



# IN FOCUS DAINFERN

Exclusive to Dainfern Golf Estate

Your community and service provider magazine since 2002

Dec / Jan 2022

HOMEFRONT

LIFESTYLE

NATURE



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# IN FOCUS DAINFERN

Exclusive to Dainfern Golf Estate  
Your community and service provider magazine



December 2021 - January 2022

## Editor's Note

Welcome to this month's edition of IN FOCUS. The opinions expressed in this publication are not those of the publisher or of the HOA. No responsibility will be taken for any decision made by the reader as a result of such opinions.

## Important Numbers

### SECURITY CONTACT NUMBERS

Security Control Room: 011 875 0601  
Security Manager: Peet Trollip 011 875 0607

### FOR INJURED BIRDS AND WILDLIFE:

Dominique - 061 116 1254 (resides on the Estate)  
The Friends of Free Wildlife - Margi 082 561 3681

### REMOVAL OF SNAKES:

Security: 011 875 0601  
Bats: Julio 082 359 1295 • [www.batsgauteng.org.za](http://www.batsgauteng.org.za)  
(Dominique can assist with the above)

### THE CLUBHOUSE

Reception: 011 875 0401 • Restaurant: 011 875 0442  
Golf: 011 875 0421

Estate Enquiries: Jill Terreblanche • 011 875 0451

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Sean James	Turfnet	082 878 9281
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Members: Wim Spronk, Geraldine Harris, Sue Pretorius, Himkaar Singh & Maureen van Jaarsveldt		

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## Best decorated house

### in Dainfern Golf Estate

As Christmas is on our doorstep - we would love to see residents decorate their homes and share in the Christmas spirit.

Should you wish to participate and decorate the outside of your house, please send Jill an email with your stand number, name and surname at [jill@dainfern.co.za](mailto:jill@dainfern.co.za) and we will put a map together highlighting which houses are participating. Residents can then go past these houses to enjoy the decorations.

We will give residents an opportunity to vote for the "Best decorated house" and make the announcement on 20 December as to who the winner is.



The Rotary club will be holding a meeting at the clubhouse on 7th December 2021. We are looking for more people to join in order to create a Dainfern Rotary Club.

More details contact: [David@Travelvision.co.za](mailto:David@Travelvision.co.za)



#### Christmas Day Lunch @ the Clubhouse

Join us for a delicious lunch  
R495 Adults ( excludes gratuity)  
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Bookings : [functions@dainfern.co.za](mailto:functions@dainfern.co.za)

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CLICK HERE TO VIEW MY LISTINGS

“ Wishing you all the wonder and peace of the festive season, from Brenda and the Hamilton's Property Portfolio Team. ”

brenda gilbert | 083 251 4452  
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# ON THE STOEP

DNA Newsletter

## Reflecting on 2021



The Dainfern Nature Association team have concentrated mainly on maintenance this year to try and catch up with the back log from the lockdowns that incurred over the past 2 years.

The areas are looking much better and we shall continue in 2022 with ongoing maintenance.



**VIDEO LINK:** [Maintenance](#)



## Reptile event

It was wonderful to be able to hold the ever popular reptile event this year which had been postponed due to the restrictions. We hope going forward into 2022 that we can continue with this popular event. We think the adults enjoy it as much as the children.

Free Wildlife also joined the event this year. They are a non profit organisation who rehabilitate and release injured wildlife. We encourage you to support them.

All donations are welcome.

Margi: 082 561 3681

info@freewildlife.co.za

Facebook: [friendsoffreewildlife](#)  
[www.friendsoffreewildlife.co.za](http://www.friendsoffreewildlife.co.za)

**Friends of Free Wildlife,**

Nedbank Nicolway,

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# ON THE STOEP

DNA Newsletter

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## DNA Trophy

The Dna trophy award was presented, the winners names are engraved on beautiful plaques in a glass cabinet at the clubhouse. Nominations are welcome for anyone that has contributed to Nature.

Send nominations through to Colleen: [cobbie@global.co.za](mailto:cobbie@global.co.za)



## Owl Release

Owls were raised and released this year, a project close to Geraldine Harris heart. Geraldine recently released 4 owls which have recently been spotted in the area.

Owls keep the rodent population down so we continuously request you do not use Rattex or something similar as these will kill our bird and wildlife.



## Farewell

We said farewell to a few members of the DNA committee including our: "On the Stoep" writers Tony and Tricia Border who served on the committee for 20 years.

Tony and Tricia were our latest winners of the DNA Trophy. Well deserved!



## Bird talk and walks

André Marx continued with his popular walk and talk on birds within the estate. Quite a few birds that were not so common were spotted.

André will continue next year so look out for upcoming dates.

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# Dainfern Golf Estate

Fourways Sales Office +27 (0)11 467 4119  
[fourways@pamgolding.co.za](mailto:fourways@pamgolding.co.za)



Wishing you all the best for the festive season & for the year 2022

*Thank you for the gift of your continued support*



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[sharen.byren@pamgolding.co.za](mailto:sharen.byren@pamgolding.co.za)

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# ON THE STOEP

DNA Newsletter

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## Birds and Besties

Recent sightings in the estate:

Water Monitor (above): Sue Pretorius spotted a water monitor in her garden recently. At first she thought it was dead but to her relief it was sleeping.



## ANIMATED GALLERY

Spotted by Geraldine Harris - The red toads are breeding again.

## DNA AGM

This was held recently at the clubhouse. An interesting talk was given by Olivia Denny, Wim Spronk and André Marx on our fauna, flora and birdlife.

The current committee are happy to stay on as well as our Chairman Roy Lailvaux.

The committee members are:

Roy Lailvaux (Chairman)

Olivia Denny

Sean James

André Marx

Christine Shaw

Maureen van jaarsvelt

Geraldine Harris

Himkaar Singh

Dave Wibberley

Colleen Kreser – In Focus publication

082 898 6566

## Proceeds

The Nature association are able to continue with enhancing and improving areas in the estate from the proceeds of the In Focus magazine.

We therefore encourage you to support our advertisers.



## Greetings

From us the Nature Team -

We wish you all a happy safe festive season and a healthy prosperous 2022.



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Happy holidays  
to our Dainfern family.

Best wishes for 2022



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# General Manager's Report

By David Weyers



**Looking back at 2021** - it has been a year of change, frustration, various levels of the COVID-19 alert system, many people having been sick, some who have sadly passed away and a Country of resilient people that always try and stay positive, stand together, support each other, and get through each challenge.

We have many teams that assist in the smooth running of our Estate, and I would like to take this opportunity of thanking them for their service and commitment this past year: -

- We thank our management and staff for keeping our Estate running as efficiently as possible.
- The admin staff working behind the scenes to ensure that all is done to assist where possible.
- The security staff and Fidelity that are alert 24/7 to keep us and our families safe in our homes and on the Estate.
- Our maintenance team that are regularly upgrading and fixing anything and everything.

continue on page 14



## World-class Showroom & Warehouse spaces

Located in Fourways, Gauteng (adjacent to Steyn City), these premises tick all the boxes in terms of accessibility, visibility, technology and security!

Riversands Outlet Park is a unique development for businesses wanting a functional space for storage, warehousing or manufacturing, as well as a showroom out of which to trade.

- |   |   |
|---|---|
| <input checked="" type="checkbox"/> Located in Fourways, Gauteng (adjacent Steyn City)        | <input checked="" type="checkbox"/> Customisable office suites                      |
| <input checked="" type="checkbox"/> Sizes range from 360m <sup>2</sup> to 5 000m <sup>2</sup> | <input checked="" type="checkbox"/> Gatehouse with 24 hour security                 |
| <input checked="" type="checkbox"/> Close accessibility to the N1 & N14 highway               | <input checked="" type="checkbox"/> Space renting from R72.50 per m <sup>2</sup>    |
| <input checked="" type="checkbox"/> The option of flexible short-term leases                  | <input checked="" type="checkbox"/> Dedicated fiber network, power and water supply |



Jessica: 082 937 4760  
www.houss.co.za



**HOMEOWNERS ASSOCIATION**

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- To Frank who drives our shuttle bus so well and offers an invaluable service to our residents.
- Our golf team that run all aspects of golf – from membership to golf days.
- To the Golf Data team that keep our course in pristine condition.
- The Global Golf team at the Dainfern Golf Shop that have just the right items to purchase when they are needed.
- To the Turfnet team that ensure our gardens are always beautiful and well maintained.
- To the Trafalgar team – especially the staff working onsite, who ensure that all our finances are looked after.
- To Cleaning Africa who always strive to keep everything super clean and hygienic for us.
- To the SIX33 team for their wonderful offering of food, drinks, and entertainment for the children.
- To the Dainfern Nature Association that work so hard to ensure our nature areas, dams, birdlife, and wildlife are nurtured and protected.
- The FireOps and SLA teams that are available at a moment's notice – giving us peace of mind.
- To our Board of Directors who oversee the DHA and offer us guidance and support – we thank you.



As we are at the end of the year, I wish you all a very restful and happy December break. Treasure your families and appreciate the beautiful Estate you get to call home.

		
Gaye	Matt	Sue
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**CONTACT US**

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— REAL ESTATE —

## Helderfontein Estate Launches their next Phase

Finding the right address, where you and your family feel safe, secure and comfortable is by no means an easy feat. It is with this that Century Property Developments have launched the next phase in Helderfontein Residential Estate as a secure country lifestyle estate, right on your doorstep. Conveniently situated in the heart of Fourways the estate neighbours Dainfern, providing a perfect alternative to families looking to live closer together, but are currently unable to find undeveloped open stands to build their dream home on in the already burgeoning Fourways area.

Within the gradual slopes of the Helderfontein Estate flows the meandering Jukskei River that brings with it an entire ecosystem of indigenous fauna and flora. Our goal has been to maintain and add to the natural environment and as a result have ensured that we have kept the myriad of fishing dams, magnificent greenbelts for children's playgrounds, and more than 12km of walking trails through the indigenous parklands. The first phase of development was made up of only 163 stands ranging in size from 900m<sup>2</sup> to 1 700m<sup>2</sup>. Each stand is fully serviced providing only the best in quality infrastructure with a number of integrated elements for your living convenience.

As part of the development the main clubhouse will be built overlooking a large dam and will include a world-class gym with a considerable swimming pool, tennis courts as well as a world-class restaurant. For the more adventurous the scenic greenbelt will also include a built for purpose mountain bike track with rest areas. Because we understand that secure living is one of the highest priorities when selecting a place to call home,

Helderfontein Estate is equipped with a state-of-the-art security system ensuring you and your loved ones are kept safe. Managed at the highest level and made up of the latest in technology including CCTV, thermal imaging cameras and access control systems, the entire security environment is supported by highly trained and motivated staff. Perimeters are secured by well-lit, four-meter high, reinforced concrete walls, topped with electric fencing and CCTV cameras, in addition to being frequently patrolled.

The estate will have two entrance points, including the phase one entrance on William Nicol and the phase two entrance which will open out onto Main Road providing direct access to Midrand. Providing the optimal in country living coupled with secure family living, Helderfontein Estate is conceptualised to provide a magnificent alternative to otherwise cluttered living and a clean slate for the family looking to build from scratch their dream home. Building packages are also available to assist purchasers who would prefer to buy a home off-plan.

Our sales office is open 7 days a week from 09h00 to 17h00, so pop in for an overview of **"country lifestyle living"** at its best. Alternatively you can visit our website at [www.century.co.za](http://www.century.co.za) or contact Vee on 082 937 1680 to make an appointment.



### HELDERFONTEIN ESTATE

#### New developer stands with selected riverfront stands NOW LAUNCHED!

Residents of Helderfontein Estate have embraced a unique duality between country living and a cosmopolitan suburbia. Helderfontein Estate is one of the prime secure lifestyle estates located along William Nicol Road in Fourways, adjacent to Steyn City. Within its gradual slopes, flows the ever meandering Jukskei River, showcasing some of the most magnificent flora on its embankments. Several shopping centres, including Dainfern Square and the newly completed Fourways Mall, are located in the immediate vicinity. Purchasers may use their own architects and contractors to design construct their dream home, with a uniquely South African approach.

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# ELECTRICAL COMPLIANCE CERTIFICATE

Written by Tamaryn May (Attorney & Conveyancer)

## Responsibilities for the homeowner regarding the electrical compliance certificate when selling.

When selling your property, it is a requirement that you obtain an electrical compliance certificate. In this article we are going to briefly discuss a few questions that we are regularly asked. The Occupational Health and Safety Act ("OHSA") places the onus on every user or lessor of a property, to ensure that the property's electrical installation does not pose a threat to any person or animal on the premises.

### 1. Who can issue a Certificate of Compliance ("COC")?

Only a registered person may issue a COC after inspecting and testing the electrical installation. Should any fault or defect be found, the latter must be rectified prior to the issuing of the COC. It is always best to use a member of the ECA(SA) to ensure that the electrical contractor is a registered person. A registered person is an electrical tester who is registered with the Department of Employment and Labour.

### 2. How long does it take for an electrical contractor to inspect and test a property in order to issue a COC?

This is all dependent on the size of the installation

and if any faults or defects are found on the property. Take caution when an electrical contractor issues a COC in 30 minutes. Remember, only a registered person may legally issue a COC.

### 3. How long is a COC valid for?

The Electrical Installation Regulations state that a Certificate of Compliance is valid for two years for purposes of transfer.

### 4. You have a COC but the installation is not functioning properly. What should you do?

It is important to bear in mind that the COC and Test Report certify the safety of the installation and the electrical wiring. It does not include the replacing of light bulbs or fixing of a broken stove for example. It certifies that everything is safe and the COC and Test Report is valid.

### 5. Do you need a COC for your electric fence?

A Electric Fence Certificate must be obtained when transferring your property. The Electric Fence Certificate must comply with the installation and material specifications.

DISCLAIMER: This summary is solely intended for educational and training purposes and does not purport to contain legal advice. No reliance may be placed on the information herein contained. Independent legal advice is to be obtained when confronted with any legal / Court related problem.

For assistance in any **property transfer matters** kindly contact me on details below:



Chrisna Strydom  
(LLB. UPE)



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Monthly Rental: **R4,500.00pm - R9,500.00pm**

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## RESIDENCY PROGRAMME

# Buy yourself the best gift this Christmas – a home in The Med!

“Don’t wait to buy real estate – buy real estate and wait” - Will Rogers, actor

Now is the time to give your family a gift that keeps on giving: a home in The Med that will generate a great rental income, plus give everyone permanent residency for life.

Imagine 320 days of sunshine, the crystal blue Mediterranean Sea, 66 blue-flag beaches, majestic sunsets, picturesque natural surroundings and a way of life similar to South Africa. This is all on offer in Cyprus – an English-speaking, full member of the EU.

The Mediterranean lifestyle is about scrumptious cuisine & enjoying life to the full. Cyprus represents being a very popular investment, retirement & relocation destination for South Africans. Properties in Cyprus offer exceptional

value for money when compared to other European countries – especially homes right on or near to The Med. The choice of where to buy is very personal and the type of property depends on your lifestyle requirements, your budget and also your short, medium & long term plans.

The lush & beautiful city of Paphos on the Western side of the island is very similar to the Western Cape and year-on-year continues to enjoy the most demand from investors. There are 4 world class golf estates, an abundance of fine dining venues, numerous wine routes and a plethora of outdoor activities. Paphos is also a very cosmopolitan town and the entire picturesque province is the nicest and most secure part of the Island, where magical waterfront locations provide a sublime setting & idyllic lifestyle for discerning buyers.

The key benefit of buying a property in Cyprus and owning your slice of paradise is that property investment automatically comes with acquiring permanent residency; tangibly benefitting your family for generations to come:

- you can live in Cyprus indefinitely;
- you can automatically be part of Cyprus’ National Health programme;
- you can enjoy a cost of living cheaper than South Africa;
- you are very close to Israel and Europe, so can travel to the mainland very easily and very cheaply.

A new home in a new country is the achievement of a lifetime and an investment in the future for the next generation. In Cyprus the investment options really are the best. Living is laid back and you set your own pace. And what better place to do this than where the blue skies meet the Mediterranean Sea: on the *beautiful* island of Cyprus.

We organise personalized property inspection trips for you to come to Cyprus to look at the property options and to experience for yourself the lifestyle on offer. From arranging meetings with taxation and legal specialists, to opening up your offshore bank account – we hold your hand every step of the way.

Contact us for a confidential meeting to discuss how Cyprus can fit in with your offshore plans – we will assist and guide you every step of the way to realise **Your Plan B.**

Contact Jenny Ellinas, Founder & CEO

Tel : +27 83 448 8734 • Email: [jenny@cypriotrealty.com](mailto:jenny@cypriotrealty.com) • [www.cypriotrealty.com](http://www.cypriotrealty.com)

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## HOMEFRONT

By Karen Schaefer Louw • 082 940 3571

[karen@interior-decor-design.co.za](mailto:karen@interior-decor-design.co.za) • [www.interior-decor-design.co.za](http://www.interior-decor-design.co.za)

# Christmas Styling Tips

## for your home

Christmas is the most magical time of the year, and, if you are anything like us, you are a bit of a perfectionist when it comes to decorating.

Seasonal sprigs, flowers, lights, and baubles make the perfect table centrepiece. Set against a crisp white tablecloth and dot with pillar and tealight candles for warmth and sparkle.

### We share some styling tips:

1. Our first rule of thumb is, try to use what you already have as much as possible, even if it is as a base for something new.
2. Our second rule is go for 'less is more' or 'more is more'. Do not get stuck in the in-between trap. Considered minimal or deliberately opulent, both work brilliantly.
3. The first thing to do before you dig out all the decorations in your 'bauble store', (otherwise known as the pile of boxes in the garage), is walk around the house and pull out anything that can be freed up and used to fill with seasonal sprigs, flowers, lights, baubles. Bowls and platters that already sit happily in your home are a great foundation for seasonal decorating. You do not need seasonal versions

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## ENGEL & VÖLKERS

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## HOMEFRONT

continued from page 24

of items you already have on hand. Think out of the box, use champagne coolers, and load up.

4. If you live in a large house go for multiple trees. Go for matching foliage over a mantel or mirror. We once styled a client's house for Christmas, and we placed a tree in every bedroom dressed just with warm white fairy lights. We realise this is nothing radical in terms of decoration tips. But what made it work so beautifully was the constant repetition.



5. Fairy lights, these should not just be reserved for the tree(s) Use them on mantelpieces, stairways, over mirrors, around bedposts, in foliage, under conches and in bowls. Always use the same lights everywhere, warm white (no flashing). When the house is lit with fairy lights it is amazing how it becomes magical. For extra impact use mirrors, and not just mirrors that are hung on the wall. Try plain mirrors on table and sideboard surfaces to reflect the light for magic overload.
6. If you have no room for a tree or you do not have a mantelpiece, use a fallen branch. Hang it from the ceiling, over a modern 'hole in the wall' fireplace, above the Christmas lunch table, above the front door, on a plain wall, over a mirror – the list goes on. String it with fairy lights, glass baubles, small gifts. It is staggering how versatile a simple brown branch can be.

### Keep things neutral and natural, adding trends in colour or texture

7. For an earthy, natural feel, use pinecones, ferns, and ivy to create rustic, seasonal touches around the home
8. Giving the children their own separate tree to decorate solves the problem of what to do with all those inherited, gifted, sentimental

decorations. Along with helping them make their advent calendars for each other (choose a different theme every year).

9. When choosing flowers, fauna and foliage, opt for a mass of one variety rather than a little of a lot of different varieties. Go for a different main flower every year. Orchids, heathers, simple gyp are favourites.

A wreath made from seasonal flowers, foliage and twinkling fairy lights will create impact and a burst of wonderful scent. Hang on the wall behind a table laden with nibbles and drinks to welcome guests

10. Our final tip, which is more of a general design tip and not exclusive to decorating for the holiday season: whenever we design a home, we try and find a place for what we call a central table. This is usually referred to as a library table and can be placed anywhere in the house albeit a hallway or centrally located room is preferable. What we love about library tables is that you can dress them seasonally. At



Christmas they call out for another tree; at Spring, huge vessels with spring blooms; at family birthdays, loaded with cards and gifts. If you only have the time or inclination for just one project, make it this one. It is the perfect considered and effective way to set the tone for whatever the season.



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## COMMUNITY NEWS

Sue Harwood ♥ 083 228 2546 ♥ [harwoods@netactive.co.za](mailto:harwoods@netactive.co.za)  
[www.facebook.com/sue.harwood](http://www.facebook.com/sue.harwood)



# BAGS OF ♥ Community Outreach

in the Dainfern Community

The past few months have brought phenomenal donations which are going to make an incredible difference to the people that receive them! Please keep it up!



We are so grateful for everything we've received recently and in particular for:

- 30 worn-once exquisite gowns/formalwear outfits donated by designer Eli Ball who dresses the contestants for the Miss Soweto pageants. Huge thanks to Eli for this amazing gesture of generosity and to Michelle Chick for pointing him in our direction AND for organising/paying for the courier costs!
- An AppleMac computer & two cellphones & iPod
- Two fabulous safety trampolines
- A top-notch like-new carrier bike
- Beautiful baby blankets
- Several gowns for matric dances
- 2 almost new car seats for babies
- 2 like-new booster car seats
- loads of toys and childrens books
- 2 boxes of theatre/dress up costumes
- a like-new cricket set
- six brand new asthma pumps & two pairs of crutches for the SAME Foundation's Clinic in Sigagule
- sandwiches, fruit, mealie meal & tinned foods
- toiletries for the 20 Bags of ♥ dignity packs we are handing over to TEARS Foundation this week for ladies who have survived the horrors of rape.
- toiletries for the 10 "Gogo" handbags we are handing over this week for a wonderful project involving old women being taken on safari for the first time in the Limpopo region
- two boxes of Hugenot-Royale crockery for the SAME Foundation/Sigagule community in Mpumalanga
- Several boxes of kitchenware and bags of clothing for the communities where shack fires have occurred
- 3 beautiful watches
- 3 tough "Bradley boxes" filled with non-perishable food
- An imbuia lounge suite
- A large amount of dog leashes, bowls, blankets and food for the Dog Trust/ Diepsloot Dogs

**Our current needs:** Little girls clothing for all the small sizes, ie. 2-3 years old, 3-4 years old etc. upwards to 10-12 years old. We also need boyswear & shoes for all age groups from 2-3 years old upwards, for a community which is in desperate need.

Soft teddies, colouring in books and wax crayons, stationery supplies. ;

All your contributions would be truly welcome & appreciated

Wishing everyone a happy, peaceful and productive festive season. Remember the joy of giving lasts a lifetime.

Just a reminder of the upcoming  
**Bags of ♥ Donation Days in Dainfern:**

It's now the first Wednesday of each month. The final date for the year is the 08 Dec.

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# HEALTH & WELLNESS CHARITY BRUNCH

Date: 15 March, 2022

Venue: Dainfern Golf Estate,  
Broadacres Drive,  
Dainfern

Time: 10am - 1pm

In Support Of



(www.pnfoundation.org.za)

### Guest Speakers:



**DR SAMKE NGOBO**

Medical Doctor,  
Author, and Founder of  
SISTERS FOR  
MENTAL HEALTH

(www.vocalmentality.com)



**PAMELA DE ROBILLARD**

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- Speakers
- Raffle/Prizes
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**R395**

(Includes Brunch)

### BANKING DETAILS:

Patrick Ndwamato Foundation  
FNB – Current Account  
Acc: 62820732023  
Branch Code: 255355



“Our aim is to educate at least one child from this event!”

Bookings:



Heather: 073 595 7431  
Lele: 082 616 8102



info@pnfoundation.org.za



## Shopping list for the Festive Season

### Meats:

- Gammon
- Turkey
- Chicken
- Lamb
- Beef

### Veggies:

- Green beans
- Potatoes
- Roasted vegetables
- Butternut
- Pumpkin
- Carrots
- Greens

### Fruit in Season

### Dessert:

- Fruit and icecream
- Cakes
- Chocolates
- Mince pies
- Christmas Pudding
- Custard

- Cheeses
- Crackers
- Chutneys
- Nuts and Dried Fruits

### Decorations:

- Flowers
- Table Arrangements
- Helium Balloons

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By Dr. Samke J. Ngcobo (MD Vocal Mentality)

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**Recommended Psychiatrists:**

Dr. Clementine Chawane (Specialist Psychiatrist) • [reception-b@global.co.za](mailto:reception-b@global.co.za)

Dr. B.L. Letlotlo (Specialist Psychiatrist) • [letlotlo12@gmail.com](mailto:letlotlo12@gmail.com)

Dr. F. Maynard (Specialist Psychiatrist) • [fvdfort@telkomsa.net](mailto:fvdfort@telkomsa.net)

# Protecting our Mental Health



Dr. Samke J. Ngcobo

When I reflect about the year gone by, the word resilience comes to mind. With Covid-19 still remaining in our midst and still negatively impacting our mental health, we can only be proud that we are still standing despite the many life challenges which have presented themselves to us.

I'll be honest and admit that I have found this year to be difficult and unrelentingly so. Many stressors presented themselves and compromised my mental health. This was compounded by the fact that I am already vulnerable to relapsing due to living with Bipolar Disorder. Extreme situations threaten to engulf and smother. This is something that I need to be aware of constantly. I'm aware that I need to protect my mental health with all my might.

More often than not, we tend to shun the reality of struggle, failing to realise that being vulnerable is an authentic and brave way to approach challenges. The key is self-awareness and doing so in safe spaces. Being mindful of our actions and their impact on both ourselves and others is important in preventing undue mental health challenges.

It has been stated that since the arrival of Covid-19, many people have developed mental illnesses such as depression and anxiety and those with pre-

existing mental illnesses have experienced a worsening of their symptoms. All of us have been impacted by covid-19 either directly or indirectly.

As we look forward to the holiday season, many are contending with the reality of retrenchments and therefore financial difficulties while others are mourning the passing of loved ones. Now more than ever, sharing empathy and kindness is important during these unique times of difficulty.

There is power in connection through community because a shared struggle feels much lighter than one which is experienced in isolation. Being candid about our realities fosters trust and breaks what I describe as a resilience contest where one feels the need to prove how they cope better than other people who may seem to have less challenges on the surface.

While we are looking forward to the coming year, may we learn and realise the importance of prioritising our mental wellbeing as much as we see the need to exercise and eat well for the sake of our mental health. May taking care of our mental health form part of our list of New Year's resolutions.

As stated by Dr Brock Chilsom from the World Health Organisation, 'There is no health without mental health'

Wishing you a year-end that is filled with gratitude and a new year that is filled with hope and optimism.

**"...As stated by Dr Brock Chilsom from the World Health Organisation, 'There is no health without mental health'..."**

## Finding Help

As provided by SADAG, please make use of the following contact details if requiring emergency assistance:

If you are needing a referral to a psychologist, psychiatrist or support group, please call The **South African Depression and Anxiety Group (SADAG)** on 011 234 4837 or 0800 20 50 26 and speak to a trained counselor who can assist you further.

Offices are open 7 days a week, 8am - 8pm.  
Fax number 011 234 8182

**Substance Abuse Line**  
0800 12 13 14 is available 24hrs.

**Dr Reddy's Help Line**  
0800 21 22 23

**Cipla 24hr Mental Health Helpline**  
0800 456 789

**Pharmadynamics Police & Trauma Line**  
0800 20 50 26

**Adcock Ingram Depression and Anxiety Helpline**  
0800 70 80 90

**ADHD Helpline**  
0800 55 44 33

**Department of Social Development Substance Abuse Line 24hr helpline**  
0800 12 13 14  
SMS 32312

**Suicide Crisis Line**  
0800 567 567

**SADAG Mental Health Line**  
011 234 4837

**Akeso Psychiatric Response Unit 24 Hour**  
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**Cipla Whatsapp Chat Line**  
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# Spend the festive season galloping on horseback!

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## RECREATION

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Shane van Jaarsveldt (coach) • [dainfernam@runwalkforlife.co.za](mailto:dainfernam@runwalkforlife.co.za)

# Taking care of your running shoes

With the first Spring rains having hit Gauteng over the past few weeks, getting your shoes all muddy and grungy, how exactly do you clean them while maintaining their longevity?

Regular cleaning of your running shoes helps to maintain the life and appearance of the uppers. Dry your shoes naturally in a well-ventilated place to remove the excess moisture. It helps to scrunch up some toilet/news paper and leave this in the shoes for an hour or 3 to absorb any excess moisture. You can remove the shoes sock liner to improve ventilation. Brush any excess crud off to aid the drying process. Drying the shoes in a dryer causes damage to the mid-sole and affects the cushioning. Remove the laces before cleaning. Use a toothbrush to clean the crevices.

- You can clean them with water, but please don't put them in a washing machine. Very often glues used in the manufacturing process are water soluble, and the shoe may shrink or have its shape deformed. Use mild

soap, like Sunlight Liquid foam, to clean your shoes, or any of the foams available from sports stores.

- You should not dry shoes using a heat source, as it can break down or harden the EVA (ethyl vinyl acetate), of the midsole.

The life span for most running shoes depend on how long and how you use them. Preferably use two pairs and wear them on alternate days allowing each pair to dry out. To extend the life of your shoes, loosen the laces before taking them off your feet. Depending on your weight, the terrain run on and average length of your runs/walks you should be able to get between 700 and 1000km on a good pair of shoes. Entry level shoes won't give you much more than 500km.



The **Run/Walk For Life program** is a three-times-a-week exercise plan. This allows your muscles sufficient time to recover and reduces risk of injury. All of the

walking and running programs are suitable to people of any age, fitness level or ability, and promote weight loss, stress relief and have many other medical benefits. The **Run/Walk For Life program** is also suitable for pregnant women.

Contact **Shane van Jaarsveldt**,  
[dainfernam@runwalkforlife.co.za](mailto:dainfernam@runwalkforlife.co.za)

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# Why new year's resolutions don't work

*'Setting goals is the first step in turning the invisible into the visible.'*

- Anthony Robbins.

Are you ready to set your New Year's resolutions for 2022? – We set goals to get healthy, stop drinking, stop smoking, lose weight, work out etc etc....

We all start off with a bang on New Year's Eve, and most of us keep our resolutions for a couple of weeks at best, and then we fall off the bandwagon.

So, why is this?

Basically **WE RUN OUT OF WILL POWER!**

**In life, you attract what you believe to be true of yourself.** Research has shown that: 'You don't get what you want in life; you get what you believe you are worthy of having'. We ALL have limiting beliefs that are self-deprecating. Those negative beliefs about yourself run on autopilot, without you even being aware of how they are sabotaging your New Year's Resolutions.

In this 6 week course, you will release all that is holding you back from achieving your goals. It is totally **transformational**.

You get to interact with other women who have similar sabotaging beliefs, and you will see that you are not alone. You will be motivated, inspired and empowered during the sessions to **apply proven, scientific skills** to up-skill your mindset and strategise how to **effectively set and achieve** your goals for 2022.

This course is **ONLY** for women who are **fully committed** and invested in improving your life. Personal development is the **BEST investment** you can make. This course will also give you a **toolkit** to empower you, for the rest of your life!

The success of this course lies in proven **Neuro-Science principles and strategies** we use to teach you how to train your brain on how to use quantum energy to effectively upgrade your life.

If you are **COMMITTED** to improving your life and not merely 'interested', then please join the **FREE** online session on **Wednesday at 7pm, the 12th January** to find out more.

After the introductory session we will commence(in-person) with the 6- week course at the Dainfern Golf Estate, every Saturday morning starting on the 15th January until the 19th February 2022, from 10h00-11h30.

Contact Pamela for a **FREE ONLINE TRIAL SESSION:**

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### WHY NEW YEAR'S RESOLUTIONS DON'T WORK

Your intentional vibration and your thoughts define your life.  
Learn to set goals in the subconscious mind to manifest whatever you desire to experience in 2022!

Join our 6 week (in-person) Transformation Life Coaching Program on **SETTING GOALS EFFECTIVELY**

Date: Saturday 15th January | Time: 10h00-11h30  
Venue: Dainfern Golf Estate Clubhouse

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# Gardening Tips

## To keep your garden looking at its best

Usually by December, your garden will be in full glorious bloom. Here are some tips to help keep your garden looking at its best.

### Garden moist:

With the heat that generally accompanies December, the most important task is to ensure that your garden is getting enough moisture. If Mother Nature is not supplying you with enough water (rain), you're going to have to do it yourself. Water your plants in the garden with a sprinkler for about 40 minutes every 3-4 days. Do not water every day. The roots need to be in moist soil, but the bulbs above them want to dry out slightly between watering. As soil in pots dries out quicker, water bulbs in pots every two days.

### Protection:

When it comes to protecting your garden, contour compost is the gardener's first line of defense. Contour compost keeps the soil cool, combats evaporation and protects tender new roots, promoting healthier plants. Contour Compost: if you are using this product has bark chips which reduces reflected light which reduces ambient temperature, which reduces the moisture lost through transpiration, which reduces watering etc. this also helps control weeds because it cuts out light to the soil's surface, inhibiting seeds germination.

Pinch out dead flowers from annuals and fertilize with an organic 3:1:5 or a liquid fertilizer. Fill gaps in beds and hanging baskets with annuals and water very well. Annuals in colour bags are the perfect way to quickly spruce up your beds in time for Christmas entertainment. In shady areas and on patios add a dash of colour with Impatiens, New Guinea Impatiens, Coleus, Begonias and Hypoestes. The choice for sunny areas is more varied – choose your

favourite from Dianthus, Lobelias, Petunias, Salvias, Celosias, Marigolds, Gazanias, Zinnias, Alyssum and many more.

### Holiday getaway checklist

Going away this month. Here are some strategies for helping your garden survive the holidays:

- Move plants in pots and hanging baskets out of direct sun.
- Mow your lawn and water it well. Postpone feeding your lawn until you return.
- Mulch flowerbeds.
- Pack all gardening tools and outdoor furniture in a safe location.



Turfnet, School Road, Plot 17,  
Diepsloot, Johannesburg

To purchase natural gardening products or for more info on how to be eco-friendly give us a call: 073 935 9754 / 011 469 5051/4

## NATURE NEWS

By Wim Spronk  
[wimspronk85@gmail.com](mailto:wimspronk85@gmail.com)

# Snakes of the Pilansberg

Some years ago I made a video of the Pilanesberg Game Reserve which took just more than a year to make. It dealt with its early history, volcanic eruptions, animals, insects, birds and snakes.

**VIDEO LINK:**  
[Snakes of the Pilansberg](#)

## Two Black Mambas

I had made friends with "The friends of Pilanesberg" who allowed me to use their camp site. I would wait until they had all left and then searched the camp site for snakes. Most of the snakes seen here were filmed there. I would catch the snakes and film them in a suitable area. Most of them were harmless.

My son phoned me one morning and asked where I was. He was at a conference at Sun City and had taken a drive through Pilanesberg the day before. I told him that I was camping at Manyane and he said "Take the main road toward Mankwe dam and turn right at the first opportunity. Drive for a while until you see a Shepherd's tree on your left. About ten meters to the right is a small shrub. Look very carefully and you'll see a Black Mamba inside that shrub."

I thought: "Sure the fastest snake in Africa is there waiting for me!" I went, located the shrub and looked very carefully through binoculars. I saw no sign of any snake, but there were some more shrubs further on and true enough I saw the mamba's head

in one of those. I put my camera on a tripod, opened the car door and slowly walked towards the snake. I thought that it would probably leave the shrub and move away. Perhaps I could put my camera down and film it. But the mamba was too fast for me. When I looked again it was moving away at tremendous speed. It's head was about a meter above the ground so it was quite a large specimen. I went back to the car and sat there for some time. Disappointed for not being able to film the snake but grateful for having seen such a beautiful sight.

I drove on and later that day I came across one of those small river crossings where I stopped for a while. Suddenly I could not believe my eyes!!!!!! There crawling along some rocks on the side a black mamba was making its way past the little stream. It was not as big as the one I saw before, but I had never seen any mambas at Pilansberg before and now I saw 2 in one day!!! I got quite a nice shot.

## A Python

Much later I made a terrible mistake. I wanted to get a shot of a Python but all my

continue on page 48

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NATURE NEWS

continued from page 46

efforts to locate one came to nothing. Then a very good friend of mine and member of our Video Club said that he had a shot that he would give me. He said a friend of his had this python and they had taken it into the bush and filmed it. I got the footage from him and put it into my video. At a later date I put this video on to my You

Tube Channel and got a remark: "Your African Python is a Burmese Python!" Was my face Red!!!! I had sold several copies of my video and now I found that it contained false information and it was too late to do anything now! I should have been aware of the different markings that showed this was not an African Python.



Boomslang

Snakes, lizards and other reptiles can not see their prey unless it moves. The Boomslang and the Bird Snake are exceptions. The Boomslang with its large eye and round pupils and the Bird Snake also known as Twig Snake or Vine Snake. This remarkable snake has keyhole shaped pupils giving it stereoscopic vision and so it can identify its prey even when it is immobile.

The Boomslang is normally quite docile and will only bite if provoked. Most bites occur when people handle them in captivity. The Bird Snake's poison has the same effect as the Boomslang. The first time I saw this



Boomslang

snake was in Wankie Game Reserve. There was a chicken wire fence outside my tent and it looked as if a branch from a tree was entwined in its holes. Something made me have a closer look and it was a Bird Snake. It allowed me to handle it gently and place it in a safe place. Its camouflage is unbelievable!!!

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## BIRD OF THE MONTH

by André Marx

# Cape Weaver

*Ploceus capensis*

In spring weavers come into focus once again when the males attain their breeding plumage and start building their hanging nests. Many a keen gardener has had branches on a favourite tree stripped of leaves as the male clears the way to make his nest more visible to attract a female. The weaver bird that is most often encountered in our estate is the Southern Masked Weaver. But a second less often seen bird that generally does not breed in gardens is the Cape Weaver, and this bird is also present on the estate in small numbers.

A large weaver, the Cape Weaver adult male in breeding plumage is bright yellow with varying amounts of orange-brown on the face, a black bill, and a pale eye. The female is olive, with a yellow throat and belly, brown eye, and pale horn bill. The male is in non-breeding plumage for a relatively short time when it resembles the female but is yellower below, and retains the pale eye.

This species generally inhabits open country with some trees and permanent water. In our estate it is confined to quieter reedbeds with adjacent trees. Birds often occur in flocks, and can form large roosts throughout the year, which may be shared with other weavers and associated species. An omnivorous species, its diet is pretty much equally split between arthropods and plant matter, especially seeds, fruit and nectar. It forages on the ground and in tree foliage, gleaning food from crevices in bark and hawking insects aerially.

A polygynous, territorial colonial nester, males may have up to 7 females in one breeding season, usually living together in colonies of about 2-20 males. Each builds multiple nests within a small territory, which



Above: Male / Top: Female

it vigorously defends against intruders. The nest is built solely by the male in about 7 days, consisting of a kidney-shaped, fully waterproof structure made of woven broad strips of grass or reeds. If the female accepts it the male builds a vertical entrance tunnel at the base, while she lines the interior with fine grass and feathers. It is typically attached to the tip of a tree branch, especially of a Eucalyptus or willow tree (as in our estate), or alternatively in a bank of Phragmites reeds or Typha capensis bulrushes.

The egg-laying season is from October-January in the summer rainfall areas, with 2-5 turquoise blue eggs, which are incubated solely by the female for about 13-14 days. The chicks are initially fed mainly by the female, but later the male takes a greater role in providing food; the young leave the nest at about 17 days old.

The Cape Weaver is a cheerful, colourful weaver that is worth looking for in the estate, as it differs from the more regular Southern Masked Weaver in summer plumage as it lacks the black mask. Look for the pale eye and characteristic orange mask that the male bird exhibits. It is a bird that adds to the great diversity of bird species that can be seen in and around the estate.



# Poinsettias for Christmas

Poinsettia plants are native to Central America, especially an area of southern Mexico known as 'Taxco del Alarcon' where they flower during the winter. The ancient Aztecs called them 'cuetlaxochitl'. The Aztecs had many uses for them including using the flowers (actually special types of leaves known as bracts rather than being flowers) to make a purple dye for clothes and cosmetics and the milky white sap was made into a medicine to treat fevers. (Today we call the sap latex!) The poinsettia was made widely known because of a man called Joel Roberts Poinsett (that's why we call them Poinsettia!). He was the first Ambassador from the USA to Mexico in 1825. Poinsett had some greenhouses on his plantations in South Carolina, and while visiting the Taxco area in 1828, he became very interested in the plants. He immediately sent some of the plants back to South Carolina, where he began growing the plants and sending them to friends and botanical gardens. One of the friends he sent plants to was John Bartram of Philadelphia. At the first Philadelphia flower show, Robert Buist, a plants-man from Pennsylvania saw the flower and he was probably the first person to have sold the poinsettias under their botanical, or latin name, name 'Euphorbia pulcherrima' (it means, 'the most beautiful Euphorbia'). They were first sold as cut flowers. It was only in the early 1900s that they were sold as whole plants for landscaping and pot plants. The Ecke family from Southern California were one of, if not, the first to sell them as whole plants and they're still the main producer of the plants in the USA. It is thought that they became known as Poinsettia in the mid 1830s when people found out who had first brought them to America from Mexico.

**There is an old Mexican legend about how Poinsettias and Christmas come together, it goes like this:**

There was once a poor Mexican girl called Pepita who had no present to give the baby Jesus at the Christmas Eve Services. As Pepita walked to the chapel, sadly, her cousin

Pedro tried to cheer her up. 'Pepita', he said "I'm sure that even the smallest gift, given by someone who loves him will make Jesus Happy."

Pepita didn't know what she could give, so she picked a small handful of weeds from the roadside and made them into a small bouquet. She felt embarrassed because she could only give this small present to Jesus. As she walked through the chapel to the altar, she remembered what Pedro had said. She began to feel better, knelt down and put the bouquet at the bottom of the nativity scene. Suddenly, the bouquet of weeds burst into bright red flowers, and everyone who saw them were sure they had seen a miracle. From that day on, the bright red flowers were known as the 'Flores de Noche Buena', or 'Flowers of the Holy Night'.

The shape of the poinsettia flower and leaves are sometimes thought as a symbol of the Star of Bethlehem which led the Wise Men to Jesus. The red coloured leaves symbolize the blood of Christ. The white leaves represent his purity.

The Poinsettia is also the national emblem of Madagascar.

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## Employment

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### DOMESTIC WORKER / HOUSE KEEPER

Due to relocation, our Housekeeper PRAYER NGWENYA is looking for work in the estate. She is available as a live-out housekeeper for 2-5 days if required. We highly recommend Prayer as a domestic helper. She has been with our family for the last 5 years, that we were living in Dainfern Golf Estate and worked for several international families with children as well in the Estate. She is a kind, reliable, hard working person, which communicates excellently. Honest, trustworthy and disciplined. Especially her ironing is a sterling job. Prayer loves children and dogs. She is from Zimbabwe, fully vaccinated and has a working permit. If you wish to meet or get in contact with Prayer in

person, need additional references or have any other questions, don't hesitate to call or text me (Fabienne) at +27767847085. We would be very happy if she can keep on working in the estate, when we are leaving.

We are leaving the country and our helper, **MICHELLE ADMITTANCE NLEYE**, is looking for work on Mondays, Thursdays and Saturdays and available from 01 Oct 2021. She is a Zimbabwean with a work permit and has worked for us since 2019, however she has been working with families in this estate since 2007. Michelle is very good in keeping everything clean and organised despite the kids actively disorganising stuff, very patient and experienced with kids. She is punctual and focuses on her business in the house and can be contacted directly on +27 63 522 5869. Am happy to be contacted on 078 404 9281 for reference.

My part time domestic helper **MARY** is looking for extra work. I can highly recommend Mary who is honest and extremely reliable. Call Jill 082 652 3433 or Mary on 076 779 6962

**HOUSEKEEPING AND CHILDCARE:** Ellen Ncube (South African) has been employed with our family for over nine years. She is looking for employment in the Dainfern Golf Estate on Tuesdays and Fridays. Please call Ellen at 062 656 4858 or contact me at 076-293 4242 for a reference.

**LYDIA MUFUDZE** (ID - DN150686) is looking for a full-time housekeeper / live in position in Dainfern Estate. She has excellent letters of references from both employers who have unfortunately relocated to the US.

Lydia's husband works for me and they are a lovely honest people who go out of the way for everyone and everything. Lydia can do all matters of housekeeping as well as being a great cook. To see her references or chat to me you can call Yvonne on 083 274 3584. Or you can call Lydia directly - 073 890 4734

We are leaving the country and our helper, **MICHELLE ADMITTANCE NLEYE**, is looking for work on Mondays, Thursdays and Saturdays starting 01 Oct 2021. She is a Zimbabwean with a work permit and has worked for us since 2019, however she has been working with families in this estate since 2007. Michelle is very good in keeping everything clean and organised despite the kids actively disorganising stuff, very patient and experienced with kids. She is punctual and focuses on her business in the house. Am happy to be contacted on 078 404 9281 or [aal Hassan01@gmail.com](mailto:aal Hassan01@gmail.com) for reference.

**RITA** is looking for a full time position in Dainfern. She has worked for me and some of my friends and she is a very good cleaner and also takes care of laundry. She is Mozambican and has legal papers. For references please call me on 082 931 3643.

**Doreen**, my exceptional and unique household assistant is available on Thursdays, Fridays and Saturdays. She has worked for me over 12 years, is meticulous, hardworking and totally trustworthy. She is available as my wife passed away late last year. Doreen, together with myself, were my wife's primary caregivers. She will continue to work in my home Monday – Wednesday. Originally from Zimbabwe, 49 years of age, has a valid work permit, fluent in spoken and written English and is great with

children. References are available. Please contact her on 062 317 7541.

Wonderful **RACHEL** is looking for a full or part-time helper position in Dainfern (previous employers relocated). Honest, reliable, smart, fantastic ironer! Live-in or live-out. Ph. Bradley 072-529-4278 for full reference

**SYLVIA** is a very reliable lovely woman, who worked for us for 3 years in the Estate. Before that she also worked 6 years for other families on the Estate and in the Valley. She can work 5 days a week, if necessary as a live-in during the week. For further information you can call: Harriet Plaisier: 082-265 0563 or Sylvia: 078-041 3936

**MAUREEN SIBANDA** is looking for employment on Tuesdays and Thursdays, due to one of her employers relocating to the States. Maureen has worked for me for around 20 years and is solid in character, work ethic and integrity. Over the years, she has assisted her employers with normal domestic duties, including child care, care of aging parents, cooking, animal care and even house sitting. Maureen can be contacted on 072-553 2052. For reference purposes, please contact Joyce Osborne on 084-9004477

Our housekeeper **LIESBETH** is looking for evening or Saturday work. Call her on 076 086 8507 or Sue Johnston on 082 712 8511

**MEMORY** is looking for full time employment –live in or out. She worked in the estate for three years but the family have been transferred. Can supply reference. Call her on 062 298 6129 or Sue Johnston on 082 712 8511

**BESLINE** - We highly recommend Besline who has been with us for nearly four years. She is such a phenomenal worker and is amazing with our kids. She would be an asset to any family. Beslina Ncube 670620 0249 080. Tel: 076 419 6498

**MERIAM** has worked in Dainfern for 18 years. She is loyal, honest and an excellent domestic worker. She is totally capable of undertaking all household chores, and is an excellent ironer. I shall be sorry to lose Meriam due to our relocation. She is looking for work in Dainfern for Monday to Friday. Contact Jill on 072 229 9111 for references.

**LINDA** – Linda is looking for a full time work or part time work. She is a wonderful worker and has a certificate to look after children. She also loves animals. Her English is good and is a lovely person. Please contact Linda direct: 073 347 1719

**TAPIWA** is currently seeking permanent live in employment. Her previous employees have returned overseas She was employed to look after a baby and 5 year old, also worked in the house. She is a hard worker and of a pleasant disposition. Please contact her directly on 084 081 3385.

**RACHEL MDLULI**, has been employed as our housekeeper for 5 years. We are relocating and she is looking for a full time live-in job. Rachel is Zimbabwean with permanent residence in South Africa. She has a friendly disposition and takes pride in her work. She is hardworking, honest and reliable. She took excellent care of our special needs son and our 2 dogs. We travel often and she coped with all the demands on her own. She is meticulous with ironing and cleaning and she

is an excellent cook. Rachel comes highly recommended. Please call Rachel on 073 527 2282 or Elize 082 554 6991 for a reference.

Domestic helper available for immediate start. **PRISCILLA MPOFU** worked for us for 4 years and unfortunately her new employer was unable to move to Johannesburg due to the pandemic. Priscilla is very hardworking, kind and gentle. She is a fantastic cook and is wonderful with children. She completes her work to an extremely high standard and I have no hesitation in recommending her as a domestic helper. Please contact Priscilla on +27 604470594. If you have any additional questions for her previous employer please email Lindsey at [ljwills@gmail.com](mailto:ljwills@gmail.com).

**FLORENCE** - highly recommended domestic worker, housekeeper and nanny. 100% honest & trustworthy, bright, hardworking, reliable, punctual and communicate excellently. She is warm, loving and kind. Please contact Leanne Roux on 082 641 5964 or John on 072 587 2786

**RACHAEL** is looking for full time or part time work- live in /live out. She has been working in Dainfern for many years. Sadly her full time employer has moved to Cape Town. Rachael is excellent at carrying out her duties and is wonderful with dogs too. For reference you can contact: Bradley 072 529 4278 or Rachael 079 995 5101

**CHIPO NYONI**. Cell no. 062 968 0923. Our part time household assistant, Chipo, is looking for employment on any day of the week due to us leaving Johannesburg at the end of the month. Chipo has worked for us for 6 years and is incredibly hard working, honest, reliable and proactive.

**EMILY** our house help of 15 years has three days per week free. She is outstanding with cooking, cleaning and ironing. She is quiet and trustworthy of nature. ID no-6102160424089. Audrey Elskie. 084 975 7902

**LIVE IN OR OUT HELPER. CONTACTABLE REFERENCES.** Excellent and highly recommend. Kind, honest, hard working - always happy. Good with kids and animals. B Gangqu - 081 039 1523 / 074 179 5558

**DORIS** is looking for a fulltime or parttime housekeeper position (live out). She has been working on the estate for the last 15 years for four different international families with small children. Doris is really amazing, she loves children and her cleaning and ironing is a sterling job. Doris is very reliable, committed and hardworking. She always takes care of our 2 dogs while we are travelling. Please contact Doris on 083-586 1357 or contact me, Chantal Jansen (also for references) 076 076 3114

**QUEEN** is looking for a full time live in position. Queen is a very pleasant, intelligent, hard working lady that goes the extra mile! She's reliable and completely honest and trustworthy. She's mild mannered, quiet with a good sense of humour. She'll be an asset to any employer. Please contact Queen on +27 (79) 265-6463. Or myself, Jacqui 083 324 8424

**B GANGQU LIVE IN OR OUT HELPER - CONTACTABLE REFERENCES**, Excellent and highly recommend. Kind, honest, hard working - always happy. Good with kids and animals. 081 039 1523 / 074 179 5558

**LYDIA, OUR HOUSEKEEPER**, is looking for additional days to work. She is respectful, trustworthy, hardworking, and organized. Her communication and written skills in English are good. Lydia is an adequate domestic worker, enjoys

iron, and is open to cook and follow recipes!! Lydia is 40 years old. She is from Zimbabwe and has been working in South Africa for over 14 years, most of the time, for ex-pats family. She has a valid work permit. If you are interested in employing Lydia, please message or call her directly at 073 8904734

**STACEY:** Domestic worker -Malawian with work permit I am looking for a job as a domestic worker, full-time or part-time. Very keen and competent. I can clean, wash clothes, iron, cook and bake. I love families and animals and have 10 years experience, with references. I am trustworthy and can work without supervision. Ref: Lonehill: Martin 083 6540210 -Dainfern: Alex 072 9067386. My contact details: 073 209 7524 /078 425 2904.

**TINY (SINKIWE SIBANDA),** is looking for 2 days domestic work per week in Dainfern. Tiny is a happy, hardworking, reliable Zimbabwean lady who lives in Dainfern and has an ID and work permit. Please give her a call on 082 723 2608 or myself Linda for references 083 391 001.

**PRAYER** our helper is looking for three days (Tue/Wed/Fri) domestic work, starting 1 August. Prayer is friendly, good with kids, hardworking and reliable. Please call Prayer (+27 84 0891380) or Jeanine (+27 794 47 5902).

**NOLITHA VERONICA MZIMKHULU** - I.D 8311280577084 Has worked for us the past 6 years, she is loyal, honest and punctual. Currently her mother works for us as well and has done so for 25 years. Since all my children have moved away, we no longer are in need of 2 maids, so Nolitha is looking for work. Nolitha: 073 148 4522/ For reference please contact me on 083 432 6812/Enerst at 072 110 0000

**SARU** has worked with us for well over 5 years whilst continuing with her full time job with the Banerjee family. She would regularly assist us with domestic support for entertaining or when our staff were on leave. Saru is not only hard working and reliable, she also uses her initiative and common sense to address problems as they arise in a practical and efficient way. She is currently available and is seeking full time or part time work preferable live in. She is an absolute pleasure to have as an employee. Please call Daniel 079 696 6688 for further information or Saru directly on 063 545 7827.

## **GARDENER / DRIVER / HANDYMAN / DOG WALKER**

I am a mature, reliable housekeeper and dog minder living within Dainfern Golf Estate. Available during December to look after your dogs and other pets. Please call or WhatsApp 072 656 0470.

SAI Chirwa is Malawian is a kind and gentle soul- looking for a job as a driver and housekeeper- Available 1 January 2022. Been working in Dainfern for the past 4 years- living out position. Please Call Sai on 084 753 9889. For reference call Gary 083 654 0196

Mavuto Gama is looking for work as a driver or houseman. Due to divorce/relocation, Mavuto has found himself without a job. Mavuto was instrumental in running our household during the many times we were away. He is great with pets and is a very good driver. Mavuto has an amazing work ethic, is conscientious and always on time. He is extremely trustworthy. He always took

the initiative on what was needed doing around the house and garden. I cannot sing his praises enough. Mavuto can be contacted on: 064 182 1745. Please feel free to contact me – Nadia, on 083 717 8407 for a reference.

Godfrey, a Zimbabwean who has worked for me for 15 years needs work Tuesdays, Thursdays, Saturdays or Sundays. He comes highly recommended and if you want to view his paintwork, please call me. Swimming pool maintenance, carpentry, building, etc. Extra references if required. Call Isabel 082 331 5845

Due to relocation YOTAM JERE is looking for housing and additional work. Yotam is living with us in the maids house. He works as a gardener in our and surrounding estates. He demonstrated great integrity, dedication and discipline when taking care of our dog and house when we were away or travelling. He washes our cars and is taking care of small tasks around the house and garden, like an occasional handyman. We are impressed by his positive attitude. In our opinion, he will be an asset to any household. He is very discrete. Yotam is from Malawi and fully vaccinated. If you wish to meet or get in contact with Yotam in person, need additional references or have any other questions, don't hesitate to call or text me (Fabienne) at +27767847085. We would be very happy if he can keep on living and working in the estate, when we are leaving.

**LEMOS** my gardener is looking for extra work on his free days. Lemos works hard and is extremely reliable. Call Jill 082 652 3433 or Lemos on 078 204 9031

**JOHN NGWENA** excellent gardener looking for work on Mon's, Wed's and Thurs's. His cell number is 061 078 1779.

**TOM** is excellent at garden maintenance. He is reliable and polite. Please give him a call if you need any garden services.

Contactable ref call at 072 386 7727. Name of Employee: Tom Chirwa. ID Number: MA 351057

**JUSTICE** - I recommend Justice who is a very reliable gardener, has a good attitude, works hard, responds well to your instructions, comes on time and delivers. He can be reached at 084 360 0857.

**SAMUEL** has been a great employee who demonstrated great integrity, dedication & discipline as a driver. Swimming pool maintenance/ gardener skills & experience are is an added advantage. Contact tel: +27 64 097 6727 – Michael for ref.

For any gardening work, please contact **PETER JOHN** (Malawian) on 078 965 7811. I'm very punctual, efficient & polite & have worked in Dainfern for 10 years. References available.

Our gardener, **PAULOS**, is available to provide gardening services on a Monday. He has worked for us for over 7 years & is a competent & friendly gardener. He maintains our garden, veggie patch, pool & often assists with general maintenance/handyman jobs around the house. Please contact Paulo's directly on 062 400 2513 if you are interested, or myself Emma for a reference 079 398 0484.

**GOODMAN** - has worked for me for seven years and is looking for extra working days in the estate. He is a self-starter, honest & reliable. His skills include gardening & the occasional handyman job in the home. His gardening knowledge is excellent. Contact Goodman - 078 781 2733 Ref 079 058 4060

**SIFISO NDLUVU** is looking for gardening/handyman work on Wed, Thu or Sat. Highly recommended. Contact on 078 291 3299

**JOHN**, my part time gardener is looking for extra work on the Estate. "JOHN is a very hardworking and reliable

gardener. He works for me on Wednesdays and is looking for extra work in his free days. He is also a carpenter. Tel: +27 73 025 0030. REF: Patience Dhlwayo 082 884 0074

**JOHN NGWENYA** is seeking gardening work. His SA ID no. 730323 65 74 084. He is looking for jobs on Monday's and Wednesday's. His cell number is 061 078 1779.

I hereby confirm that **ALFRED MHODI** has been my driver for eight years. I am consistently impressed with Alfred's attitude and productivity during the time, he has worked for me. I recommend Alfred without reservations. Contact Alfred on 073 647 3801 or Jessica on 073 523 5010 for reference.

**JOSEPH** - Malawian with South African permit- I am an experienced gardener with many years of service specifically in the Dainfern Golf Estate and I am seeking daily employment. I am capable, honest, dedicated, loyal and hard-working and can work unsupervised. I am trained and competent to provide all the basic tasks needed to keep a garden well-maintained and have good working knowledge of all mechanical garden equipment and irrigation -062 479 2395

**WILLY MAMABOLO** our gardener /handyman has worked for us for 17 years. We are relocating to Capetown so Willy is need of employment. He is trustworthy, honest and works diligently. Willy has completed a woodwork and plumbing course and also has a driving licence. He would be an asset to anyone. Ref: Angela Beevers 082 584 0453.

**MOFFAT DUBE** , Zimbabwean FN598675 – Gardening Certificate from Sue Bot, Broadacres. Honest hard-worker. Also does cleaning. 7 years on Dainfern. Cycles from Diepsloot. Needs four more days to support his family. Eurydice Stanton 083 610 0812

## **Food and Snacks**

**GREAT BILTONG** with free delivery. Great snack for the whole family or for lunch boxes. SNAP STICKS - Trad/Chilli/Spare Rib/Chutney; SLICED - TRAD/CHILLI; WHOLE STICKS; DRY WORS. Whats app me for a PRICE LIST 074 179 5558 Vanessa Rout.

## **To Buy / For Sale / Hire**

2nd hand GOLF CLUBS for children (3-5 year olds). Includes a Fearless Kids golf club bag and rain cover with a mix of 7 x Clubs: - 3 x Fearless Kids Irons, 2 x Nike Irons, 1 x Nike Putter, 1 x Nike 3 wood/driver. Good condition and a great present for a budding little golfer. Brand new set sells for R2300. Asking R950. Please call Diane on 072 587 0207.

**JEWELLERY** - I specialize in designs, repairs, evaluations, trading in old gold and anything else regarding jewellery- because I work on a consultancy basis , we can meet via zoom or in person .Come with over 30 year's experience. Contact Rien 084 234 4433 or email - riendestombe@gmail.com

**SYAM GAS HEATER** - 3 years old comes with 2 large gas tanks. Still in the wall so we can do a demo for you. Hardly used. Price - R15'000.00. Original invoice - R28438.00 (July 2018). Please call yvonne - 083 274 3584

**LOOKING TO BUY.** Are you relocating, downsizing or just cleaning up your cupboards? Leeray collectables will pay cash for your used clothes for the whole family, shoes, bedding, towels, toys, suitcases, backpacks,

kitchenware, handbags, baby accessories, etc. Contact 072 656 0470 or silindenid@gmail.com

## **Medical**

**DAINFERN PHYSIOTHERAPY** (in Sherwood Village). Bring your back, neck, headaches, knees, hips, shoulders, hands, ankles etc and all sport injuries. Contact Jacqui on 083 324 8424.

## **Golf Carts**

We buy golf carts in any condition. Instant cash. Dainfern resident – Jordan 072 348 2612

## **Pet Care - Nutrition**

**UME HOLISTIC DOG FOOD**, full of nutrition and delicious! Easy meal form, just add warm water and you will have dogs begging for more- for young and old! Contact Vicki on 072 025 0931

**IS YOUR AILING PET STRUGGLING** with joint pain, epilepsy, cancer or stressed and anxious? Our natural pet Cannaco CBD oil or biscuits has been proven to relieve these symptoms! Vicki 072 025 0931

## **Tuition**

**COLLEGE PATHWAYS & CONSULTATIONS:** I have over 20 years of experience supporting students on worldwide university selections, applications, and essential qualifications. What is your best-fit college? How can you make a four-year plan leading to your dream school? Oxbridge, Ivy-League, Russell Group, Common Application, NCAA Athletes, Netherlands, Scholarships, and Financial Aide need some guidance? Contact Ms. Johnson at 076 293 4242. I am located in Dainfern Golf Estate.

**FIRST AID** Certifications and Credentials: Improve your resume and college applications with certifications in First Aid, CPR, Life-Guard Training, PADI, and GUE Diving Courses. Contact Dino at 079 548 2838

**PRIVATE TUITION:** Qualified, Experienced, Teacher offering lessons online/one on one. All Grades, All Subjects. Specializing in English. Homework Assistance/Supervision. Study Skills. Test/Exam Preparation. Home Schooling. Morning/Afternoon Sessions. Call Chantelle: 082 967 0270

**LET'S BUILD YOUR FUTURE TOGETHER! QUALIFIED FOUNDATION PHASE TEACHER**, offering one-on-one private tuition for all subjects. Specialising in Grade R & 1. Fun Arts & Crafts; Fine & Gross Motor Stimulation Available. Contact Nicole: 079 261 4292

**PRIVATE MATH & ENGLISH TUTOR** available for lessons online or in person, grades 1-10. Also supervise grades 1-4 during online schooling. R300/hour private lessons, R800/ morning online school supervision. Dominique 079 233 1545

Contact Colleen  
at [cobbie@global.co.za](mailto:cobbie@global.co.za)

# Service Providers: The Listings

AIRCONDITIONERS			
AA CURRIES HOME AIR-CONDITIONING	Richard Kim	011 394 9696 / F: 011 975 9686 sales@curries.co.za / www.curries.co.za	Comfort Control for your home. Agents for LG, Panasonic, Samsung & Kelon. Sales, services & maintenance to all brands. Qualified technicians EST. 1976.
ATTORNEYS / CONVEYANCERS / NOTARY			
CHRISNA RICHE Attorney, Conveyancer and Notary	Chrisna Riche	011 465 3809/ 083 5300 465 chrisna@richeattorneys.co.za	Specialising in Conveyancing and Property Law. www.richeattorneys.co.za
BEAUTY / BODY / HAIR / NAILS			
BODIOLOGY	Adrienne	082 572 5857	International Skin Technology - Skin rejuvenation, sun damage, wrinkles. Please phone for an appointment.
MOBILE BEAUTY TREATMENTS	Denise	082 561 7269	We bring the spa to you! For special occasions, Birthdays, Bridal and Baby Showers, Pamper and Kids Parties. *Note: Strict COVID 19 protocols applied.
BUILDING CONTRACTORS / HOME MAINTENANCE / PAINTERS / ARCHITECTS			
ADAM PAINTERS AND RENOVATIONS	Adam	071 073 3575	We do painting, tiling, and house renovations. References available in Dainfern. Your future is our concern.
AUSTIN RENOVATION PAINTING, TILING & MAINTENANCE	Austin	078 244 8531	Experienced handyman: Building, plumbing, renovations, painting, tiling & maintenance. Good workmanship and reliable. Ref available Dainfern Area & Fourways. We also offer Tree cutting.
BRILLIANT PAINTER	Jerry	072 313 6778	Outstanding work: brick work, electrical with coc, tiling, paving, plastering, rhinolite, damp proofing, ceiling repairs and renovation. Ref. Cathy 011 469 0265.
CARE CONSTRUCTION AND PAVING	Ian	083 250 3736 Office 011 469 4300 ian@careconstruction.co.za	We specialise in new houses, additions & alterations, paving, painting & all your building requirements, no matter how big or small. Over 30 years experience. www.careconstruction.co.za
CARPENTRY SPECIALIST	Claude	083 378 0896	Folding door, sliding door patio enclosures, new door and window installations, timber restorations and associated home maintenance. All work supervised.
DAMPSTAR	Andrew Kennedy	011 027 2591 info@dampstar.co.za	Damp-proofing, Waterproofing and Painting Specialists. Over 25 years experience. All work guaranteed. Free inspection and quotation.
FE TURNKEY SOLUTIONS	Mole Fe	083 263 1193	For development, construction and maintenance. CIDB, NHBC, Master Builders and B-BBEE level 1 accredited.
GREATFUL HANDYMAN	Walter	061 215 8134 www.greatfulhandyman.co.za	Building, alterations, handyman, painting. Check us on our website.
HANDYMAN	Steve	076 823 6847	British tradesman for all the jobs you hate!! Building, Total house Renovations, Wooden Flooring, Painting, Cupboards, Damp Proofing, Tiling, Plumbing, Roofing, Ceilings, Kitchen & Bathroom renovations & electrical work, plastering, paving & alterations. No job too small. Offers a friendly & reliable service.
HANDYMAN	Fernando Cardenas	083 263 8769	Bathroom specialist. All repairs. Renovations, building and bathroom specialist. Reference available.
HOME MAINTENANCE	Greg Woolcott	084 314 1158	Painting, damp-proofing, plumbing, cleaning, sanitising, wall papering, property maintenance and more. We have a reliable crew and project manager to over see.
HOME PROJECTS	Sidney	084 843 8258	Are you moving out of your existing home and need those odd jobs completed or moving into a new home? We specialise in all handyman jobs, painting and tiling. No job too small. We also collect rubble and garden refuse and any clutter accumulated over the years.

HAPPY CARPENTRY AND WOODWORKS SERVICES		084 971 3843	Kitchen unit built in cupboards- BIC wardrobes and shelves- hanging doors- decking and laminated wood floors- ceilings - dry walling and cornices- tiling and painting. Repairs and maintenance. Free quotation any time- good workmanship.
INVESTMENT HOMES	Robert Sova	082 828 2834	Construction and project management. New homes, alterations and renovations.
L.M. PROJECTS	Lungi	078 559 0970 074 654 3555	Painting, plastering, alterations, ceilings/partitions, cornice, tiling, electrician and waterproofing.
MAJOR GLASS & ALUMINIUM		011 769 8603 mga@worldonline.co.za	New or existing work: windows, steel replacements, doors, hinge-folding doors, showers, frameless showers and much more.
NCS PROJECTS	Nicholas Shaw Christopher Shaw	082 888 1518 nic@ncsprojects.co.za 062 934 4366 chris@ncsprojects.co.za	Project Management of new home. Renovations and alterations.
N HARRIS PTY (LTD) WATERPROOFING CONTRACTORS	Ron Gunnett	082 562 1566 F: 011 705 3055 nharrispty@gmail.com	Waterproofing of all roofs, rising damp on boundary, internal and external walls, exterior wall coatings. We also attend to blocked sewers, plumbing, geyser problems, renovation of pools with epoxy coatings (any colour). Established 1994.
POWER 4 LESS		+27 1000 17 700 082 447 7720 info@pwr4less.com	Tired of load-shedding and power outages affecting every aspect of your daily life? Switch to Power 4 Less.
PHG BUILDERS	Simon	082 352 1347	New buildings, renovations, waterproofing, ceilings, any building related projects. No job too small (NHBC) registered Dainfern references.
PUNGWE CONSTRUCTION	Tony Memory	066 014 9122 064 879 3630	NHBC Accredited Contractor available for your new home construction, home renovations-ceilings, partitions and insulation, tiling, painting and wall coatings, floors and flooring- cementitious and granolithic screeds, epoxy and polyurethane flooring, painting and sealing.
QG CONSTRUCTION	Givemore	071 349 7486 qgconstruction34@gmail.com	Building and Renovations, Welding, Painting, Roofing, Waterproofing, Tiling, Tree Felling, Rubble Removal, Plumbing and more.
RAINBOW WATERPROOFING & ROOF REPAIRS (PTY) LTD	Allen van Deventer	011 057 7007 084 449 9722 / 083 245 5095 rainbowwaterproofing63@gmail.com	All work guaranteed / Free quotations. Waterproofing, roof repairs, skylights, gutters, ceilings and roof painting.
RK MAINTENANCE SERVICES	Vicky Elaine	082 898 7086 078 364 7843	building : office and home maintenance, renovations of bathrooms, handyman services and more.
RYDER HOMES		011 476 1974 info@ryderhomes.co.za	Architectural designers and building contractors. Over 30 years experience in designing, building alterations and additions to both residential & commercial properties.
SIMANGE PAINTERS & RENOVATORS	Freddy Andrew	074 077 4330 nyathifreddy@gmail.com 074 357 7834	Specialising in building, maintenance, alterations, additions, waterproofing, damp proofing, ceilings, dry walling and house plans.
TALL OAK TIMBER WORX	Michael van Wyk	084 905 4444 michael@totw.co.za	All woodwork, decking, doors, roofing, kitchens, painting of homes and contracting paintwork & general maintenance.
CARWASH			
BUBBLES IN THE VALLEY CARWASH - Dainfern		064 514 7798 Facebook: @bubblesinthevalleycarwash Instagram: bubbles_in_the_valley_carwash	Carwash and makeover clinic.
CHURCH			
GLORY TO GLORY MINISTRIES		011 484 4532 083 590 5263	Sunday Church Service, Children ministry, intercession and teaching of the word.
CLEANING / DECLUTTERING / SERVICES / WINDOWS / CARPETS / UPHOLSTERY			
EAGLES PROFESSIONAL CLEANING & MAINTENANCE SERVICE	Dudu	071 621 0479 082 366 5488 dudu@eaglespropertiesolutions.co.za	Visit our website for a full list of our services.

DYNAMIC STEAM CLEANING	Alan	067 228 2053	We specialise in deep steam cleaning and sanitizing of carpets, rugs, lounge suites, mattresses, chairs, curtains, blinds, showers, car interiors and more.
PRESSED IN TIME Jukskei Park		Call or WhatsApp 076 207 9641	We collect your laundry, dry cleaning or shoe repairs.
RED HOT MAIDS	Wadzi	011 465 2874 / 072 823 5272 info@redhotcleaning.co.za www.redhotcleaning.co.za	Professional, Reliable Maid Service. Daily Maid Rental, Spring Cleaning, Post/Pre Occupational Cleaning, Teams, Carpet and Upholstery Cleaning. We go the Extra Mile!
THE REAL DON DRY CLEANERS	Valley Branch Square Branch	011 469 4831 011 469 0245 info@trddainfern.co.za www.therealdon.co.za	We provide superior quality cleaning of all personal & household effects together with tailoring, alterations & mending services. Post/pre occupation house valet & flood water removal also undertaken.
<b>CLOTHING / HANDBAGS / FASHION / SHOES</b>			
FERN BOUTIQUE	Sally du Plessis	083 290 3857 / 011 469 0079 dalsaduplessis@telkomsa.net	Exclusive ladies and teen fashion boutique in Dainfern. Trendy clothing: stunning tops, camisoles, bling belts, handbags and much more. Open Monday to Friday 9 - 3. Saturdays view by appointment.
<b>COMPUTERS / PRINTERS/CELL PHONES &amp; REPAIRS</b>			
QUICK SERVICE INFORMATION TECHNOLOGY	Tamrin	083 600 2533 quickserviceit@icon.co.za	ON-SITE service, sales, support, repairs, upgrades and networking. PC's, Laptops, printers, hardware and software.
<b>ELECTRICIANS / ELECTRICAL REPAIRS / APPLIANCE REPAIR</b>			
AAB-TECH PLUMBING & ELECTRICAL	Andrew	071 774 1883 082 556 5133	Earth leakages, fault finding, faulty plugs & lights- General electrical works done professionally @ competitive prices 24/7.
ALLIE ELECTRICAL	Alan	071 528 6656	24hrs electricians we specialise in all electrical repairs, maintenance & new installations. We also do fault finding & certificate of compliance (COCs). We also do electrical repairs e.g. geysers, stoves, ovens, microwaves etc. We are always a phone call away.
A-Z PLUMBING ELECTRICAL & APPLIANCE REPAIRS	Janusz	082 449 1997 janusz@pixie.co.za	For all your plumbing requirements from burst pipes to faulty toilets. The right price plumbers. All work guaranteed. For all your electrical requirements and appliance repairs-all makes.
B4 ELECTRICAL	Peter	083 452 0635/6 b4electrical@mweb.co.za	B4 electrical - Fully licensed and registered. For all your electrical installations, repairs, maintenance and certificates of compliance. Fast, friendly and reliable. We offer a 24hrs emergency call out service.
ELECTRICIAN	Lazurus	0836244583 0731273921	Certificate of compliance (same day); Faulty finding and tripping problems; Balancing of phases and redoing distribution boards; Rewiring and rewire of houses; Repairs to faulty plugs, switches, lights, geysers, stoves and ovens.
ELECTRICAL-MOKAPANE	Ronald	072 154 9735 063 960 3891 F: 011 235 7777 mokopane@channeldata.co.za	Electrical installations & maintenance, house rewiring, emergency call outs, security Lighting, Fault finding & repairs, power failures, geysers, pool/spa motors, certificates of compliance. Underfloor heating installations & repairs, sales & installations of generators and UPS.
LAZIS ELECTRICAL	Gerald	078 739 6773 / 0731273921 laziselectricalmail@gmail.com	Tripping and fault finding, Electrical compliance repairs, power failure, New installation and electrical maintenance Faulty geysers, stoves and ovens, Repairs to plugs, lights and switches. Installation of inverters and generators.
LOUPEZ ELECTRICAL & ACCESS AUTOMATION	Loupez	076 108 1591 063 770 7919 www.loupezelectrical.co.za	We are a licensed and registered contractor and member of ECA. The ECA guarantees our workmanship with R20 000 for all your electrical and backup power needs 24/7.

ESTATE AGENTS / COMMERCIAL & RENTAL PROPERTIES			
CENTURY 21	André Anne Lalian Sue (Rentals) Tania (Rentals)	083 411 7674 083 600 0566 082 654 6539 079 119 8903 082 550 2222	Century 21 Lifestyle Team. Agents of Change. Your sales and rental professionals, with many years' experience in Dainfern and surrounding estates. www.century21.co.za Office number 011 4601599 Email: fourways@century21.co.za
CENTURY PROPERTY DEVELOPMENT	Nick Garden	066 477 8955 nickg@century.co.za	Riversands Outlet Park. World-class Showroom & Warehouse spaces to let in Fourways.
CHAS EVERITT International Property Group	Brian Falconer Richard Miller Gary Parker	082 651 7890 076 835 5170 082 895 1647 www.chaseveritt.co.za	Sales and rentals in Dainfern, Dainfern Valley, Dainfern Ridge and surrounds, Fourways Gardens, Cedar Lakes, Broadacres and Blair Atholl. Chas Everitt International Property Group has over 100 offices countrywide.
ENGEL & VÖLKERS	Gaby Farndell Alice Chibanda	Sales: 082 451 7876 Rentals: 083 500 5669 011 465 0410 www.engelvoelkers.com	Engel & Völkers specialises in the sale and rental of residential real estate. Whether buying or selling property, Engel & Völkers should be your property agent of choice.
ENGEL & VÖLKERS PLETTENBERG BAY	Alan van den Handel	083 255 3162	Goose Valley Golf Estate Apartments For Sale www.engelvoelkers/en-za/south-africa/plettenberg-bay
EXECUTIVE PROPERTIES	Nicci Humphreys Lara Pretorius Carrie Field	082 492 0111 083 650 9044 082 372 2983 www.executiveproperties.co.za	Executive Properties specialise in Corporate Rentals and offer complete and professional service in the rental and sale of homes in Dainfern and surrounding estates. Contact us to buy, sell, or rent your home. Tel. 011 469 4107
GAYE CAWOOD REALTY	Gaye (Sales) Matt Sue (Rentals) Office	083 601 1593 084 602 7999 082 452 0086 011 469 4070	Our passion drives us to deliver an exceptional and professional service. Please call us if you are selling/renting or buying a home.
HAMILTON'S PROPERTY PORTFOLIO	Brenda Gilbert	083 251 4452 brenda@hamiltons.co.za www.hamiltons.co.za	Brenda of Hamilton's represents Dainfern Golf Estate, Dainfern Valley and Dainfern Ridge, in both sales and rentals, with consummate professionalism and extensive local knowledge.
HYACINTH PROPERTIES	Abel Ntini Helen Ntini Office	082 908 9182 082 920 3640 0114694937	For rentals and sales in Dainfern and surrounds, contact your family run Real Estate Agency for personalised discreet service. We live and work in Dainfern. We are 100% BBBEE compliant.
LIVE REAL ESTATE	Office	011 465 1187	Live your best life. Buying, selling & rental specialists in Dainfern.
MALHERBEX	Willie Malherbe	011 786 9364 willie@maherbex.com	Buying, selling and rental specialist in the Dainfern and Surrounding Areas. Call today for a Free Valuation. 0652 000 000
PAM GOLDING PROPERTIES (DAINFERN)	Sharen Kyle (Rentals)	083 461 3999 082 483 5861	Pam Golding Estate Agents, 170 offices national. www.pamgolding.co.za / Office no. 011 469 4691
RAWSON PROPERTIES	Robbie	082 574 9010 robbie.kreser@rawson.co.za	A privately owned property fund specialising in A-grade commercial properties on main arterials within Johannesburg.
VERED ESTATES	Pamela Diedericks	083 680 6771 www.vered.co.za	JUST WHAT YOU WANT Contact us for a hassle free, no obligation valuation on your home for Sale or Corporate Rental.
<b>FOOD &amp; BEVERAGE / WATER / ONLINE ORDERS</b>			
REAL FOOD 4 SURE		076 640 8836 www.realfood4sure.co.za	Order online - delicious & goodness delivered to your door. Variety of organic & conventional fresh produce, meat etc.
PERFECT WATER		011 465 9024 www.perfectwater.co.za	Broadacres Shopping Centre: Taking care of all your water needs.
<b>GARAGE DOORS / GATES</b>			
ALPHA DOORS	Simmons	081 241 6670	Top quality and cheap garage doors aluminum, wooden, steel and roll up, garage door motors, springs, remote programming, cctv remote viewing. Alarm systems link up to estate security.
DIGITAL SYSTEMS	Joshua	078 180 5416	New installations, repairs and services to gate and garage automation, alarms systems, intercoms, electric fence, remote programming, electrical repairs and pool pumps.

K & R INTERCOM & GATE AUTOMATION	Selvie Nair	082 333 2652 011 791 4717	Service to all types of garage doors and garage motors.
NG SYSTEMS	Russel	084 709 0916	We install and repair: Gate & Garage Door Automation, Garage Doors, Alarms, Intercoms, CCTV and DSTV.
GARDENING / IRRIGATION			
BRAND'S TREE FELLING		0861 708 000 / F: 086 530 6656 brandstf@mweb.co.za	Tree felling, tree maintenance, site cleaning, supplier of wood chips, fully insured. SALI (South African Landscape Institute) Selected Supplier.
DT MAINTENANCE	Zak	072 029 9776	Irrigation repairs (automated and manual systems) , weekly pool maintenance/repairs (pumps, filters etc.)
EASYGRASS™		087 096 0196 jhbshowroom@easygrass.co.za	Pet friendly, child friendly, low maintenance and affordable.
GARDEN BOYZ	Jordan	073 849 0927 Jordanbornex10@gmail.com	For all your garden needs, landscaping, irrigation, lawn cutting, garden cleanups, compost, lawn dressing, garden maintenance, weeding, tree felling, pool services, try us and see a change.
GARDEN DEL PALMAS	Dieter Wiese	011 708 1545 083 628 8990 F: 086 689 3429 gardendelpalmas@mweb.co.za	Your garden service with the personal touch. Your garden looking down? Want to make a change? We provide clean ups, garden maintenance, landscaping, refuse removal, tree felling, palm trimming and professional irrigation systems.
GEORGE LANDSCAPING SERVICES The personnel touch	Tracy Dedlow	083 625 9573 tracyd@thegeorgegroup.co.za	With our expertise and knowledge, we can assist with your maintenance, installation & irrigation. This is specific to your needs to ensure a beautiful garden. We give ongoing advise & recommendations on all essentials.
JEANS GARDEN	Mike	071 169 2886	Weekly garden and pool maintenance, clean ups, tree felling, compost and lawn dressing. Over 17 years experience in the Estate. 5 days a week.
LAWN CARE PLUS	Nicholas Dunn Terry Weston	082 573 3484 072 208 3587 info@lawncareplus.co.za	Lawn Treatments, bad weed and insect control, lawn dressing and compost, scarifying (verti-cutting), instant lawn installed (sun and shade), lawn aeration and complete lawn make-overs. Tool sharpening available. www.lawncareplus.co.za
LEBO'S GARDEN SERVICES	Lebo	074 922 1733 / 072 354 6296 lebogarden@gmail.com	Weekly garden and pool maintenance, irrigation repairs and Daily garden refuse collection.
MAINTENANCE SOLUTIONS ZR	Zak	072 029 9776	Irrigation repairs/installations, Landscaping, Pool services, pumps and treatments. Over 5 years experience.
NATURE'S WAY LANDSCAPING	Sharon	082 415 8786 Naturesway@mweb.co.za	Landscaping Services & Gardener Training, for all gardening requirements. Landscaping/garden design, composting, lawn-dressing, general clean-ups and irrigation. Gardener training is another option to assist with pruning/trimming, planting seedlings, caring for your lawn and general seasonal maintenance.
PFUKA U TIRHA - Wake Up and Work	Sam	071 094 4793	Sam is the man for reliable garden and pool maintenance and clean ups. He excels at all aspects of rose care and pruning. Book now! Reference Gillian – 082 442 7733.
SOFT RAIN IRRIGATION	Isaac	078 658 4371	For all your irrigation requirements - new installations, maintenance and repairs - 12 years experience.
STEPHY'S LAWNFARM		orders@stephyslawnfarm.co.za www.stephyslawnfarm.co.za	Super Lawn Deals. Organic Soils. Compost, topsoil & lawn dressing.
TINYKOTE PROJETS		083 587 7696. elomonthema5@gmail.com	We provide weekly garden service and clean ups, compost and lawn dressing and pool maintenance .
GAS			
GAS FAMILY	Nan	078 050 6600 info@gasfam.co.za / www.gasfam.co.za	Cylinder refilling and deliveries; gas installations & servicing; gas appliances; energy saving solutions.
HAIR DRESSER			
NICOLE'S HAIR SALON	Nicole	083 459 7554	Enjoy a great hair experience in the comfort of my home salon. I offer a full range of services, including colour and keratin brazilian treatments.

HORSE RIDING / SADDLER			
CHARTWELL STABLES	Shirley Stables	083 500 0103 073 952 8572 cstables@netactive.co.za	Children's Riding School. We specialise in teaching children to ride on safe ponies with qualified instructors. Pony camps, fun days & training shows held regularly. Ladies rides in the mornings. "Have fun while you learn".
RIDEJOZI EQUESTRIAN RANCH		WhatsApp 076 291 6997 info@ridejozi.co.za www.ridejozi.co.za	Spend the festive season galloping on horseback. Horse riding trails; lessons; parties for young & old, self catering overnight accommodation.
INTERIOR / FURNITURE / UPHOLSTERY / OUTDOOR FURNITURE / HOME ORGANISATION			
EXTREME BATHROOM CREATIONS		info@extremedoover.co.za www.extremedoover.co.za	Don't just renovate, re-imagine.
INTERIOR DÉCOR & DESIGN	Karen Schaefer Louw	082 940 3571 011 469 0767 karen@interior-decor-design.co.za www.interior-decor-design.co.za	We offer a complete design, supply & installation service, tailored to your individual requirements (budget/per room), - emphasis on creativity, quality & service. We provide the inspiration to help you achieve an interior that reflects your taste & lifestyle.
MAKOYA BLINDS	Arnold	071 356 0945	Sales and installation of all blinds. Wooden blinds; Aluminium blinds; Vertical blinds and Roller blinds. Repair and service of all as well cleaning.
PATIO WAREHOUSE in Ferndale (Mali bongwe off-ramp)		011 801 0820 084 825 1120 www.patiowarehouse.co.za	Africa's largest selection of patio furniture and accessories.
LOCKSMITH			
BRAD'S LOCK & KEY		082 854 9898 / 011 802 4114	All locksmithing work-Keys made/ doors opened. Also, gate motors/ gates etc. installed.
MEDICAL / AESTHETICS / COVID-19			
NIX & TEE WELLNESS AND AESTHETICS CLINIC	Turid Stacey	083 633 2652 tee@ntaesthetic.co.za Tel. 010 020-8561	Nix & Tee, a Wellness and Aesthetic clinic, are two qualified nursing Sr's offering aesthetic treatments. In-depth consultations are done to finding the best treatment for the individual concern or needs. Visit our website at www.ntaesthetic.co.za
PSYCHOLOGIST / COUNSELLOR	Charmaine March	083 239 4309 / 011 469 3256	Specialising in trauma, relationship, career counseling, etc.
PURE SKIN AESTHETICS CLINIC	Dainfern Bryanston	010 228 0108 011 463 1595	Health & Wellness - gut health, weight loss, body analysis, anti aging, blood tests, skin, hair, nails, stress & anxiety, heart health, immune booster, medical screening & covid anti body testing.
WOODLAND PHYSIOTHERAPY	Carys Woodland Rhodes	061 931 1078 book online at www.woodlandphysiotherapy.co.za	Conveniently situated close to Fourways Mall. Specialising in sports injuries, post operative rehabilitation, back and neck complaints, headaches, chest problems and sinusitis.
PARTY VENUE			
NATURE'S WAY	Sharon Karen	082 415 8786 082 569 7173 karen.naturesway@gmail.com naturesway@mweb.co.za	Children's Party Venue for all ages. Large, secure play area in Chartwell with farm animals and a variety of play equipment. Close to Cedar Road with beautiful gardens.
PEST CONTROL			
PINNACLE PEST CONTROL	Tanya	086 100 0819 info@pinnaclehygiene.co.za www.pinnaclehygiene.co.za	Professional treatment and service using environmentally friendly pesticides for rats, cockroaches, ants, termites, weeds and other pests. Contact us for a free quotation.
SERVICE MASTER		082 974 9432	Professional pest services.
PET & HOME CARE / KENNELS & CATTERY / VET			
DOGGY DAYCARE - CHARTWELL	Erin	081 849 4673 erinwale0303@gmail.com	Daycare for Dogs! We collect & return your dog daily. On holiday? Your dog will be socialising and having fun while you're on holiday or away on business. Puppy socialisation and general obedience offered on Saturday mornings by arrangement.
JOZI PETS		065 831 7116	Pet store at the Dainfern Valley Shopping Centre- all you pet requirements- Free delivery/ shop online.
PETSITTING	Dee-Jean	076 035 6908	Now that LOCKDOWN allows for minimal travelling, how about a "getaway". But not sure about leaving your furry loved ones alone! Then way not give me a call?! References upon request.



PET GROOMING			
SOAPY SMOOCHES		061 087 8247 info@soapysmooches.co.za	We come to you! Pamper your pets at home in our fully equipped pet parlour on wheels. Ask about our Loyalty Program, Pensioners Discount and Pet Massages for older pets. #bestgroomersintown
PLUMBING / SOLAR			
AAB-TECH PLUMBING & ELECTRICAL	Andrew	071 774 1883 082 556 5133	Earth leakages, fault finding, faulty plugs & lights- General electrical works done professionally @ competitive prices 24/7.
ADRES PLUMBERS	George	073 135 8425	Leaking pipes- dripping taps- burst geysers- blocked drains- installation of washing machine and water pump.
A-Z PLUMBING	Janusz	082 449 1997 januszplumbing@gmail.com	For all your plumbing requirements from burst pipes to faulty toilets. The right price plumbers. All work guaranteed. We now install solar systems / Bathroom renovations.
FOURWAYS PLUMBING	Steve	011 705 2145 082 440 5111	Professional plumbers. We do: geysers, valves, washing machine connections, water leaks, storm water systems, roof flashings all at very competitive prices.
PSI PLUMBING	Johan	Call or WhatsApp 071 289 7620	Drowning in plumbing problems? Our Services: burst geysers, block drains, burst pipe repairs and valve replacements. All plumbing and solar related repairs and maintenance.
POOL SERVICES			
A-Z POOLS & REPAIRS	Martin	074 443 1429	Re-marbalite & new mosaics. Pump replacements. Filter replacements. Pool timers. Pool lights. Sand changes. Pipeline repairs or replacements. Pool maintenance. Once-off clean-ups. We can tend to all pool related problems! Supervision on site.
PALM POOLS & SPA	Jackie	072 132 5703 palmpools@palmpools.co.za	Contact us for all your pool requirements. We do weekly pool maintenance, repair or replace pumps, filters and install timers, install salt chlorinators and change filter sand. All work is done under supervision. Quality is guaranteed.
POOL WAREHOUSE Broadacres Shopping Centre	Michael	011 465 9024 michael@pool-warehouse.co.za www.pool-warehouse.co.za	Get your pool summer ready. We stock everything you need for your pool. Call us for a no obligation FREE quote.
SANDTON POOL RENOVATORS CC "ONE STOP POOL SOLUTIONS - Time to Renovate"	Brenda Williams	082 332 7253 brendawilliams@sandtonpools.co.za www.sandtonpools.co.za	New pools, "Approved Cemcrete SA applicator for best marbelite." Weekly pool service, repairs, energy saving pool pumps, chlorinators, heating, blankets fencing, paving, composite decks, autofilling, water features, spas's, Koi ponds. COVID-19 CERTIFIED.
PROOF READING / EDITING			
PROOF READING / EDITING	Annette Thompson	083 290 1569 annette.thompson11@gmail.com	Experienced editor (retired) for any assistance with writing style, spelling and grammar.
RECYCLING / WASTE MANAGEMENT			
THE COMPOST KITCHEN	Himkaar Singh	www.compostkitchen.com himkaar@gmail.com 072 795 8283	Join the organic waste recycling revolution in Dainfern. Signup online and become part of the movement to reform the waste system and make real impact to our community.
RESIDENCY PROGRAMME			
CYPRIOT REALTY	Jenny	+27 (0)83 448 8735 RSA +357 965 92 444 Cyprus www.cypriotrealty.com	The best Residency Programme in Europe. Residency Permits now issued in 6 - 8 weeks. Special inspection trip offer. Cyprus really is the perfect choice!
RELOCATION / REMOVALS			
CLUTTER CLEANERS	Vicky	082 898 7086	We have a Bakkie that moves miracles...we take anything from furniture to odds and ends, from deceased estates, emigrating or just spring clean. If you are clearing out please call us!!
MOVIT MOBILITY		08611 66848 info@movit.co.za / www.movit.co.za	Movit provides a personalised moving service for local, long distance, overseas & office moving - 50 years of moving excellence.

RESTAURANTS			
GOOD TASTY RESTAURANT SUSHI BAR		011 469 4994 072 634 1680	Shop 2, The Valley Shopping Centre. Order from Mr. D.
LIL' KITCHEN		063 579 8087 Facebook: <a href="#">Lil'kitchen Dainfern</a>	Wholesome Good Food at the Valley Shopping Centre. View our menu on Facebook. Home deliveries within a 5km radius.
VALLEY GRILL		011 468 4848 Menu on Facebook: <a href="#">Valley Grill</a>	Pizza, Pasta, Sushi, Wholesome Food - all eat in, take away or delivery to your door.
SCHOOLS / PLAYGROUPS			
AMERICAN INTERNATIONAL SCHOOL OF JOHANNESBURG (AISJ)	Pamela Gutmann	087 809 1905 www.aisj-jhb.com info@aisj-jhb.com	AISJ is a leading international Pre-Kindergarten through Grade12 co-educational day school. AISJ offers a balanced program, small class sizes, an American style curriculum and the International Baccalaureate Diploma Program (IBDP).
DAINFERN COLLEGE	Fiona Siebert	011 469 0635 www.dainferncollege.co.za	Dainfern College believes in developing the whole child through the provision of academic, sporting, cultural and technological activities. Our students write the internationally well-accepted IEB examination and a strong academic focus exists at the College.
HERONBRIDGE COLLEGE	Natasha Marot	011 540 4800 nmarot@heronbridge.co.za	Private IEB Christian school that focuses on creating a space where kids want to learn. HeronBridge houses its own Pre-Prep for grades 0000-R, where the building blocks for "big school" are laid. The Prep and College provide an intentional and heart-led approach to schooling.
LAND OF OZ - CURRO SELECT SCHOOL		011 023 5010 / 011 027 5010 info@ozchartwell@curro.co.za info.ozfourways@curro.co.za www.curro.co.za	Every day is a happy day at Land of Oz. Now offering Grade R from 2022 - ENROLL TODAY! A trusted pillar of education in the Fourways and Chartwell communities since 1987. From 12 months to Grad R. Come and visit us and feel the love!
REDDAM HOUSE SCHOOL		010 060 4232 Info.helderfontein@reddam.house www.Reddamhouse.com	Situated at Helderfontein, Fourways, The Reddam House campus welcomes students from 1 year old to Grade 12. Boarding is also offered. Please call us for viewing.
SPORT / RECREATION / FITNESS			
F.A.A STUDIO FOURWAYS		081 563 3504 mdu@faagym.com	Ready to Train? What Next? Get started with a full fitness assessment. A.C.E. Certified Specialist Sports Performance Coach & A.C.E Certified Personal Trainer.
SA JKA KARATE	Bernard Buys (5th Dan, JKA)	083 709 9289	Expert professional JKA Karate instruction at the Pavilion.
TRAVEL / TOURS & DESTINATIONS / TRANSFER / TAXI / CHAUFFEURS			
AIRPORT TRANSFERS & TOURS	Mike	072 284 0340 / 011 465 3262 ashcroft.mike@gmail.com	Fourways Gardens' resident owner/driver. Personal, reliable transfers to/from ORT from R420 & Lanseria from R200. Free in-car Wi-Fi connection. Half & full day tours arranged.
ASENDULO TRANSFERS & TOURS	Lionel Strick	082 324 4232 lionel@asendulo.co.za www.asendulo.co.za	For all your shuttle needs - airport transfers / social & sporting events / corporate events. Servicing Dainfern families since 2002.
BOTHONGO RHINO & LION NATURE RESERVE		011 957 0109 / 0106 / 0349 www.rhinolion.co.za	Come and visit us for the day or stay in one of our lodges
KID VANTAGE EXPRESS	Janus	082 594 7528 / 073 575 4754 kidvantage@mweb.co.za	Reliable transport for all your schooling, extra-mural, airport needs.
SCHOOL TRANSPORT DRIVER	Ashley	083 958 2557 / 060 997 1594	I am an experienced female school transport driver with traceable references. I have my own car to transport your child/children to and from school.
TUITION			
LIMITLESS - Conversational English Tuition	Pamela de Robillard	084 567 8455 limitlessicza@gmail.com www.limitlessicza.co.za	I am a qualified and experienced English and TEFL teacher with 10 years teaching experience to different age groups and in different countries on a variety of platforms. My speciality is facilitating Conversational English with ex-patriot adults, one-on one, in small groups and online. FREE Trial Session.
ONLINE TUITION: ALL SCHOOL SUBJECTS	Chantelle	082 9670 270 chantellediab@gmail.com	Qualified Experienced Teacher offering Online Tuition. All School Subjects: Grade 1-12 (Excluding Grade 11 & 12 Maths & Science) English Specialist. Homework Assistance. Study Skills. Test & Exam preparation. Home Schooling. Mornings & Afternoons.

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