Dainfern. Your future is our concern.
AUSTIN RENOVATION PAINTING, TILING & MAINTENANCE	Austin	078 244 8531	Experienced handyman: Building, plumbing, renovations, painting, tiling & maintenance. Good workmanship and reliable. Ref available Dainfern Area & Fourways. We also offer Tree cutting.
BRILLIANT PAINTER	Jerry	072 313 6778	Outstanding work: brick work, electrical with coc, tiling, paving, plastering, rhinolite, damp proofing, ceiling repairs and renovation. Ref. Cathy 011 469 0265.
CARE CONSTRUCTION AND PAVING	lan	083 250 3736 Office 011 469 4300 ian@careconstruction.co.za	We specialise in new houses, additions & alterations, paving, painting & all your building requirements, no matter how big or small. Over 30 years experience. www.careconstruction.co.za
CARPENTRY SPECIALIST	Claude	083 378 0896	Folding door, sliding door patio enclosures, new door and window installations, timber restorations and associated home maintenance. All work supervised.
DAMPSTAR	Andrew Kennedy	011 027 2591 info@dampstar.co.za	Damp-proofing, Waterproofing and Painting Specialists. Over 25 years experience. All work guaranteed. Free inspection and quotation.
FE TURNKEY SOLUTIONS	Mole Fe	083 263 1193	For development, construction and maintenance. CIDB, NHBRC, Master Builders and B-BBEE level 1 accredited.
GREATFUL HANDYMAN	Walter	061 215 8134 www.greatfulhandyman.co.za	Building, alterations, handyman, painting. Check us on our website.
HANDYMAN	Steve	076 823 6847	British tradesman for all the jobs you hate!! Building, Total house Renovations, Wooden Flooring, Painting, Cupboards, Damp Proofing, Tiling, Plumbing, Roofing, Ceilings, Kitchen & Bathroom renovations & electrical work, plastering, paving & alterations. No job too small. Offers a friendly & reliable service.
HANDYMAN	Fernando Cardenas	083 263 8769	Bathroom specialist. All repairs. Renovations, building and bathroom specialist. Reference available.
HOME MAINTENANCE	Greg Woolcott	084 314 1158	Painting, damp-proofing, plumbing, cleaning, sanitising, wall papering , property maintenance and more. We have a reliable crew and project manager to over see.
HOME PROJECTS	Sidney	084 843 8258	Are you moving out of your existing home and need those odd jobs completed or moving into a new home? We specialise in all handyman jobs, painting and tiling. No job too small. We also collect rubble and garden refuse and any clutter accumulated over the years.

HAPPY CARPENTRY AND WOODWORKS SERVICES		084 971 3843	Kitchen unit built in cupboards- BIC wardrobes and shelves- hanging doors- decking and laminated wood floors- ceilings — dry walling and cornices- tiling and painting. Repairs and maintenance. Free quotation any time- good workmanship.
INVESTMENT HOMES	Robert Sova	082 828 2834	Construction and project management. New homes, alterations and renovations.
L.M. PROJECTS	Lungi	078 559 0970 074 654 3555	Painting, plastering, alterations, ceilings/partitions, cornice, tiling, electrician and waterproofing.
MAJOR GLASS & ALUMINIUM		011 769 8603 mga@worldonline.co.za	New or existing work: windows, steel replacements, doors, hinge-folding doors, showers, frameless showers and much more.
NCS PROJECTS	Nicholas Shaw Christopher Shaw	082 888 1518 nic@ncsprojects.co.za 062 934 4366 chris@ncsprojects.co.za	Project Management of new home. Renovations and alterations.
N HARRIS PTY (LTD) WATERPROOFING CONTRACTORS	Ron Gunnett	082 562 1566 F: 011 705 3055 nharrispty@gmail.com	Waterproofing of all roofs, rising damp on boundary, internal and external walls, exterior wall coatings. We also attend to blocked sewers, plumbing, geyser problems, renovation of pools with epoxy coatings (any colour). Established 1994.
POWER 4 LESS		+27 1000 17 700 082 447 7720 info@pwr4less.com	Tired of load-shedding and power outages affecting every aspect of your daily life? Switch to Power 4 Less.
PHG BUILDERS	Simon	082 352 1347	New buildings, renovations, waterproofing, ceilings, any building related projects. No job too small (NHBRC) registered Dainfern references.
PUNGWE CONSTRUCTION	Tony Memory	066 014 9122 064 879 3630	NHBRC Accredited Contractor available for your new home construction, home renovations-ceilings, partitions and insulation, tiling, painting and wall coating, floors and flooring- cemetitious and granolithic screeds, epoxy and polyurethane flooring, painting and sealing.
QG CONSTRUCTION	Givemore	071 349 7486 qgconstruction34@gmail.com	Building and Renovations, Welding, Painting, Roofing, Waterproofing, Tiling, Tree Felling, Rubble Removal, Plumbing and more.
RAINBOW WATERPROOFING & ROOF REPAIRS (PTY) LTD	Allen van Deventer	011 057 7007 084 449 9722 / 083 245 5095 rainbowwaterproofing63@gmail.com	All work guaranteed / Free quotations. Waterproofing, roof repairs, skylights, gutters, ceilings and roof painting.
RK MAINTENANCE SERVICES	Vicky Elaine	082 898 7086 078 364 7843	building: office and home maintenance, renovations of bathrooms, handyman services and more.
RYDER HOMES		011 476 1974 info@ryderhomes.co.za	Architectural designers and building contractors. Over 30 years experience in designing, building alterations and additions to both residential & commerical properties.
SIMANGE PAINTERS & RENOVATORS	Freddy Andrew	074 077 4330 nyathifreddy@gmail.com 074 357 7834	Specialising in building, maintenance, alterations, additions, waterproofing, damp proofing, ceilings, dry walling and house plans.
TALL OAK TIMBER WORX	Michael van Wyk	084 905 4444 michael@totw.co.za	All woodwork, decking, doors, roofing, kitchens, painting of homes and contracting paintwork & general maintenance.
		CARWASH	
BUBBLES IN THE VALLEY CARWASH - Dainfern		064 514 7798 Facebook: @bubblesinthevalleycarwash Instagram: bubbles_in_the_valley_carwash	Carwash and makeover clinic.
		CHURCH	
GLORY TO GLORY MINISTRIES		011 484 4532 083 590 5263	Sunday Church Service, Children ministry, intercession and teaching of the word.
	CLEANING	/DECLUTTERING/SERVICES/WINDOWS/C	ARPETS / UPHOLSTERY
EAGLES PROFESSIONAL		071 621 0479	
CLEANING & MAINTENANCE SERVICE	Dudu	082 366 5488 dudu@eaglespropertysolutions.co.za	Visit our website for a full list of our services.

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DYNAMIC STEAM CLEANING	Alan	067 228 2053	We specialise in deep steam cleaning and sanitizing of carpets, rugs, lounge suites, mattresses, chairs, curtains, blinds, showers, car interiors and more.
PRESSED IN TIME Jukskei Park		Call or WhatsApp 076 207 9641	We collect your laundry, dry cleaning or shoe repairs.
RED HOT MAIDS	Wadzi	011 465 2874 / 072 823 5272 info@redhotcleaning.co.za www.redhotcleaning.co.za	Professional, Reliable Maid Service. Daily Maid Rental, Spring Cleaning, Post/Pre Occupational Cleaning, Teams, Carpet and Upholstery Cleaning. We go the Extra Mile!
THE REAL DON DRY CLEANERS	Valley Branch Square Branch	011 469 4831 011 469 0245 info@trddainfern.co.za www.therealdon.co.za	We provide superior quality cleaning of all personal & household effects together with tailoring, alterations & mending services. Post/pre occupation house valet & flood water removal also undertaken.
		CLOTHING / HANDBAGS / FASHION /	SHOES
FERN BOUTIQUE	Sally du Plessis	083 290 3857 / 011 469 0079 dalsaduplessis@telkomsa.net	Exclusive ladies and teen fashion boutique in Dainfern. Trendy clothing: stunning tops, carnisoles, bling belts, handbags and much more. Open Monday to Friday 9 – 3. Saturdays view by appointment.
		COMPUTERS / PRINTERS/CELL PHONES	& REPAIRS
QUICK SERVICE INFORMATION TECHNOLOGY	Tamrin	083 600 2533 quickserviceit@icon.co.za	ON-SITE service, sales, support, repairs, upgrades and networking. PC's, Laptops, printers, hardware and software.
	E	LECTRICIANS / ELECTRICAL REPAIRS / APPL	LIANCE REPAIR
AAB-TECH PLUMBING & ELECTRICAL	Andrew	071 774 1883 082 556 5133	Earth leakages, fault finding, faulty plugs & lights- General electrical works done professionally @ competitive prices 24/7.
ALLIE ELECTRICAL	Alan	071 528 6656	24hrs electricians we specialise in all electrical repairs, maintenance & new installations. We also do fault finding & certificate of compliance (COCs). We also do electrical repairs e.g. geysers, stoves, ovens, microwaves etc. We are always a phone call away.
A-Z PLUMBING ELECTRICAL & APPLIANCE REPAIRS	Janusz	082 449 1997 janusz@pixie.co.za	For all your plumbing requirements from burst pipes to faulty toilets. The right price plumbers. All work guaranteed. For all your electrical requirements and appliance repairs-all makes.
B4 ELECTRICAL	Peter	083 452 0635/6 b4electrical@mweb.co.za	B4 electrical - Fully licensed and registered. For all your electrical installations, repairs, maintenance and certificates of compliance. Fast, friendly and reliable. We offer a 24hrs emergency call out service.
ELECTRICAL- MOKAPANE	Ronald	072 154 9735 063 960 3891 F: 011 235 7777 mokopane@channeldata.co.za	Electrical installations & maintenance, house rewiring, emergency call outs, security Lighting, Fault finding & repairs, power failures, geysers, pool/spa motors, certificates of compliance. Underfloor heating installations & repairs, sales & installations of generators and UPS.
LAZIS ELECTRICAL	Gerald	078 739 6773 / 0731273921 laziselectricalmail@gmail.com	Tripping and fault finding, Electrical compliance repairs, power failure, New installation and electrical maintenance Faulty geysers, stoves and ovens, Repairs to plugs, lights and switches. Installation of inverters and generators.
LOUPEZ ELECTRICAL & ACCESS AUTOMATION	Loupez	076 108 1591 063 770 7919 www.loupezelectrical.co.za	We are a licensed and registered contractor and member of ECA. The ECA guarantees our workmanship with R20 000 for all your electrical and backup power needs 24/7.
		ESTATE AGENTS / COMMERCIAL & RENTAL	PROPERTIES
CENTURY 21	André Anne Lalian Sue (Rentals) Tania (Rentals)	083 411 7674 083 600 0566 082 654 6539 079 119 8903 082 550 2222	Century 21 Lifestyle Team. Agents of Change. Your sales and rental professionals, with many years' experience in Dainfern and surrounding estates. www.century21.co.za Office number 011 4601599 Email: fourways@century21.co.za

CENTURY PROPERTY DEVELOPMENT	Nick Garden	066 477 8955 nickg@century.co.za	Riversands Outlet Park. World-class Showroom & Warehouse spaces to let in Fourways.
CHAS EVERITT International Property Group	Brian Falconer Richard Miller Gary Parker	082 651 7890 076 835 5170 082 895 1647 www.chaseveritt.co.za	Sales and rentals in Dainfern, Dainfern Valley, Dainfern Ridge and surrounds, Fourways Gardens, Cedar Lakes, Broadacres and Blair Atholl. Chas Everitt International Property Group has over 100 offices countrywide.
ENGEL & VÖLKERS	Gaby Farndell Alice Chibanda	Sales: 082 451 7876 Rentals: 083 500 5669 011 465 0410 www.engelvoelkers.com	Engel & Völkers specialises in the sale and rental of residential real estate. Whether buying or selling property, Engel & Völkers should be your property agent of choice.
ENGEL & VÖLKERS PLETTENBERG BAY	Alan van den Handel	083 255 3162	Goose Valley Golf Estate Apartments For Sale www.engelvoelkers/en-za/south-africa/plettenberg-bay
EXECUTIVE PROPERTIES	Nicci Humphreys Lara Pretorius Carrie Field	082 492 0111 083 650 9044 082 372 2983 www.executiveproperties.co.za	Executive Properties specialise in Corporate Rentals and offer complete and professional service in the rental and sale of homes in Dainfern and surrounding estates. Contact us to buy, sell, or rent your home. Tel. 011 469 4107
GAYE CAWOOD REALTY	Gaye (Sales) Matt Sue (Rentals) Office	083 601 1593 084 602 7999 082 452 0086 011 469 4070	Our passion drives us to deliver an exceptional and professional service. Please call us if you are selling/renting or buying a home.
HAMILTON'S PROPERTY PORTFOLIO	Brenda Gilbert	083 251 4452 brenda@hamiltons.co.za www.hamiltons.co.za	Brenda of Hamilton's represents Dainfern Golf Estate, Dainfern Valley and Dainfern Ridge, in both sales and rentals, with consummate professionalism and extensive local knowledge.
HYACYNTH PROPERTIES	Abel Ntini Helen Ntini Office	082 908 9182 082 920 3640 0114694937	For rentals and sales in Dainfern and surrounds, contact your family run Real Estate Agency for personalised discreet service. We live and work in Dainfern. We are 100% BBBEE compliant.
LIVE REAL ESTATE	Office	011 465 1187	Live your best life. Buying, selling & rental specialists in Dainfern.
MALHERBEX	Willie Malherbe	011 786 9364 willie@maherbex.com	Buying, selling and rental specialist in the Dainfern and Surrounding Areas. Call today for a Free Valuation. 0652 000 000
PAM GOLDING PROPERTIES (DAINFERN)	Sharen Kyle (Rentals)	083 461 3999 082 483 5861	Pam Golding Estate Agents, 170 offices national. www.pamgolding.co.za / Office no. 011 469 4691
RAWSON PROPERTIES	Robbie Vicky	082 574 9010 082 898 6566	Property specialists - Offices now situated in Broadacres Shopping Centre above Paint Emporium.
VERED ESTATES	Pamela Diedericks	083 680 6771 www.vered.co.za	JUST WHAT YOU WANT Contact us for a hassle free, no obligation valuation on your home for Sale or Corporate Rental.
		FOOD & BEVERAGE / WATER / ONLINE	ORDERS
REAL FOOD 4 SURE		076 640 8836 www.realfood4sure.co.za	Order online - delicious & goodness delivered to your door. Variety of organic & conventional fresh produce, meat etc.
PERFECT WATER		011 465 9024 www.perfectwater.co.za	Broadacres Shopping Centre: Taking care of all your water needs.
		GARAGE DOORS / GATES	
ALPHA DOORS	Simmons	081 241 6670	Top quality and cheap garage doors aluminum, wooden, steel and roll up, garage door motors, springs, remote programming, cctv remote viewing. Alarm systems link up to estate security.
DIGITAL SYSTEMS	Joshua	078 180 5416	New installations, repairs and services to gate and garage automation, alarms systems, intercoms, electric fence, remote programming, electrical repairs and pool pumps.
K & R INTERCOM & GATE AUTOMATION	Selvie Nair	082 333 2652 011 791 4717	Service to all types of garage doors and garage motors.
NG SYSTEMS	Russel	084 709 0916	We install and repair: Gate & Garage Door Automation, Garage Doors, Alarms, Intercoms, CCTV and DSTV.

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		CARDENING / IRRICATION	
BRAND'S TREE FELLING		GARDENING / IRRIGATION 0861 708 000 / F: 086 530 6656 brandstf@mweb.co.za	Tree felling, tree maintenance, site cleaning, supplier of wood chips, fully insured. SALI (South African Landscape Institute) Selected Supplier.
EASYGRASS™		087 096 0196 jhbshowroom@easygrass.co.za	Pet friendly, child friendly, low maintenance and affordable.
GARDEN BOYZ	Jordan	073 849 0927 Jordanbornex10@gmail.com	For all your garden needs, landscaping, irrigation, lawn cutting, garden cleanups, compost, lawn dressing, garden maintenance, weeding, tree felling, pool services, try us and see a change.
GARDEN DEL PALMAS	Dieter Wiese	011 708 1545 083 628 8990 F: 086 689 3429 gardendelpalmas@mweb.co.za	Your garden service with the personal touch. Your garden looking down? Want to make a change? We provide clean ups, garden maintenance, landscaping, refuse removal, tree felling, palm trimming and professional irrigation systems.
GEORGE LANDSCAPING SERVICES The personnel touch	Tracy Dedlow	083 625 9573 tracyd@thegeorgegroup.co.za	With our expertise and knowledge, we can assist with your maintenance, installation & irrigation. This is specific to your needs to ensure a beautiful garden. We give ongoing advise & recommendations on all essentials.
JEANS GARDEN	Mike	071 169 2886	Weekly garden and pool maintenance, clean ups, tree felling, compost and lawn dressing. Over 17 years experience in the Estate. 5 days a week.
LAWN CARE PLUS	Nicholas Dunn	082 573 3484 info@lawncareplus.co.za	Our Services: Full lawn treatment program; Planting of LM & Kikuyu lawn; Seedling & inter-seeding of lawns; Core aeration; Verti-cutting of lawns (scarifying).
LEBO'S GARDEN SERVICES	Lebo	074 922 1733 / 072 354 6296 lebogarden@gmail.com	Weekly garden and pool maintenance, irrigation repairs and Daily garden refuse collection.
MAINTENANCE SOLUTIONS ZR	Zak	072 029 9776	Irrigation repairs/installations, Landscaping, Pool services, pumps and treatments. Over 5 years experience.
NATURE'S WAY LANDSCAPING	Sharon	082 415 8786 Naturesway@mweb.co.za	Landscaping Services & Gardener Training, for all gardening requirements. Landscaping/garden design, composting, lawndressing, general clean-ups and irrigation. Gardener training is another option to assist with pruning/trimming, planting seedlings, caring for your lawn and general seasonal maintenance.
SOFT RAIN IRRIGATION	Isaac	078 658 4371	For all your irrigation requirements - new installations, maintenance and repairs - 12 years experience.
STEPHY'S LAWNFARM		orders@stephyslawnfarm.co.za www.stephyslawnfarm.co.za	Super Lawn Deals. Organic Soils. Compost, topsoil & lawn dressing.
TINYIKOTE PROJETS		083 587 7696. elomonthemba5@gmail.com	We provide weekly garden service and clean ups, compost and lawn dressing and pool maintenance .
I & SONS TREE FELLING & RUBBISH REMOVAL	Innocent	073 131 5395 082 049 3109	Please call us for all your tree felling and rubbish removal.
		GAS	Cylinder refilling and deliveries: are installations 9 consistent
GAS FAMILY	Nan	078 050 6600 info@gasfam.co.za / www.gasfam.co.za	Cylinder refilling and deliveries; gas installations & servicing; gas appliances; energy saving solutions.
PRO CAR GOLF CARTS		GOLF CARTS 082 892 9382 084 447 2096 info@procarcarts.co.za www.procargolfcarts.co.za	We offer friendly & professional service with a large choice of products required for your golf cart with an honest & cost-effective approach - Service; Repairs; Sales; Rentals and we buy carts.
		HAIR DRESSER	Faire and heir apparates in the second of the second
NICOLE'S HAIR SALON	Nicole	083 459 7554	Enjoy a great hair experience in the comfort of my home salon. I offer a full range of services, including colour and keratin brazillian treatments.

		HORSE RIDING / SADDLER	
			Children's Riding School. We specialise in teaching
CHARTWELL STABLES	Shirley Stables	083 500 0103 073 952 8572 cstables@netactive.co.za	children to ride on safe ponies with qualified instructors. Pony camps, fun days & training shows held regularly. Ladies rides in the mornings. "Have fun while you learn".
RIDEJOZI EQUESTRIAN RANCH		WhatsApp 076 291 6997 info@ridejozi.co.za www.ridejozi.co.za	Spend the festive season galloping on horseback. Horse riding trails; lessons; parties for young & old, self catering overnight accommodation.
SUN VALLEY STABLES		082 571 0309 riding@sun-valley.co.za www.sunvalleystables.co.za	Horse riding lessons: Teaching children to ride in a safe & fun environment.
	INTERIOR / FUR	NITURE / UPHOLSTERY / OUTDOOR FURNITI	URE / HOME ORGANISATION
EXTREME BATHROOM CREATIONS		info@extremedoover.co.za www.extremedoover.co.za	Don't just renovate, re-imagine.
INTERIOR DÉCOR & DESIGN	Karen Schaefer Louw	082 940 3571 011 469 0767 karen@interior-decor-design.co.za www.interior-decor-design.co.za	We offer a complete design, supply & installation service, tailored to your individual requirements (budget/per room), - emphasis on creativity, quality & service. We provide the inspiration to help you achieve an interior that reflects your taste & lifestyle.
MAKOYA BLINDS	Arnold	071 356 0945	Sales and installation of all blinds. Wooden blinds; Aluminium blinds; Vertical blinds and Roller blinds. Repair and service of all as well cleaning.
PATIO WAREHOUSE in Ferndale (Malibongwe off-ramp)		011 801 0820 084 825 1120 www.patiowarehouse.co.za	Africa's largest selection of patio furniture and accessories.
		LOCKSMITH	
BRAD'S LOCK & KEY		082 854 9898 / 011 802 4114	All locksmithing work-Keys made/ doors opened. Also, gate motors/ gates etc. installed.
		MEDICAL / AESTHETICS / COVID-	19
NIX & TEE WELLNESS AND AESTHETICS CLINIC	Turid Stacey	083 633 2652 tee@ntaesthetic.co.za Tel. 010 020-8561	Nix & Tee, a Wellness and Aesthetic clinic, are two qualified nursing Sr's offering aesthetic treatments. In-depth consultations are done to finding the best treatment for the individual concern or needs. Visit our website at www.ntaesthetic.co.za
PSYCHOLOGIST / COUNSELLOR	Charmaigne March	083 239 4309 / 011 469 3256	Specialising in trauma, relationship, career counseling, etc.
PURE SKIN AESTHETICS CLINIC	Dainfern Bryanston	010 228 0108 011 463 1595	Health & Wellness - gut health, weight loss, body analysis, anti aging, blood tests, skin, hair, nails, stress & anxiety, heart health, immune booster, medical screening & covid anti body testing.
		PEST CONTROL	
PINNACLE PEST CONTROL	Tanya	086 100 0819 info@pinnaclehygiene.co.za www.pinnaclehygiene.co.za	Professional treatment and service using environmentally friendly pesticides for rats, cockroaches, ants, termites, weeds and other pests. Contact us for a free quotation.
SERVICE MASTER		082 974 9432	Professional pest services.
		PET & HOME CARE / KENNELS & CATTE	RY / VET
DOGGY DAYCARE - CHARTWELL	Erin	081 849 4673 erinwale0303@gmail.com	Daycare for Dogs! We collect & return your dog daily. On holiday? Your dog will be socialising and having fun while you're on holiday or away on business. Puppy socialisation and general obedience offered on Saturday mornings by arrangement.
JOZI PETS		065 831 7116	Pet store at the Dainfern Valley Shopping Centre- all you pet requirements- Free delivery/ shop online.
		PET GROOMING	
SOAPY SMOOCHES		061 087 8247 info@soapysmooches.co.za	We come to you! Pamper your pets at home in our fully equipped pet parlour on wheels. Ask about our Loyalty Program, Pensioners Discount and Pet Massages for older pets. #bestgroomersintown
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		PLUMBING / SOLAR	
AAB-TECH PLUMBING & ELECTRICAL	Andrew	071 774 1883 082 556 5133	Earth leakages, fault finding, faulty plugs & lights- General electrical works done professionally @ competitive prices 24/7.
ADRES PLUMBERS	George	073 135 8425	Leaking pipes- dripping taps- burst geysers- blocked drains- installation of washing machine and water pump.
A-Z PLUMBING	Janusz	082 449 1997 januszplumbing@gmail.com	For all your plumbing requirements from burst pipes to faulty toilets. The right price plumbers. All work guaranteed. We now install solar systems / Bathroom renovations.
FOURWAYS PLUMBING	Steve	011 705 2145 082 440 5111	Professional plumbers. We do: geysers, valves, washing machine connections, water leaks, storm water systems, roof flashings all at very competitive prices.
		POOL SERVICES	
A-Z POOLS & REPAIRS	Martin	074 443 1429	Re-marbalite & new mosaics. Pump replacements. Filter replacements. Pool timers. Pool lights. Sand changes. Pipeline repairs or replacements. Pool maintenance. Onceoff clean-ups. We can tend to all pool related problems! Supervision on site.
PALM POOLS & SPA	Jackie	072 132 5703 palmpools@palmpools.co.za	Contact us for all your pool requirements. We do weekly pool maintenance, repair or replace pumps, filters and install timers, install salt chlorinators and change filter sand. All work is done under supervision. Quality is guaranteed.
POOL WAREHOUSE Broadacres Shopping Centre	Michael	011 465 9024 michael@pool-warehouse.co.za www.pool-warehouse.co.za	Get your pool summer ready. We stock everything you need for your pool. Call us for a no obligation FREE quote.
SANDTON POOL RENOVATORS CC "ONE STOP POOL SOLUTIONS - Time to Renovate"	Brenda Williams	082 332 7253 brendawilliams@sandtonpools.co.za www.sandtonpools.co.za	New pools, "Approved Cemcrete SA applicator for best marbelite." Weekly pool service, repairs, energy saving pool pumps, chlorinators, heating, blankets fencing, paving, composite decks, autofilling, water features, spas's, Koi ponds. COVID-19 CERTIFIED.
		RECYCLING / WASTE MANAGEME	NT
THE COMPOST KITCHEN	Himkaar Singh	www.compostkitchen.com himkaar@gmail.com 072 795 8283	Join the organic waste recycling revolution in Dainfern. Signup online and become part of the movement to reform the waste system and make real impact to our community.
		RESIDENCY PROGRAMME	
CYPRIOT REALTY	Jenny	+27 (0)83 448 8735 RSA +357 965 92 444 Cyprus www.cypriotrealty.com	The best Residency Programme in Europe. Residency Permits now issued in 6 - 8 weeks. Special inspection trip offer. Cyprus really is the perfect choice!
		RELOCATION / REMOVALS	
CLUTTER CLEANERS	Vicky	082 898 7086	We have a Bakkie that moves miracleswe take anything from furniture to odds and ends, from deceased estates, emigrating or just spring clean. If you are clearing out please call us!!
MOVIT MOBILITY		08611 66848 info@movit.co.za / www.movit.co.za	Movit provides a personalised moving service for local, long distance, overseas & office moving - 50 years of moving excellence.
		RESTAURANTS	
GOOD TASTY RESTAURANT SUSHI BAR		011 469 4994 072 634 1680	Shop 2, The Valley Shopping Centre. Order from Mr. D.
LIL'KITCHEN		063 579 8087 Facebook: <u>Lil'kitchen Dainfern</u>	Wholesome Good Food at the Valley Shopping Centre. View our menu on Facebook. Home deliveries within a 5km radius.
VALLEY GRILL		011 468 4848 Menu on Facebook: <u>Valley Grill</u>	Pizza, Pasta, Sushi, Wholesome Food - all eat in, take away or delivery to your door.
		SCHOOLS / PLAYGROUPS	
AMERICAN INTERNATIONAL SCHOOL OF JOHANNESBURG (AISJ)	Pamela Gutmann	087 809 1905 www.aisj-jhb.com info@aisj-jhb.com	AISJ is a leading international Pre-Kindergarten through Grade12 co-educational day school. AISJ offers a balanced program, small class sizes, an American style curriculum and the International Baccalaureate Diploma Program (IBDP).

DAINFERN COLLEGE	Fiona Siebert	011 469 0635 www.dainferncollege.co.za	Dainfern College believes in developing the whole child through the provision of academic, sporting, cultural and technological activities. Our students write the internationally well-accepted IEB examination and a strong academic focus exists at the College.
HERONBRIDGE COLLEGE	Natasha Marot	011 540 4800 nmarot@heronbridge.co.za	Private IEB Christian school that focuses on creating a space where kids want to learn. HeronBridge houses its own Pre-Prep for grades 0000-R, where the building blocks for "big school" are laid. The Prep and College provide an intentional and heart-led approach to schooling.
KID VANTAGE ACADEMY		078 983 0014 www.kidvantage.co.za	Open for 2022 - REGISTER NOW! Based in Dainfern Golf Estate. From 4 months to 5 years old. The program includes: Holiday care; extra murals; meals; extra security.
REDDAM HOUSE SCHOOL		010 060 4232 Info.helderfontein@reddam.house www.Reddamhouse.com	Situated at Helderfontein, Fourways, The Reddam House campus welcomes students from 1 year old to Grade 12. Boarding is also offered. Please call us for viewing.
		SPORT / RECREATION / FITNESS	5
F.A.A STUDIO FOURWAYS		081 563 3504 mdu@faagym.com	Ready to Train? What Next? Get started with a full fitness assessment. A.C.E. Certified Specialist Sports Performance Coach & A.C.E Certified Personal Trainer.
SA JKA KARATE	Bernard Buys (5th Dan, JKA)	083 709 9289	Expert professional JKA Karate instruction at the Pavilion.
	TRAVE	EL / TOURS & DESITNATIONS / TRANSFER / T	TAXI / CHAUFFEURS
AIRPORT TRANSFERS & TOURS	Mike	072 284 0340 / 011 465 3262 ashcroft.mike@gmail.com	Fourways Gardens' resident owner/driver. Personal, reliable transfers to/from ORT from R420 & Lanseria from R200. Free in-car Wi-Fi connection. Half & full day tours arranged.
ASENDULO TRANSFERS & TOURS	Lionel Strick	082 324 4232 lionel@asendulo.co.za www.asendulo.co.za	For all your shuttle needs — airport transfers / social & sporting events / corporate events. Servicing Dainfern families since 2002.
BOTHONGO RHINO & LION NATURE RESERVE		011 957 0109 / 0106 / 0349 www.rhinolion.co.za	Come and visit us for the day or stay in one of our lodges
		TUITION	
CoinED		www.CoinEd.co.za	CoinEd is an education provider that specialises in cryptocurrencies & blockchains. We've been teaching both children and adults since 2017, and work with some of the industry's biggest companies and brightest minds. Our vision is to inspire students of all ages to think about the weird and wonderful things that are becoming part of their world – starting with crypto. We're always thinking outside the block, and so can you! Visit www.CoinEd.co.za for more information.
LIMITLESS - Conversational English Tuition	Pamela de Robillard	084 567 8455 limitlessticza@gmail.com www.limitlessticza.co.za	I am a qualified and experienced English and TEFL teacher with 10 years teaching experience to different age groups and in different countries on a variety of platforms. My speciality is facilitating Conversational English with ex-patriot adults, one-on one, in small groups and online. FREE Trial Session.
ONLINE TUITION: ALL SCHOOL SUBJECTS	Chantelle	082 9670 270 chantellediab@gmail.com	Qualified Experienced Teacher offering Online Tuition. All School Subjects: Grade 1-12 (Excluding Grade 11 & 12 Maths & Science) English Specialist. Hornework Assistance. Study Skills. Test & Exam preparation. Home Schooling. Mornings & Afternoons.
PIANO LESSONS	Elzabe Krynauw	073 178 6123	Piano lessons in the comfort of your own home! Practical (Adult or Scholar) from beginner to advanced; and/or Theory lessons from beginner to advanced (Royal Schools, UNISA and Trinity). For a reference call Louise: 082 465 3694

Please contact Colleen for your next advert or classified - 082 898 6566 (Call & SMS) or email at cobbie@global.co.za

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Pizza • Pasta • Al a Carte



Celebrating VALENTINE'S DAY

Seafood or

Sushi

Platter for 2

for only

R369

Monday, 14th February

Seafood Platter

12 Oueen

Prawns

Calamari

Mussels

Hake

Choice of sides dishes

Sushi Platter

1 Tuna Salad

2 Tofu Prawn

4 PC Gift Box

8 PC Smoked Salmon California Roll

8 PC tempura prawn California Roll

Book your table in time 011 469 4848

Valley Shopping Centre Broadacres Drive, Dainfern



₹ View Menu on FACEBOOK

Tuesday Special
Pizza & Drink
for only R89

PS: Get your fresh flowers & chocolates from The Market at The Valley Shopping Centre - Call 076 653 5094