

IN FOCUS

DAINFERN

Exclusive to Dainfern Golf Estate

Your community and service provider magazine since 2002

October 2021

HOMEFRONT

LIFESTYLE

NATURE

Friends of Free Wildlife

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Your community and service provider magazine since 2002

October 2021



October 2021

Editor's Note

Welcome to this month's edition of IN FOCUS.

The opinions expressed in this publication are not those of the publisher or of the HOA. No responsibility will be taken for any decision made by the reader as a result of such opinions.

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FOR INJURED BIRDS AND WILDLIFE:

Dominique - 061 116 1254 (resides on the Estate) The Friends of Free Wildlife - Margi 082 561 3681

REMOVAL OF SNAKES:

Security: 011 875 0601

Bats: Julio 082 359 1295 ● www.batsgauteng.org.za (Dominque can assist with the above)

THE CLUBHOUSE

Reception: 011 875 0401 • Restaurant: 011 875 0442 Golf: 011 875 0421

Estate Enquiries: Jill Terreblanche ● 011 875 0451

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October 2021

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ON THE STOEP

DNA Newsletter

Last month we said farewell to Tony and Tricia Border who served on the Dainfern Nature Committee for 20 years. Tony created "On the stoep" nature newsletter for the In Focus magazine and entertained and educated us with more than 100 newsletters. We have decided to continue with the name "On the stoep" and hope that you enjoy our newsletter this month.





Top: Maintenance along the 12th / Above: Scadoxus puniceus.

If you have something of interest that could be placed in the newsletter that coincides with Dainfern or of nature interest, please email Colleen at cobbie@global.co.za

Nature

Whilst we are waiting for summer rains, certain plants are getting ready to bloom and bring great joy to those who are observant enough to notice them. One of these plants is the Scadoxus puniceus. Almost startling in its beauty this perineal can have a great impact in its natural habitat in the grassland. It has shining undulated leaves red or maroon bracts and surrounding densely small dark orange to red flowers. Flowering takes place between October and November and the fleshy berries are a good food source for birds, which is why it's important not to pick or destroy them.

Maintenance

The Nature team are still busy with ongoing maintenance and recently revamped the beds along the 12th which are looking stunning. You will see that this style of

planting is consistent and can be seen all over the estate and makes a wonderful statement.



Dams

You may see that some of the dams are not looking so good now. Once the rains come, they can be flushed out and attended too!

If you see any areas that may need some attention please email Olivia.denny@telkomsa.net

Tree of the Month

By Brands Tree Felling / www.brandstreefelling.co.za

Candelabra Tree

(Euphorbia Cooperi)

The Candelabra tree is naturally found in the northern parts of South Africa.

This tree prefers a sunny position with plenty of space around it as it can grow to approximately 7 meters tall and 3 meters wide. It will only tolerate light frosts should not be over-watered.

The tree resembles a candelabra with its thick base trunk spreading out in several winged branches.

It can be planted in a large pot provided it is placed in a sunny position. For this reason it will make an ideal and unique Christmas tree. Decorate it with Christmas lights, tinsel and various Christmas decorations. After the holidays it can be taken back to it's sunny spot. Do remember not to over-water it in the pot.



Candelabra tree (Ref. wikipedia.org)

Birds and Beasties



White Faced Ducks by Geraldine Harris

Geraldine Harris recently spotted over 50 white faced ducks in Spyglass which was quite something to see. Our local Otter has also been entertaining residents again:

VIDEO LINK:

The otter on the estate

We have some beautiful wildlife on our estate which we have encouraged over the years, so we ask that you please make sure dogs are kept on leads at all times.

-7-

ON THE STOEP

DNA Newsletter

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Dave has captured some beautiful shots of nature whilst walking the estate. Thank you Dave for your contribution.

Updated News

Friends of Free Wildlife have moved premises: 69 Rose Road (Cluny Farm), Kyalami.

Normal times: 8-5 everyday

Margi: 082 561 3681 ● <u>info@freewildlife.co.za</u>
Website: www.friendsoffreewildlife.co.za

FFW is a non profit organisation that rehabilitate and release injured wildlife. They have helped many birds and creatures in Dainfern over the years.

All donations are welcome:

Friends of Free Wildlife, Nedbank Nicolway, Account: 1135622957

Dates to Diarise

9th October - Spring Fair

11am - 3pm Organised by Madd at the Pavilion

19th - 24th October - Festival of Golf

30th October - Halloween

3 - 6pm party at the clubhouse - please book your table on 011 875 0442 / functions@dainfern.co.za

30th October - Trick or Treat

Within the estate - From 6pm to 8pm. For residents who wish not to partake, please switch off your lights.

Cover Photographic Competition

Would you like to see your photograph on the cover of the Dainfern In Focus magazine? Please send your photographs of nature or something of beauty taken on the estate to cobbie@global.co.za



DNA Trophy Award

Silver Plaques have been designed with the name of the winners of the DNA trophy award and have been placed within the cabinet at the Clubhouse.

If you would like to nominate anyone who is deserving of this award, please email cobbie@global.co.za for attention Colleen. Anyone can be nominated for their assistance towards the estate as long as it is nature minded.







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HOMEOWNERS ASSOCIATION

General Manager's Report

By David Weyers



Spring has sprung and it is beautiful to see how one season evolves into the next. The new greenery and beautiful blossoms on our Estate are lifting the spirits of all who spend time here.

Thank you

We thank Turfnet for always ensuring that our gardens are looking their best and it makes us proud to come home to such a beautiful Estate.

Adjusted Level 2

We are relieved to be on Adjusted Level 2 currently and appreciate the slightly more lenient restrictions. We still ask everyone to be vigilant with washing their hands or using sanitizer whenever possible, wearing their masks and keeping a safe distance from others.



HOMEOWNERS ASSOCIATION

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Upcoming Events

We are also now able to host more events on the Estate and look forward to outings with the Nature Association, the Spring Family Day kindly hosted by the MaDD Team (Making a Difference with Dainfern), Halloween fun as well as our Dainfern Christmas Market.

Dainfern Country Club - 30th Anniversary

It is with a huge sense of pride that we celebrate our 30th Anniversary of our Dainfern Country Club. This will be done with a **Festival of Golf** including a Ladies Day, Dainfern Golf Shop Day, Ladies and Men's Captains Day, Sponsors Day, Greenkeepers Revenge and Mixed Open Day. Each day will be filled with exciting competition formats and prizes. Keep a look out in our weekly newsletter for more details.

Chartwell Corner Shopping Centre

We are keeping an eager eye on the development of Chartwell Corner Shopping Centre on the Cedar side of Dainfern Golf Estate. We look forward to the convenience that this will offer our residents.

Enjoy the warmer weather and stay safe!



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- Installation of bathroom fittings, curtain rails & blinds
- Picture hanging & more...



CONTACT

Elaine: 078 364 7843 Vicky: 082 898 7086



■ REAL ESTATE —

Helderfontein Estate Launches their next Phase

Finding the right address, where you and your family feel safe, secure and comfortable is by no means an easy feat. It is with this that Century Property Developments have launched the next phase in Helderfontein Residential Estate as a secure country lifestyle estate, right on your doorstep. Conveniently situated in the heart of Fourways the estate neighbours Dainfern, providing a perfect alternative to families looking to live closer together, but are currently unable to find undeveloped open stands to build their dream home on in the already burgeoning Fourways area.

Within the gradual slopes of the Helderfontein Estate flows the meandering Jukskei River that brings with it an entire ecosystem of indigenous fauna and flora. Our goal has been to maintain and add to the natural environment and as a result have ensured that we have kept the myriad of fishing dams, magnificent greenbelts for children's playgrounds, and more than 12km of walking trails through the indigenous parklands. The first phase of development was made up of only 163 stands ranging in size from 900m2 to 1 700m2. Each stand is fully serviced providing only the best in quality infrastructure with a number of integrated elements for your living convenience.

As part of the development the main clubhouse will be built overlooking a large dam and will include a world-class gym with a considerable swimming pool, tennis courts as well as a world-class restaurant. For the more adventurous the scenic greenbelt will also include a built for purpose mountain bike track with rest areas. Because we understand that secure living is one of the highest priorities when selecting a place to call home,

Helderfontein Estate is equipped with a state-of-the-art security system ensuring you and your loved ones are kept safe. Managed at the highest level and made up of the latest in technology including CCTV, thermal imaging cameras and access control systems, the entire security environment is supported by highly trained and motivated staff. Perimeters are secured by well-lit, four-meter high, reinforced concrete walls, topped with electric fencing and CCTV cameras, in addition to being frequently patrolled.

The estate will have two entrance points, including the phase one entrance on William Nicol and the phase two entrance which will open out onto Main Road providing direct access to Midrand. Providing the optimal in country living coupled with secure family living, Helderfontein Estate is conceptualised to provide a magnificent alternative to otherwise cluttered living and a clean slate for the family looking to build from scratch their dream home. Building packages are also available to assist purchasers who would prefer to buy a home off-plan

Our sales office is open 7 days a week from 09h00 to 17h00, so pop in for an overview of "country lifestyle living" at its best. Alternatively you can visit our website at www.century.co.za or contact Vee on 082 937 1680 to make an appointment.



HELDERFONTEIN

ESTATE

New developer stands with selected riverfront stands NOW LAUNCHED!

Residents of Helderfontein Estate have embraced a unique duality between country living and a cosmopolitan suburbia. Helderfontein Estate is one of the prime secure lifestyle estates located along William Nicol Road in Fourways, adjacent to Steyn City. Within its gradual slopes, flows the ever meandering Jukskei River, showcasing some of the most magnificent flora on its embankments. Several shopping centres, including Dainfern Square and the newly completed Fourways Mall, are located in the immediate vicinity. Purchasers may use their own architects and contractors to design construct their dream home, with a uniquely South African approach.

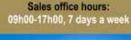
- Standard, greenbelt and prime riverfront stands available.
- Architectural guidelines to maintain property values.
- Unrivaled lifestyle facilities.
- Purchasers may use their own qualified architect/contractor.
- A diverse range of "Building Packages" now also available.

58 stands available
Selling from R1,66 million
to R4,2 million



Vee 082 937 1680

For more information, please visit www.century.co.za







Revival Agreement

If your sale agreement lapses, can you revive the sale agreement?

What is a revival agreement?

A revival agreement is entered into between a seller and purchaser, who despite their sale agreement having lapsed due to non-fulfilment of a suspensive condition (for example a bond), within the agreed period, have decided to revive the sale agreement and continue with the sale and purchase of the immovable property.

Section 2 (1) of the Alienation of Land Act:

"No alienation of land after the commencement of this section shall, subject to the provisions of Section 28, be of any force or effect unless it is contained in a deed of alienation signed by the parties thereto or by their agents acting on their written authority."

The most important factor when dealing with a revival agreement, is to ensure that the revival agreement complies with the statutory requirements of Section 2(1) of the Alienation of Land Act 61 of 1981 (hereinafter referred to as the Act). As was held in the case of Streicher JA in Fairoaks Investment Holdings (Pty) LTd v Oliver 2008 (4) SA 302 (SCA) paragraph 5, an agreement of sale with amendments to revive a lapsed agreement of sale of an immovable property due to non-fulfilment of a suspensive condition must comply with Section 2 (1) of the Act.

Recent Court Case:

Recently we had a case where the purchaser claimed that a written sale agreement of an immovable property concluded between the seller and purchaser, become null and void with no force and effect due to the nonfulfilment of its suspensive condition. It was also claimed that the written revival agreement did not revive the sale agreement and that there was no existing agreement between the parties.

It was held that on proper interpretation of the revival agreement's provisions, that the revival agreement constitutes a new written agreement for the sale and purchase of the property, which complies with the provisions of Section 2 (1) of the Act, and is valid and enforceable.

Conclusion:

A revival agreement reviving the transaction between the parties must contain clear and express terms, with the purpose and effect to conclude a new agreement of sale.

For assistance in any property transfer matters kindly contact me on details below:



Chrisna Strydom (LLB, UPE)



No. 8 Eriksen Close, Norscot, Fourways, 2055 | Suite 1, Private Bag x903, Braynston, 2021 Office: 011 465 3809 | Cell: 083 530 0465 | Fax: 086 695 6450 chrisna@richeattorneys.co.za www.richeattorneys.co.za



WHAT YOU NEED TO KNOW ABOUT EXIT TAX

Planning the sale of your home prior to emigrating, there are so many factors to consider. The timing could be key for those sellers that are thinking about emigrating from South Africa on a permanent basis. A new tax law is currently under discussion that will affect you and it is proposed for March 2022. Considering the time it takes to sell a home, on average 3-6 months, it may be worth revisiting the timing thereof, when planning your house sale. Please do some research if this affects you and rather be prepared. As a seller, we also wish to remind clients to maintain their homes and gardens until the date of transfer.



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By Karen Schaefer Louw • 082 940 3571

karen@interior-decor-design.co.za • www.interior-decor-design.co.za

The Seven

Elements of Design

and how to use them in your interiors: PART 2

The seven elements of design consider space, line, form, light, colour, texture and pattern. A balance of these elements is vital to every scheme.

The first 3 on the list were discussed in PART 1 (IF 0921).



4. Light

Most interiors make use of both natural daylight and artificial illumination. While the quantity and quality of daylight might seem fixed, it is worth remembering that it can be filtered with drapery and window coverings.

It can also be boosted where it is lacking with techniques, such as hanging mirrors,

borrowing it from other rooms, and, again, with a window treatment.

Artificial light comes from the room's ambient or background lighting, the accent lighting that draws attention to objects or features, and the task lighting that makes a kitchen safe for food preparation, an office desk bright enough for working, or an area of a living space comfortable for reading.

continue on page 20



DAINFERN GOLF ESTATE

For a hassle free no obligation valuation on your home, contact our Vered Estates accredited agent in Dainfern Golf Estate.

Resident Agent: Pamela Diedericks 083 680 6771 | pamela@vered.co.za (Sales & Rentals)









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Dimmer switches allow changes of atmosphere to be achieved with the lighting, while the choice of the light fixtures and fittings themselves will contribute to the room's appearance.

5. Colour

Colour is important, not just because it creates a mood in a room, but because it has the power to make a room feel larger, lighter, or cosier. Of course, it is vital that the colour selected complements the room's use with more restful shades for bedrooms, for example, or energetic hues in a home office.

The hour of the day, and whether it is seen in natural light or artificial light will affect a colour's properties, so success in using it means considering this before selecting colours.

6. Texture

Texture counts because of how it feels, of course, but also because of how it looks, and every part of a room scheme from furniture and floorcoverings to fabrics and decorative accessories, contributes to the selection of textures in a room. Mixing textures and contrasting them add to the depth and interest of the room scheme.

7. Pattern

Pattern is another element that adds interest and life to a room, just like texture, and might come from an area rug, wallpaper, soft furnishings, and

artwork. The style of the pattern whether that is floral, geometric, abstract or any other design should be in harmony with the overall style of the scheme.

These 7 elemens are the most important elements to consider, when planning a renovation or changing your interior décor.

You are welcome to contact us for a free one-hour consultation!

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YOUR NEIGHBOURHOOD EXPERTS



RESIDENCY PROGRAMME

7 Reasons Cyprus is tops!

Your key to living in beautiful Cyprus

Owning an offshore property to realise a Plan B is a dream than many South Africans would love to achieve. Europe remains being the preferred geographic location for the majority of investors as not only it is the world's largest trading block, but the real estate opportunities are enticing.

However the choice of where to invest can be intimidating; plus the financial, legal and tax implications coupled with language & cultural difficulties sometimes makes this a barrier to entry.

Cyprus, an English-speaking, ex-British colony and full EU member, is an extremely popular destination in Europe.

With an erratic health system, huge social problems and the spiralling cost of living in South Africa, more and more families are looking for an alternative – and Cyprus has come out tops.

Here are the 7 reasons why South Africans are buying property in Cyprus:

 Owning a property in Cyprus – the 3rd largest island in The Med - means you really are living the Mediterranean dream.

- You can acquire permanent residency by buying property without having to live in the country.
- Properties in Cyprus offer excellent value for money when compared to other European countries – especially homes right on or near to The Med.
- 4. Cyprus' positive property growth and demand for long and short-term tenants.
- Cyprus is a very popular tourist destination so owning an investment property will reap an attractive offshore income.
- Cyprus has been voted one of the safest countries in the world so your personal safety and property investment is assured.
- The discovery and imminent exploration of natural gas is already having a positive impact on foreign investment and infrastructural development. Billions of Euros are already pouring into the economy.

It's easy to fall in love with Cyprus, especially with the 1st world lifestyle aspects available. But it's the excellent quality of life on offer that is driving investors in their droves to look seriously at Cyprus as their new home.

Making the investment or move across to Cyprus is simpler than you think; and Cypriot Realty has an impressive 13-year track record of assisting many South Africans in exploring what Cyprus has to offer.

Contact us for a confidential meeting to discuss how we can help you realise your and you family's Plan B in Europe.

Contact Jenny Ellinas, Founder & CEO

Tel: +27 83 448 8734 • Email: jenny@cypriotrealty.com • www.cypriotrealty.com





By Himkaar Singh • The Compost Kitchen www.compostkitchen.com or contact himkaar@gmail.com

Why do we add compost to lawns every year?

It's composting season and on a short drive through Dainfern you'll see everyone with their piles of compost on their verge, ready to spread onto their lawns. But why do we add compost to lawns every year? Remember, lawns are grasses, and grasslands evolved with specific ecosystem processes – two important ones being; fires, and large herd grazing...

Fires are important to grasses because it causes the release of nutrients back into the soil, and increases soil carbon levels at a depth below 2cm. Interestingly, and perhaps counter-intuitively, regular fire causes an increase in soil carbon storage over time, instead of reducing it. Since we have stopped fires in our built-up areas, our lawns are lacking that natural nutrient replacement mechanism which is usually responsible for kick-starting their growth after winter.

Similarly, grasslands rely on large herds of animals grazing it and dropping large quantities of dung to fertilize it. Since we have removed the possibility of large herds of wildebeest grazing on our lawn in Dainfern, we have also removed the grass's system of obtaining nutrients. (Not to mention that we also cut our grass and send away the grass clippings)

Having removed these two systems which our grass depends on, we need to supplement with something which stimulates the grass to wake up

from winter. Compost is the best for this because it has the microorganisms which would have decomposed the ash or dung, which stimulate the grass's roots to grow. This is why it has a long history of being applied yearly on lawns. Compost goes beyond just waking up the grass, and has additional benefits such as improving water retention because it acts like a sponge.

The effect of compost is quick, like the effect of fire, so you should see the grass wake up within 3 days if you have added the right quality compost. Generally, you want to feed the grass compost made from that type of plant, i.e garden waste, and you should make sure your lawn compost is the 'fine' type otherwise it will just sit on your grass and look ugly and be uncomfortable to walk on.

It is just in the biology of the grass, and without compost (or fire or grazing), no matter how much you water it, it will struggle to grow into a thick, green lawn.

THE COMPOST

To order fine lawn compost, visit https://www.compostkitchen.com/product-page/fine-lawn-compost





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Kingfishers in my garden

During the last Winter this Malachite Kingfisher visited my fishpond every day. My pond is stocked with Tilapia species but unfortunately these die during Winter and only the young ones survive which soon grow up to a decent size and I was hoping that this Kingfisher would stay until these fish made their appearance. I have always wanted to film this bird diving from a suitable perch, catching a fish and coming back to its perch to eat it.





Top: The garden pond; Above: Woodland Kingfisher; Right: Malachite Kingfisher.



With this in mind and great enthusiasm I prepared the scene for Summer. I cleared the reeds and water lilies, planning camera angles and set up a perch from which it could have a good view of all the under water activity. I even planned a second phase where I could film the bird under water.

continue on page 30







● NATURE NEWS —

continued from page 28

While all this was going on I had another Kingfisher visiting my garden every day. It was not interested in my fish pond but had a great time catching and eating some of my most beautiful lizards.





Top: Brown Hooded; Above: Woodland Kingfisher

When Summer came it disappeared but in its place came another beautiful visitor.

Just like the Brown Hooded this Woodland Kingfisher was not interested in my pond and fed mainly on insects and other small creatures.

Its lower mandible is black but when it is young this is red and it is then often wrongly identified as a Mangrove Kingfisher.

My plans for filming my Malachite came to nothing. The fish arrived on time but by that time the bird had gone.

VIDEO LINK:

<u>Heron on Hippo</u>















Turfnet • 073 935 9754 / 011 469 5051/4

See your dreams grow!

October gardening is all about making those dreams and pictures you see in your mind come to reality, and then having the patience and energy to see them gloriously right in front of your eyes.



If you have done nothing yet, don't worry, but loosen your breaks! You are going to plant, feed, prune, pick, deadhead, water, harvest and keep an eye on pest and disease attacks.

Spring flowering plants like yesterday, today and tomorrow, crab apples, and cherries are also in full bloom; not forgetting the beautiful bearded irises, foxgloves and delphiniums. Luckily, we are all inspired to garden at this time of the year because there is no time to rest for gardeners in October.

If you really want a good return on money spent in the garden this season you need to get cracking and plant this

month. This will give you the whole season to reap the reward of summer.

Picking up the lovely garden roses can be done at any time of the day, if they go straight into a bucket of cold water. Do not pick more than 50% of the long –stemmed blooms on any one plant at a time, as a big loss of leaves can cause root shock which sets back growth. Rather pick again as more flowers are produced.

Enjoy the last flowers of the Clivia's. If they need to be lifted and divided, do it after the flowering phase at the end of the month.

Buy tall annuals like aquilegia, campanula, delphinium and digitalis in colour bags to fill up bare spots in mixed beds. Border flower beds spectacularly with Carex hachijoensis 'Evergold' a clump-forming ornamental grass with narrow yellow and white, green-edged leaves.

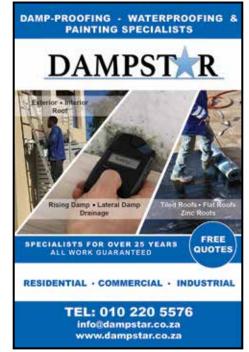


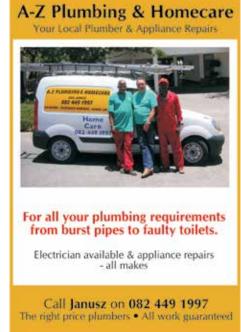
Turfnet, School Road, Plot 17, Diepsloot, Johannesburg

To purchase natural gardening products or for more info on how to be eco-friendly give us a call: 073 935 9754 / 011 469 5051/4











by André Marx

Klaas's Cuckoo

Chrysococcyx klaas

This is a small, greenish cuckoo that is occasionally observed in Dainfern. It is an inconspicuous bird that will be more often heard rather than being seen.



The male has plain white underparts and glossy green upperparts and shows a conspicuous white patch behind the eye. The female is quite different, with a barred greenish-bronze on the back, with a grey-brown head, and underparts that are barred brown and white. Care needs to be taken to separate this bird from the more common and similar Diederik Cuckoo, but it does not show the white wing spots and red eyes of that species. The call is a distinctive and plaintive "meeee-jtie, meeeetjie", that instantly gives rise to this bird's presence.

The species was named by French explorer François Le Vaillant in 1806 in recognition of his Khoikhoi servant and assistant, named Klaas, who found the type specimen. The name has persisted to this day.

The Klaas's Cuckoo is mainly insectivorous, specialising in butterflies and caterpillars. It usually forages in the foliage of trees or bushes, taking insects from leaves and

occasionally hawking a flying insect. This bird has a preference for forest and lush woodland habitat and its occurrence in Dainfern is due to the trees and bushes that occur in our parks and gardens and provide the cover that the bird prefers.



Left: Klaas's Cuckoo male / above: femail

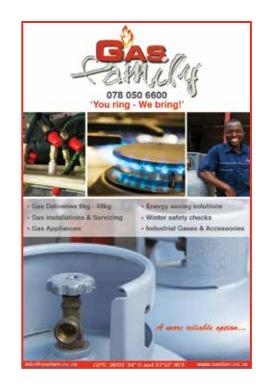
Like other cuckoos this species has an interesting breeding biology and is a brood parasite, meaning that it lays its eggs in other birds' nests. The host, thinking that the egg is its own, incubates the egg and cares for the chick. It lays 1 egg per nest, laying roughly 24 eggs in one breeding season, with the egg colour matching the host's eggs. The chicks usually hatch after an incubation period of about 11-12 days, remaining in the nest for about 20 days after which they remain with the hosts for another 25 days.

The host species are small warblers, sunbirds and batises. In our area the Amethyst and White-bellied are regular hosts. Breeding generally spans September-April with a peak from October to January.

The Klaas's Cuckoo is an intra-African migrant and only appears in the summer months, but a small number of birds do over-winter in our region. Its retiring nature means it is frequently overlooked, but if you memorise the call of the bird you can't miss it! With the expansion of wooded areas and gardens this bird should be secure for now and we look forward to its continued presence in our estate.









- ANIMAL REHABILITATION -

Free Wildlife Update

69 Rose Road (Cluny Farm), Kyalami, Normal times: 8-5 everyday

Free Wildlife is always on hand to assist and to give advice when needed. FFW rehabilitate, release and re home injured wildlife. It is a non profit organisation, any donations are appreciated.



New premises

FFW are now firmly ensconced in our new premises and have been resident since 28th August.

The house where we are currently operating from has been turned into our clinic, our animal kitchen has had a make-over and we are currently busy erecting our aviaries.

Hard at work

In the last 26 days we have admitted 151 cases – already!! Our first case was a Grey Go Away Bird and other species include Sparrow, Shrikes, a Black Wing Kite, an African harrier-hawk previously known as a Gymnogene, Scrub hares, hedgehogs, and many others.

Our busy season has started and it only gets busier from now, if you would like to assist in some way,

please make a donation to: Friends of Free Wildlife: Nedbank 1135 622 957

Help needed

We need to build new enclosures for our bushbabies, squirrels, genets. If you have any experience in building jungle gyms – we need your help! We also need weld mesh, shade cloth 80%, building materials for foundations.

If you would like to help by sponsoring one of the new enclosures, please call Margi: 082 561 3681.



Margi: 082 561 3681

info@freewildlife.co.za

Facebook: <u>friendsoffreewildlife</u> www.friendsoffreewildlife.co.za

Friends of Free Wildlife.

Nedbank Nicolway, Account: 1135622957

NPO: 171-026 PBO Reference no: 930055712



Our busy season has started and it only gets busier from now, if you would like to assist in some way, **please make a donation?**

South African hedgehog

Atelerix frontalis

South African hedgehog (Atelerix frontalis) are quite common visitors to FFW.

They are found in most urban areas and because they are nocturnal are not often seen. Many are noticed when attacked by dogs, the barking attracts the owner's attention and the hedgehog is often found to have nasty bite wounds. If admitted timeously the wound can be cleaned, medicated and the animal released back into a safer environment.

The veld fires we have had recently affect our hedgehogs badly, their spines get scorched and it can take quite a few months for them to recover. They need their spines to protect themselves.

Interesting facts:

Hedgehogs are easily recognized by their spines, which are hollow hairs made stiff with keratin. Their spines are not poisonous or barbed and, unlike the quills of a porcupine, do not easily detach from their bodies. However, the immature animal's spines normally fall out as they are replaced with adult spines. This is called "quilling". Spines can also shed when the animal is diseased or under extreme stress. Hedgehogs are usually brown, with pale tips to the spines

The name hedgehog came into use around the year 1450, derived from the Middle English heyghoge, from heyg, hegge ("hedge"), because it frequents hedgerows, and hoge, hogge ("hog"), from its pig like snout.

Credit: Wikipedia

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Dainfern Masters

Towards the end of August the Dainfern Masters was played. This is the first time ladies have taken part in the Masters. It was a two day event on the 28th and 29th August. There was a small ladies field of 12, playing two rounds of IPS. All who played agreed that it was a great event put on by the golf office. The winner was Gail Newland, second Heather Becker, and third Annika Furaholm. Maureen Valsecchi also celebrated a hole in one on the 6th. The event was completed on Sunday with prize giving and a luncheon.













Photos of the Dainfern Masters

Golf during September

From the beginning of September ladies golf resumed on Tuesday mornings. All events have been well supported, with prize giving on the verandah outside the golf bar. A super **Spring Mixed Open** sponsored by Hamiltons was held. This comp was won by some visitors for the day. A wonderful bright **Spring Ladies Open** was held with the winners being Sylvia Chvatal, Nolene Taylor, Kaye Lyness and Linda Smart on 84 points. On the 21st September another hole in one was achieved by Yeon Hee Lee.

Golf League

On the League front, Dainfern 1 had a playoff against Randpark 1 at Southdowns on Thursday, 16th September. I am pleased to announce that Dainfern 1 won the playoff and now move to the quarter finals at Southdowns on 30 September. They will be playing Bryanston 1 and we wish them everything of the best for this game.

Please note that any members who wish to join the ladies on Tuesday mornings, please put your names on the timesheets on the notice boards in the ladies change room. Or alternatively please contact Heather Becker (Lady Captain) on 082 600 5284



Skin Peels • Microneedling
Acne Peels • Facials

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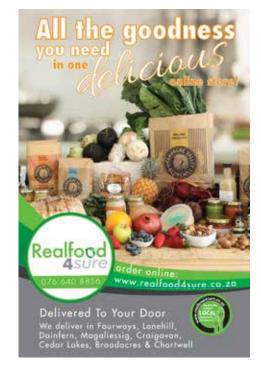


For an Appointment contact:

Adrienne O'Brien - 082 572 5857

Located in Dainfern Estate







HEALTH & WELLNESS

Support and maintain an authentic wellness lifestyle

A Slimming & Beauty Clinic established to support and maintain an authentic wellness lifestyle, Royance AesthWell was founded by Royal Khosana for personalised, sustainable weight control. Our Practice is based in Dainfern, Fourways.



Royal Khosana

The Practice

We operate medically-approved, non-invasive infrared and laser equipment that provide a variety of innovative and advanced slimming and beauty treatments. We support our Clients to understand and manage their body weight and maintain a life of quality well-being.

Our InBody Scan produces analytical results that compare 98% to the DXA scans used in hospitals, and reveal weight conditions that require specific treatment to enable Client-specific solutions. We measure our treatment efficacy continually to ensure real progress towards our Clients' intended weight goals.

The Treatments

Each Booked Session affords a Client 4 quality and effective Treatments, over 2hrs.



LipoLaser Treatment

Our LipoLaser Treatment gradually liquefies the stubborn visceral fat from deep under your skin and help you release the toxins to reduce the appearance of cellulite whilst you lose the unwanted weight. It radiates the spot fatty parts to stimulate the fat cell membranes, causing them to release their water, free fatty acids and glycerol gently and painlessly and meanwhile making the fat cell reduce in size, resulting in visible and immediate result for losing the excess fat with a 100% non-invasive procedure. It targets fat reduction in specific problem areas. By positioning the laser pads on the target area such as upper arms, abdomen or thighs fat can be broken down and removed specifically from that area.



Full Body Far Infrared Dome Treatment

Our Full Body Far Infrared Dome Treatment uses heat to create vigorous sweating to eliminate stored toxins in fat cells, whilst raising your metabolism, burning up an increased amount of calories and improving your skin. It heats your body directly without any adverse effects due to its long wavelength and very low frequency.

Supplementary Nutritional Support

To support your daily nutritional needs whilst you reduce body fat and enhance weight loss, we supply an instant nutrient dense, high protein Slimming-specific Shake which contains a slow releasing protein agent that will reduce hunger and cravings. It contains no aspartame (artificial sweetener) which may cause harm to your body and no fillers which could build a fat layer under your skin.

In addition, we provide different Healthy Eating Meal Plans and relevant information to help our Clients sustain and enjoy a healthy lifestyle.

The Workings of a Human Metabolic Mechanism

In order to burn any fat, your body has to be in a healthy and energetic state. Hunger, starvation, cravings and lethargy slows down your metabolic rate.

It is worth noting that exercise may help with 15% of your weight loss and the rest is determined by

your diet, so it is possible to burn more calories with less exercise and without starving yourself!! If you eat in moderation, you will regulate the storage of fat and sugar (glycogen) in your system.

The body needs only one teaspoon of sugar for energy and anything extra becomes toxins. Our bodies produce the insulin hormone to help regulate sugar levels in our blood stream. This should help to convert the food we consume into fuel/glucose to be absorbed by our body cells. Excessive amounts of toxins in your body forces the pancreas to produce copious amounts of insulin so as to try and cope with the increased need to drain toxins.

The excess insulin becomes ineffective and instead converts all the excess sugar and carbohydrates into fat which forms fat deposits in strategic parts as it gets circulated throughout your body. The fat also gets dumped onto your liver and some into your belly and causes stomach bulging.

Some of the symptoms of toxins overload in your body:

- Stubborn weight loss and a sluggish lymphatic system
- Fatigue, esp. when you want to take a nap after a meal
- Cravings of sugar and carbohydrates
- Insomnia
- Excessive urination, esp. at night
- Brain fog, memory issues



Slimming & Beauty Practice

Fernridge Estate, Broadacres Drive Dainfern, FOURWAYS

www.royancebeauty.co.za aesthewell@royance.co.za

Mobile: 071 183 6637 / 082 458 8256

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Contact 011 023 5010 • 011 027 5010 info@ozchartwell@curro.co.za • info.ozfourways@curro.co.za www.curro.co.za

Land of Oz Chartwell to provide an integrated Grade R offering

By Sharon Konstantinou, Head of Land of Oz Nursery Schools

It is so encouraging to see government implementing Grade R as a compulsory start to a child's school journey. As an Early Childhood Development (ECD) professional, I am passionate about helping learners establish a solid foundation for learning at a young age and fully understand the impact that nursery schools have when it comes to providing concrete, tactile and play-based experiences.

Children benefit intellectually, socially, and emotionally from being with their peers at preschool and having the opportunity to explore their world outside their homes.

Grade R children still need to learn through concrete experiences and the freedom of play-based discovery. I believe that metacognition, collaboration, and creativity are developed through the foundation laid in a preschool environment and that children should have the opportunity to consolidate these skills before they are sent to "big school".

According to the American Academy of Pediatrics, play is critical for learning 21st Century skills such

as problem-solving, collaboration, and creativity. One of my favoroute quotes is by Carl Jung, who said: "The creation of something new is not accomplished by the intellect but by the play instinct."

Emotional readiness for the demands of a primary school environment is crucial. Strong self-esteem and confidence that are developed in the secure preschool environment are fundamental requirements for school readiness.

The Land of Oz Chartwell team are so excited to be able to provide this essential Grade R offering to our community from January 2022.

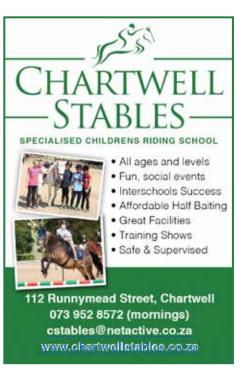






Now offering Grade R for 2022 | ENROL TODAY

We're expanding Offering Grade R in 2022 A trusted pillar of education in the Fourways and Chartwell communities since 1987 From 12 months to Grade R. Come and visit us and feel the love! #Learners2Leaders Contact us 011 023 5010/011 027 5010 info.ozchartwell@curro.co.za/info.ozfourways@curro.co.za







Bernard Buys (5th Dan) • bernard.buys@mweb.co.za

IJKA SA Black Belt Family

On Saturday 4 September 2021 and Saturday 11 September 2021, IJKA (South Africa) had its Black Belt Pre-Grading and Grading for 1st, 2nd and 3rd Dan. So much time, dedication and effort put in by all the grading candidates. We are so incredibly proud of all of the students.









It is an honour and a privilege to introduce the following successful grading candidates as well as to welcome some new yudansha (black belts) to our organisation: Natasha McKelvin (sandan), Justin du Plessis (nidan), Darius Steinmetz (shodan), Jarryd Gartland (shodan), Kiara Rodrigues (shodan), Liam Duvenage (shodan), Max Shardelow (shodan), Nikara Soorju (shodan), Nyasha Nyagumbo (shodan) and René de Langen (shodan).

Congratulations on your fine performance at your grading and welcome to the IJKA SA black belt family. Please allow me to single out René de Langen, a 74 year old student from the Western Cape, who had a brilliant grading. A remarkable feat for someone of his age. He showed us all that age is merely a number. There is no excuse for any of us not to do something we set our minds to.

Well done!



DAINFERN COUNTRY CLUB WELCOMES YOU TO THE 30TH ANNIVERSARY BY CELEBRATING IN A

FESTIVAL OF GOLF

STARTING 19/10/21 - 24/10/21

TUESDAY 19TH * LADIES DAY
WEDNESDAY 20TH * DAINFERN GOLF SHOP
THURSDAY 21ST * LADIES & MEN'S CAPTAINS DAY
FRIDAY 22ND * SPONSORS DAY
SATURDAY 23RD * GREENKEEPERS REVENGE
(MEMBER-ONLY)
SUNDAY 24TH * MIXED OPEN

Each day will be filled with exciting competition formats & prizes



CHOOSING A HIGH SCHOOL

Choosing a high school can be a daunting task. Here is a list of points to consider when making this crucial decision, for your child.

ETHOS, CULTURE AND VALUES

Ensure that the school's culture and values are aligned with those of your family. In this way, your child will feel comfortable in the new environment and will make friends with peers who respect or share the same ethos and outlook.

Established in 1997, Dainfern College is a standalone independent school that celebrates diversity and welcomes families of all faiths, nationalities and cultures. The school has a Christian ethos based on the traditional core values of Fortitude, Integrity, Self-discipline, Humanity, Accountability and Respect.

The College believes in a holistic approach to education, built on the pillars of Academics, Sport, Culture, Leadership and Service, supported by the key drivers of internationalism, innovation and transformational leadership. The school's mission is to develop the skills for life required



to unlock unique personal potential and to nurture creative thinkers with the confidence to become leaders – through the provision of an innovative, relevant and quality education.

SIZE

The size of a school and of the classes should be considered. Some students cope better in a smaller, more supportive environment, while others revel in the opportunities of a bigger school.

Dainfern College offers three classes per grade with an average class size of 25 in Grades 8 and 9. Once students select their subjects for Grades 10-12, classes are often smaller, ensuring that every student is well supported throughout their educational journey.

ACADEMIC OFFER

Establish what curriculum and exit exams are in place and consider whether these will give your child access to tertiary studies both in South Africa and internationally.

Dainfern College has an outstanding 20-year record of 100% pass for Matric. The College follows the IEB Matric syllabus, which is well recognised both within South Africa as well as overseas. In addition, the College introduced the Cambridge A Level curriculum three years ago as an alternative school exit exam. Students select the curriculum of their choice from Grade 11.

TECH & RESOURCES

The COVID-19 pandemic and hard lockdown has highlighted the importance of technological resources at schools.

Dainfern College prides itself on its technological systems and expertise and is one of only two Google Reference schools in Africa. The systems already in place ensured a seamless transition to online learning during Level 5 lockdown last year to ensure the continued delivery of lessons across the College.

EXTRACURRICULAR ACTIVITIES

A holistic education includes physical and cultural activities in addition to the academic programme. Enquire about the range of activities on offer and whether these are included in the school fees or are billed separately.

Dainfern College offers a comprehensive list of extracurricular activities, all included in the fees:

Sport: Athletics, Basketball, Cricket, Cross Country, Equestrian, Golf, Hockey, Netball, Rugby, Soccer, Swimming, Tennis & Water Polo

Culture: A Cappella, Art Club, Bands, Chess, Debating, Drama, Marimbas, Music Ensembles & Public Speaking

Service: Audio-visual Services, Cheerleading, First Aid, Outreach & Photography



PASTORAL CARE

Research suggests that teens have been the most affected by the COVID-19 pandemic. Find out what systems are in place to look after your child's emotional wellbeing as well as their academic progress. Establish whether these are included in fees or are charged separately.

A comprehensive academic and student support system is in place at Dainfern College. Extra academic support lessons every afternoon are included in the fees and the school counsellor is available to students at no extra cost. In addition, an experienced team of therapists and an educational psychologist are also available at an additional cost. The College has a well-established mentor and tutor system in place to ensure that every student is supported and cared for throughout High School.



To find out more about Dainfern College, visit www.dainferncollege.co.za or contact enrol@dainferncollege.co.za to arrange a tour.

DAINFERN ACTIVITY SCHEDULE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
07h00 to	RUN/WALK FOR LIFE Clubhouse	TENNIS INC	RUN/WALK FOR LIFE Clubhouse	TENNIS INC	RUN/WALK FOR LIFE Clubhouse	KARATE Stuart Hulley Pavilion	
08h00	TENNIS INC Court 2 Pavilion	Court 2 & 3 Pavilion	TENNIS INC Court 2 & 3 Pavilion	Court 2 & 3 Pavilion	TENNIS INC Court 2 & 3 Pavilion	TENNIS INC Court 2 & 3 Pavilion	
08h00 to	ZUMBA Pavilion	TENNIS INC	YOGA Pavilion	ZUMBA Pavilion	TENNIS INC	KARATE Stuart Hulley Pavilion	
09h00	TENNIS INC Court 2 Pavilion	Court 2 & 3 Pavilion	TENNIS INC Court 2 & 3 Pavilion	TENNIS INC Court 2 & 3 Pavilion	Court 2 & 3 Pavilion	TENNIS INC Court 2 & 3 Pavilion	GLORY TO GLORY
09h00 to	ZUMBA Pavilion	TENNIS INC	ZUMBA Pavilion	ZUMBA Pavilion	TENNIS INC	KARATE Stuart Hulley Pavilion	Pavilion
10h00	TENNIS INC Court 2 Pavilion	Court 2 & 3 Pavilion	TENNIS INC Court 2 & 3 Pavilion	TENNIS INC Court 2 Pavilion	Court 2 & 3 Pavilion	TENNIS INC Court 1, 2 & 3 Pavilion	
10h00 to		TENNIS INC	ZUMBA Pavilion	TENNIS INC	TENNIS INC	TENNIS INC	DAMACH
11h00		Court 2 Pavilion	TENNIS INC Court 2 Pavilion	Court 3 Pavilion	Court 2 & 3 Pavilion	Court 1, 2 & 3 Pavilion	PANASH FAMILY OF GOD CHURCH
11h00 to 12h00				TENNIS INC Court 3 Pavilion		TENNIS INC Court 1, 2 & 3 Pavilion	Pavilion
13h00 to 14h00		TENNIS INC Court 2 Pavilion		TENNIS INC Court 2 Pavilion	TENNIS INC Court 3 Pavilion		
14h00 to	KUMON MATHS Pavilion	KUMON MATHS Pavilion	JUNIOR KARATE Bernard Buys Pavilion	KUMON MATHS Pavilion	JUNIOR KARATE Bernard Buys Pavilion	DAINFERN U FOOTBALL	CLUB
15h00	TENNIS INC Court 2 & 3 Pavilion	TENNIS INC Court 2 & 3 Pavilion	TENNIS INC Court 1, 2 & 3 Pavilion	TENNIS INC Court 2 & 3 Pavilion	TENNIS INC Court 2 & 3 Pavilion	Pavilion MONDAYS to Th	
15h00 to	KUMON MATHS Pavilion	KUMON MATHS Pavilion	JUNIOR KARATE Bernard Buys Pavilion	KUMON MATHS Pavilion	JUNIOR KARATE Bernard Buys Pavilion	15h00 to 10 16h00 to 10 18h00 to 10	7h00
16h00	TENNIS INC Court 2 & 3 Pavilion	TENNIS INC Court 2 & 3 Pavilion	TENNIS INC Court 1, 2 & 3 Pavilion	TENNIS INC Court 2 & 3 Pavilion	TENNIS INC Court 2 & 3 Pavilion	FRIDA	
16h00 to	KUMON MATHS Pavilion	KUMON MATHS Pavilion	JUNIOR KARATE Bernard Buys Pavilion	KUMON MATHS Pavilion	JUNIOR KARATE Bernard Buys Pavilion	16h00 to 1 18h00 to 1	7h00
17h00	TENNIS INC Court 2 & 3 Pavilion	TENNIS INC Court 2 & 3 Pavilion	TENNIS INC Court 1, 2 & 3 Pavilion	TENNIS INC Court 2 & 3 Pavilion	TENNIS INC Court 2 & 3 Pavilion	SATURDAY & MATCH	
17h00 to	TENNIS INC	TENNIS INC	YOGA Pavilion	TENNIS INC	ADULT KARATE Bernard Buys Pavilion	08h00 to 09h00 to 10	
18h00	12	Court 2 & 3 Pavilion	TENNIS INC Court 2 & 3 Pavilion	Court 2 & 3 Pavilion	TENNIS INC Court 2 & 3 Pavilion	10h00 to 1 11h00 to 1 12h00 to 1	2h00
18h00 to	YOGA Clubhouse	TENNIS INC	TENNIS INC	TENNIS INC		13h00 to 14 14h00 to 1	4h00
19h00	TENNIS INC Court 3 Pavilion	Court 2 & 3 Pavilion	Court 2 & 3 Pavilion	Court 2 & 3 Pavilion		Contact — Marco marcod24@gi	
19h00 to 20h00	ADULT KARATE Bernard Buys Pavilion		GLORY TO GLORY Pavilion	TENNIS INC Court 3 Pavilion		marcouz4@gi	nan.com

Dainfern United Football Club – Marco da Rocha - marcod24@gmail.com / Glory to Glory – Bosco 083 590 5263 or Katherine 073 914 5523 / Karate – Bernard Buys 083 709 9289 / Karate – Stuart Hulley / 083 417 6315 / Kumon Maths Kathryn Warmback 082 857 5319 / Panash Family of God Church – Christine Gwaze 062 523 1850 / Run/Walk for Life – Shane van Jaarsveldt 082 601 0499 / Tennis Inc – Sam White sam@tennisinc.co.za / Yoga: Kylie - kylie@thebreatheeasy.co.za







R750

By Dr. Samke J. Ngcobo (MD Vocal Mentality) • vocalmentalityvm@gmail.com • www.sistersformentalhealth.co.za

Recommended Psychiatrists:

Dr. Clementine Chawane (Specialist Psychiatrist) • reception-b@global.co.za
Dr. B.L. Letlotlo (Specialist Psychiatrist) • letlotlo12@gmail.com
Dr. F. Maynard (Specialist Psychiatrist) • fvdfort@telkomsa.net

Thriving despite mental illness

As we commemorate World Mental Health Awareness Day on 10 October, may it serve as an inspiration to those living with various mental health struggles to befriend their reality, be unapologetic about their struggles and to pursue the help that is made accessible. I encourage loved ones who have become frustrated and despondent to develop more patience, compassion and empathy towards the challenges which face those who lives with mental illnesses. As a community, may we realise that mental health inequality needs to be addressed with greater vigour and urgency as it is not a privilege or luxury but a right.



Dr. Samke J. Ngcobo

When I was diagnosed with a mental illness, I felt very offended by my perceived label and assumed fate and therefore rejected it. I did not understand the concept of what a mental illness was and what it meant for methis was 20 years ago and the conversation surrounding mental health was still a taboo topic. As a result, I carried my misinformation and misunderstanding in the form of self-stigma and denial. What exacerbated this challenge was the social, cultural and religious stigma that I was subjected to. This experience flooded me with guilt and shame as if I had created the chaos that surrounded my illness. People from my church community deemed me as demon-possessed and from a cultural perspective, I was described as bewitched. The extent of judgment and rejection left me confused and frustrated. I grew up with a distorted perception relating to religion and culture.

Through the years, I have experienced several dark moments fuelled by stigma and multiple relapses. My training to become a doctor was often disrupted due to frequent hospital admissions. Due to lack of insight, I refused to accept that I had a mental illness and as a result, did not adhere and cooperate with any of the interventions which were presented to me. Seeing severely ill patients who were incapable of caring for themselves elicited a fear response within me and worsened my anxiety related to my diagnosis.

Fast forward to 20 years later, I'm a medical doctor who is accepting of their reality and passionate about mental health advocacy and activism. The evolution from denial to acceptance was by no means glamorous but required extensive psycho-education by my managing team and patience from loved ones which improved my insight regarding my condition and my response to it.

I am often asked by distressed loved ones who are related to individuals living with mental illness about how I came into my paradigm shift and my response is that patience, compassion and empathy go a very long way. The development of insight of oneself is not an immediate occurrence but is incremental and appears at a varying pace per individual.

When I eventually developed insight related to my illness, I became a student of myself and the diagnosis itself. I identified my triggers, attended to my self-awareness and self-care. I also approached my loved ones to help me identify the red flags that suggest a potential or imminent relapse: this was difficult to come to terms with. When I finally accepted the diagnosis of my mental illness, I decided to befriend it and deem it my lifelong companion. Doing this has given me much needed peace. The acceptance of my illness does not equate ownership of the identity of a mental illness- I am not Bipolar; I have Bipolar Disorder.

Not only can you live with mental illness but one can thrive despite it!

Finding Help

As provided by SADAG, please make use of the following contact details if requiring emergency assistance:

If you are needing a referral to a psychologist, psychiatrist or support group, please call The South African Depression and Anxiety Group (SADAG) on 011 234 4837 or 0800 20 50 26 and speak to a trained counselor who can assist you further.

Offices are open 7 days a week, 8am - 8pm. Fax number 011 234 8182

Substance Abuseline 0800 12 13 14 is available 24hrs.

Dr Reddy's Help Line 0800 21 22 23

Cipla 24hr Mental Health Helpline 0800 456 789

Pharmadynamics Police & Trauma Line 0800 20 50 26

Adcock Ingram Depression and Anxiety Helpline 0800 70 80 90

ADHD Helpline 0800 55 44 33

Department of Social Development Substance Abuse Line 24hr helpline 0800 12 13 14

0800 12 13 1 SMS 32312

Suicide Crisis Line 0800 567 567

SADAG Mental Health Line 011 234 4837

Akeso Psychiatric Response Unit 24 Hour 0861 435 787

Cipla Whatsapp Chat Line 076 882 2775

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COMMUNITY NEWS

Sue Harwood ♥ 083 228 2546 ♥ harwoods@netactive.co.za www.facebook.com/sue.harwood



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in the Dainfern Community

Just a reminder of the upcoming Bags of ♥ Donation Days in Dainfern.

It's now the first Wednesday of each month. Further dates as follows: 03 Nov and 08 Dec.



ANIMATED GALLERY

It's been another bumper month for Bags of Happiness is.... Putting smiles on the faces of little children whose parents struggle every day to put food on their table (if they have the luxury of one) and cannot afford the pre-school fees, let alone clothing and warm bedding. Thank you to every single person who "came to the rescue" for the crèche in Msawawa, particularly at such short notice, dropping off brand new stationery, dolls, new & gently worn clothing, blankets, linen, toys, cups, bottles, doll house, books and a Wendy House!!

Also a huge high five to all those who contributed cash and products for yet another bumper "Dainfern Donation Day" - the generosity was once again overwhelming! We are still in need of a gas cooker, refrigerator, gas bottle, kitchen items (including large pots) and non-perishable (and fresh) foods for their feeding scheme

Again, we were able to provide 30 food parcels donated to two organisations who look after indigent communities and do wonderful work in our area. We were also able to provide the usual monthly groceries to a Creche in an informal settlement, as well as loads of childrens clothes (brand new and slightly worn) food, games, books and toys.

Big thanks too, to resident Aron Frankenthal who donated 50 educational counting books for children using his wildlife photography skills to produce them! These will be distributed to two pre-schools. Big thanks too to Sasha Harwood for donating a selection of brand new cycling gear and to Ali Jennings for donating two exercise machines independently to Rock Solid Gym in Diepsloot which does phenomenal work in uplifting women.

Young Hero

In usual generous style, Dainfern residents came to the rescue for **Dean Swanepoel**, a young volunteers member of Fire Ops on our Estate who is considered one of the best-motivated fire crew members on the team.

Covid wreaked havoc with Dean's family in several ways and Dean's mother lost her job, so the new car had received for his 18 birthday had to be sold to keep food on the family table. Despite the huge disappointment, he took it gracefully and to this day, hasn't been able to replace his car. Instead, he bought a small motorcycle and rose above it all by volunteering at Fire Ops SA whilst writing his final matric exam.

The press recently spotted Dean in action, working on a huge fire in a home. He and the team saved the property, so the journalist wrote an article about him which gave Dean a lot more confidence and he passed his matric year. Fire Ops SA decided to appoint him as a full time employee to fulfil Dean's dream to become a third-generation Firefighter. In order to achieve this, Dean needs to study further so he enrolled at Pro Ethnos Fire & Rescue Training Academy to complete a six-phase course which was a costly exercise his family could not afford.

We appealed to our community (on social media) to donate enough for Dean to pay for his studies – and Peet Trollip, our head of Security and Bags of ♥ stepped



ANIMATED GALLERY

in to get the ball rolling by donating R4000 between them. By the time the last donation came in, we had collected more than double the required amount! Dean's father will be administering the funds and will most likely put the surplus amount towards another vehicle for Dean. In an emotional get together, Dean, his father and Peet showed deep gratitude to me for all those who have made a huge difference to someone who's life revolves around saving lives & properties!





The **MaDD ladies of Dainfern** are putting on a Fair to raise funds for the Teddy Bear Foundation which does incredible work for abused children. We are also supporting local vendors, many in need of a boost. We urge our residents to attend this event which promises to be fun for the entire family – all for a good cause!

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The future of money – part 12

The biggest Bitcoin hack in history

By Kreaan Singh



HACK OF HACKS: MT.GOX LOSES 650,000 BITCOIN

To many people around the world, Bitcoin has become an innovation that has meaningfully impacted their day to day lives. But, as with any technology, significant hurdles first needed to be overcome before the true benefits of Bitcoin became evident.

The MtGox hack

Bitcoin's early days were marred with controversy. From being used as a tool to launder money and to purchase drugs, to regular hacks on exchanges, the industry was akin to the wild west. One of the biggest events in Bitcoin's history was the hack of MtGox.

In 2013, MtGox (pronounced Mount Gox) was the biggest Bitcoin trading exchange in the world, handling more than 70% of global trades. It was based in Japan and owned by Mark Karpeles. The history of MtGox is incredibly controversial, with endless claims of missing funds, scams, withdrawals and deposit issues. But what made MtGox infamous is the biggest hack in Bitcoin's history – 650,000 BTC stolen.

How did it happen

At the time, those 650,000 BTC were worth a massive \$360 million. Today, it is worth an eye-watering \$22 billion! Hackers managed to access the exchanges hot wallets – wallets that are kept online so that customers can withdraw and deposit their funds immediately. We now know that keeping most of your customers' funds on a hot wallet is incredibly irresponsible, as it becomes a honeypot for hackers. In 2013, MtGox was completely irresponsible in that it kept almost all of customers funds on their hot wallet, instead of offline in a vault. Over 2 years, hackers slowly siphoned off Bitcoin from MtGox until the exchange collapsed due to a massive amount of missing funds.

Strangely, a lot of these stolen funds have never been accessed by the hacker and are still sitting in the wallets that they were transferred to, now worth hundreds of

millions of dollars each. The "1Feex" wallet, for example, still has roughly 79,000 Bitcoins since the day of the hack.

The aftermath

Karpeles, the owner, was arrested by Japanese authorities in 2015 and released on bail in 2016. He has not been allowed to leave Japan while investigations continue. Customers whose funds were stolen are slowly being paid back from Bitcoin that were recovered from MtGox's offline wallets, but, sadly, at the price of Bitcoin at the time of the hack – around \$550 each. That's less than 1.5% of what one Bitcoin is worth today. The remaining funds are expected to go to Karpeles, worth over \$1 billion.

The moral of the story

Many people who were not a victim of the MtGox hack look back to it as a necessary defining moment in Bitcoin's history. However, we must always sympathise with the victims whose Bitcoin investments could have made them mega-Dollar millionaires today. The lesson? Don't keep your cryptocurrency investments on an exchange. They are targets for hackers. Rather purchase a hardware wallet for increased security.

If you are interested in trading Bitcoin, Ethereum and other cryptocurrencies, why not enquire about <u>CoinEd's</u> online course? It is easy to follow, comprehensive, includes assessments to test your knowledge and has practical activities. We also encourage everyone to query about our arbitrage service, where you buy Bitcoin overseas at a discount and sell it in SA for an immediate profit. For more information, contact <u>info@coined.co.za</u>.

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Dainfern Golf Estate Residents

Classifieds

To advertise here, please contact Colleen on 082 898 6566 or at cobbie@global.co.za

Beauty

Mobile Beauty Treatments We bring the spa to you! For special occasions, Birthdays, Bridal and Baby Showers, Pamper and Kids Parties. Denise – 0825617269 *Note: Strict COVID 19 protocols applied.

Clothing

FERN BOUTIQUE ladies home-based boutique, 734 Bentwood Dainfern. Reasonably priced, proudly South African and imported ranges. Dresses, tops, pants, jeans, jackets, sterling silver from Bali, accessories. 9-3 Mon-Fri Sat vba. Sally 083 290 3857. Facebook Fern Boutique and Instagram @fern boutique

EmploymentADMINISTRATION

AM. 'MORNINGS ONLY' OFFICE ADMINISTRATOR REQUIRED. Consultancy firm requires a highly experienced and professional ½ day Operations Administrator in Dainfern (Fourways) to support their small group of demanding professionals. R7000+ per month. Strong admin/organisational experience plus the ability to produce spreadsheets and documents is absolutely essential. Candidates must live close by with own transport and must work in the well-equipped office, Monday to Friday. Experienced people only as the job is demanding and not suitable for individuals needing training. Please don't respond to this advert. Instead, simply request an application form by emailing your request to info@strathambryce.com. All other forms of response can unfortunately not be considered. No CVs at this time please.

DOMESTIC WORKER / HOUSE KEEPER

We are leaving the country and our helper, MICHELLE ADMITTANCE NLEYE, is looking for work on Mondays, Thursdays and Saturdays and available from 01 Oct 2021. She is a Zimbabwean with a work permit and has worked for us since 2019, however she has been working with families in this estate since 2007. Michelle is very good in keeping everything clean and organised despite the kids actively disorganising stuff, very patient and experienced with kids. She is punctual and focuses on her business in the house and can be contacted directly on

+27 63 522 5869. Am happy to be contacted on 078 404 9281 for reference.

My part time domestic helper **MARY** is looking for extra work. I can highly recommend Mary who is honest and extremely reliable. Call Jill 082 652 3433 or Mary on 076 779 6962

HOUSEKEEPING AND CHILDCARE: Ellen Ncube (South African) has been employed with our family for over nine years. She is looking for employment in the Dainfern Golf Estate on Tuesdays and Fridays. Please call Ellen at O62 656 4858 or contact me at O76-293 4242 for a reference.

LYDIA MUFUDZE (ID - DN150686) is looking for a full-time housekeeper / live in position in Dainfern Estate. She has excellent letters of references from both employers who have unfortunately relocated to the US.

Lydia's husband works for me and they are a lovely honest people who go out of the way for everyone and everything. Lydia can do all matters of housekeeping as well as being a great cook. To see her references or chat to me you can call Yvonne on 083 274 3584. Or you can call Lydia directly - 073 890 4734

We are leaving the country and our helper, MICHELLE ADMITTANCE NLEYE, is looking for work on Mondays, Thursdays and Saturdays starting 01 Oct 2021. She is a Zimbabwean with a work permit and has worked for us since 2019, however she has been working with families in this estate since 2007. Michelle is very good in keeping everything clean and organised despite the kids actively disorganising stuff, very patient and experienced with kids. She is punctual and focuses on her business in the house. Am happy to be contacted on 078 404 9281 or aalhassan01@qmail.com for reference.

RITA is looking for a full time position in Dainfern. She has worked for me and some of my friends and she is a very good cleaner and also takes care of laundry. She is Mozambican and has legal papers. For references please call me on 082 931 3643.

Doreen, my exceptional and unique household assistant is available on Thursdays, Fridays and Saturdays. She has worked for me over 12 years, is meticulous, hardworking

and totally trustworthy. She is available as my wife passed away late last year. Doreen, together with myself, were my wife's primary caregivers. She will continue to work in my home Monday – Wednesday. Originally from Zimbabwe, 49 years of age, has a valid work permit, fluent in spoken and written English and is great with children. References are available. Please contact her on 062 317 7541.

Wonderful **RACHEL** is looking for a full or part-time helper position in Dainfern (previous employers relocated). Honest, reliable, smart, fantastic ironer! Live-in or live-out. Ph. Bradley 072-529-4278 for full reference

SYLVIA is a very reliable lovely woman, who worked for us for 3 years in the Estate. Before that she also worked 6 years for other families on the Estate and in the Valley. She can work 5 days a week, if necessary as a live- in during the week. For further information you can call: Harriet Plaisier: 082-265 0563 or Sylvia: 078-041 3936

MAUREEN SIBANDA is looking for employment on Tuesdays and Thursdays, due to one of her employers relocating to the States. Maureen has worked for me for around 20 years and is solid in character, work ethic and integrity. Over the years, she has assisted her employers with normal domestic duties, including child care, care of aging parents, cooking, animal care and even house sitting. Maureen can be contacted on 072-553 2052. For reference purposes, please contact Joyce Osborne on 084-9004477

Our housekeeper **LIESBETH** is looking for evening or Saturday work. Call her on 076 086 8507 or Sue Johnston on 082 712 8511

MEMORY is looking for full time employment —live in or out. She worked in the estate for three years but the family have been transferred. Can supply reference. Call her on 062 298 6129 or Sue Johnston on 082 712 8511

BESLINE - We highly recommend Besline who has been with us for nearly four years. She is such a phenomenal worker and is amazing with our kids. She would be an asset to any family. Beslina Ncube 670620 0249 080. Tel: 076 419 6498

MERIAM has worked in Dainfern for 18 years. She is loyal, honest and an excellent domestic worker. She is totally capable of undertaking all household chores, and is an excellent ironer. I shall be sorry to lose Meriam due to our relocation. She is looking for work in Dainfern for Monday to Friday. Contact Jill on 072 229 9111 for references.

LINDA – Linda is looking for a full time work or part time work. She is a wonderful worker and has a certificate to look after children. She also loves animals. Her English is good and is a lovely person. Please contact Linda direct: 073 347 1719

TAPIWA is currently seeking permanent live in employment. Her previous employees have returned overseas She was employed to look after a baby and 5 year old, also worked in the house. She is a hard worker and

of a pleasant disposition. Please contact her directly on 084 081 3385.

RACHEL MDLULI, has been employed as our housekeeper for 5 years. We are relocating and she is looking for a full time live-in job. Rachel is Zimbabwean with permanent residence in South Africa. She has a friendly disposition and takes pride in her work. She is hardworking, honest and reliable. She took excellent care of our special needs son and our 2 dogs. We travel often and she coped with all the demands on her own. She is meticulous with ironing and cleaning and she is an excellent cook. Rachel comes highly recommended. Please call Rachel on 073 527 2282 or Elize 082 554 6991 for a reference.

Domestic helper available for immediate start. **PRISCILLA MPOFU** worked for us for 4 years and unfortunately her new employer was unable to move to Johannesburg due to the pandemic. Priscilla is very hardworking, kind and gentle. She is a fantastic cook and is wonderful with children. She completes her work to an extremely high standard and I have no hesitation in recommending her as a domestic helper. Please contact Priscilla on +27 604470594. If you have any additional questions for her previous employer please email Lindsey at ljwills@gmail.com.

FLORENCE - highly recommended domestic worker, housekeeper and nanny. 100% honest & trustworthy, bright, hardworking, reliable, punctual and communicate excellently. She is warm, loving and kind. Please contact Leanne Roux on 082 641 5964 or John on 072 587 2786

RACHAEL is looking for full time or part time work- live in /live out. She has been working in Dainfern for many years. Sadly her full time employer has moved to Cape Town. Rachael is excellent at carrying out her duties and is wonderful with dogs too. For reference you can contact: Bradley 072 529 4278 or Rachael 079 995 5101

CHIPO NYONI. Cell no. 062 968 0923. Our part time household assistant, Chipo, is looking for employment on any day of the week due to us leaving Johannesburg at the end of the month. Chipo has worked for us for 6 years and is incredibly hard working, honest, reliable and proactive.

EMILY our house help of 15 years has three days per week free. She is outstanding with cooking, cleaning and ironing. She is quiet and trustworthy of nature. ID no-6102160424089. Audrey Elskie. 084 975 7902

LIVE IN OR OUT HELPER. CONTACTABLE REFERENCES.Excellent and highly recommend. Kind, honest, hard working - always happy. Good with kids and animals. B Gangqu - 081 039 1523 / 074 179 5558

DORIS is looking for a fulltime or parttime housekeeper position (live out). She has been working on the estate for the last 15 years for four different international families with small children. Doris is really amazing, she loves children and her cleaning and ironing is a sterling job. Doris is very reliable, committed and hardworking. She always takes care of our 2 dogs while we are travelling. Please contact Doris on 083-586 1357 or contact me, Chantal Jansen (also for references) 076 076 3114

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QUEEN is looking for a full time live in position. Queen is a very pleasant, intelligent, hard working lady that goes the extra mile! She's reliable and completely honest and trustworthy. She's mild mannered, quiet with a good sense of humour. She'll be an asset to any employer. Please contact Queen on +27 (79) 265-6463. Or myself, Jacqui 083 324 8424

B GANGQU LIVE IN OR OUT HELPER - CONTACTABLE REFERENCES, Excellent and highly recommend. Kind, honest, hard working - always happy. Good with kids and animals. 081 039 1523 / 074 179 5558

LYDIA, OUR HOUSEKEEPER, is looking for additional days to work. She is respectful, trustworthy, hardworking, and organized. Her communication and written skills in English are good. Lydia is an adequate domestic worker, enjoys iron, and is open to cook and follow recipes!! Lydia is 40 years old. She is from Zimbabwe and has been working in South Africa for over 14 years, most of the time, for ex-pats family. She has a valid work permit. If you are interested in employing Lydia, please message or call her directly at 073 8904734

STACEY: Domestic worker -Malawian with work permit I am looking for a job as a domestic worker, full-time or part-time. Very keen and competent. I can clean, wash clothes, iron, cook and bake. I love families and animals and have 10 years experience, with references. I am trustworthy and can work without supervision. Ref: Lonehill: Martin 083 6540210 -Dainfern: Alex 072 9067386. My contact details: 073 209 7524 /078 425 2904.

TINY (SINKIWE SIBANDA), is looking for 2 days domestic work per week in Dainfern. Tiny is a happy, hardworking, reliable Zimbabwean lady who lives in Dainfern and has an ID and work permit. Please give her a call on 082 723 2608 or myself Linda for references 083 391 001.

PRAYER our helper is looking for three days (Tue/Wed/Fri) domestic work, starting 1 August. Prayer is friendly, good with kids, hardworking and reliable. Please call Prayer (+27 84 0891380) or Jeanine (+27 794 47 5902).

NOLITHA VERONICA MZIMKHULU - I.D 8311280577084

Has worked for us the past 6 years, she is loyal, honest and punctual. Currently her mother works for us as well and has done so for 25 years. Since all my children have moved away, we no longer are in need of 2 maids, so Nolitha is looking for work. Nolitha: 073 148 4522/ For reference please contact me on 083 432 6812/Enerst at 072 110 0000

SARU has worked with us for well over 5 years whilst continuing with her full time job with the Banerjee family. She would regularly assist us with domestic support for entertaining or when our staff were on leave. Saru is not only hard working and reliable, she also uses her initiative and common sense to address problems as they arise in a practical and efficient way. She is currently available and is seeking full time or part time work preferable live in. She is an absolute pleasure to have as an employee. Please call Daniel 079 696 6688 for further information or Saru directly on 063 545 7827.

GARDENER / DRIVER / HANDYMAN / DOG WALKER

LEMOS my gardener is looking for extra work on his free days. Lemos works hard and is extremely reliable. Call Jill 082 652 3433 or Lemos on 078 204 9031

JOHN NGWENA excellent gardener looking for work on Mon's, Wed's and Thurs's. His cell number is 061 078 1779.

TOM is excellent at garden maintenance. He is reliable and polite. Please give him a call if you need any garden services.

Contactable ref call at 072 386 7727. Name of Employee: Tom Chirwa. ID Number: MA 351057

JUSTICE - I recommend Justice who is a very reliable gardener, has a good attitude, works hard, responds well to your instructions, comes on time and delivers. He can be reached at 084 360 0857.

SAMUEL has been a great employee who demonstrated great integrity, dedication & discipline as a driver. Swimming pool maintenance/ gardener skills & experience are is an added advantage. Contact tel: +27 64 097 6727 – Michael for ref.

For any gardening work, please contact **PETER JOHN** (Malawian) on 078 965 7811. I'm very punctual, efficient & polite & have worked in Dainfern for 10 years. References available.

Our gardener, **PAULOS**, is available to provide gardening services on a Monday. He has worked for us for over 7 years & is a competent & friendly gardener. He maintains our garden, veggie patch, pool & often assists with general maintenance/handyman jobs around the house. Please contact Paulo's directly on 062 400 2513 if you are interested, or myself Emma for a reference 079 398 0484.

GOODMAN - has worked for me for seven years and is looking for extra working days in the estate. He is a self-starter, honest & reliable. His skills include gardening & the occasional handyman job in the home. His gardening knowledge is excellent. Contact Goodman - 078 781 2733 Ref 079 058 4060

SIFISO NDLUVU is looking for gardening/handyman work on Wed, Thu or Sat. Highly recommended. Contact on 078 291 3299

JOHN, my part time gardener is looking for extra work on the Estate. "JOHN is a very hardworking and reliable gardener. He works for me on Wednesdays and is looking for extra work in his free days. He is also a carpenter. Tel: +27 73 025 0030. REF: Patience Dhliwayo 082 884 0074

JOHN NGWENYA is seeking gardening work. His SAID no. 730323 65 74 084. He is looking for jobs on Monday's and Wednesday's. His cell number is 061 078 1779.

I hereby confirm that **ALFRED MHODI** has been my driver for eight years. I am consistently impressed with Alfred's attitude and productivity during the time, he has working for me. I recommend Alfred without reservations. Contact Alfred on 073 647 3801 or lessica on 073 523 5010 for reference

JOSEPH - Malawian with South African permit- I am an experienced gardener with many years of service specifically in

the Dainfern Golf Estate and I am seeking daily employment. I am capable, honest, dedicated, loyal and hard-working and can work unsupervised. I am trained and competent to provide all the basic tasks needed to keep a garden well-maintained and have good working knowledge of all mechanical garden equipment and irrigation - 062 479 2395

WILLY MAMABOLO our gardener /handyman has worked for us for 17 years. We are relocating to Capetown so Willy is need of employment. He is trustworthy, honest and works diligently. Willy has completed a woodwork and plumbing course and also has a driving licence. He would be an asset to anyone. Ref: Angela Beevers 082 584 0453.

MOFFAT DUBE , Zimbabwean FN598675 – Gardening Certificate from Sue Bot, Broadacres. Honest hard-worker. Also does cleaning. 7 years on Dainfern. Cycles from Diepsloot. Needs four more days to support his family. Eurydice Stanton 083 610 0812

Food and Snacks

GREAT BILTONG with free delivery. Great snack for the whole family or for lunch boxes. SNAP STICKS - Trad/Chilli/Spare Rib/Chutney; SLICED - TRAD/CHILLI; WHOLE STICKS; DRY WORS. Whats app me for a PRICE LIST 074 179 5558 Vanessa Rout.

To Buy / For Sale / Hire

JEWELLERY - I specialize in designs, repairs, evaluations, trading in old gold and anything else regarding jewellery-because I work on a consultancy basis, we can meet via zoom or in person .Come with over 30 year's experience. Contact Rien 084 234 4433 or email - riendestombe@gmail.com

IF INTERESTED, please contact Julitta on +27 82 456 7212 and note that the buyer will need to arrange delivery from Dainfern Golf Estate. Suede 6 L-shaped seater lounge set, R12,000.00 (negotiable - available immediately); Russell Hobbs kettle, R400.00 (available from 15 October 2021); Samsung microwave with grilling option, R1,500.00 (available from 15 October 2021); DeLonghi 4 slice toaster, R1,750.00 (available from 15 October 2021); Samsung frost free combi fridge with water dispenser, R6,500.00 (available from 15 October 2021); NutriBullet 600 series blender, R500.00 (available immediately); LG 9kg washing machine, R5,000.00 (available immediately) and more...

SYAM GAS HEATER - 3 years old comes with 2 large gas tanks. Still in the wall so we can do a demo for you. Hardly used. Price - R15'000.00. Original invoice - R28438.00 (July 2018). Please call yvonne - 083 274 3584

LOOKING TO BUY. Are you relocating, downsizing or just cleaning up your cupboards? Leeray collectables willpay cash for your used clothes for the whole family, shoes, bedding, towels, toys, suitcases, backpacks, kitchenware, handbags, baby accessories, etc. Contact 072 656 0470 or silindenid@gmail.com

Medical

DAINFERN PHYSIOTHERAPY (in Sherwood Village). Bring your back, neck, headaches, knees, hips, shoulders, hands, ankles etc and all sport injuries. Contact Jacqui on 083 324 8424.

Golf Carts

We buy golf carts in any condition. Instant cash. Dainfern resident – Jordan 072 348 2612

Pet Care - Nutrition

UME HOLISTIC DOG FOOD, full of nutrition and delicious! Easy meal form, just add warm water and you will have dogs begging for more- for young and old! Contact Vicki on 072 025 0931

IS YOUR AILING PET STRUGGLING with joint pain, epilepsy, cancer or stressed and anxious? Our natural pet Cannaco CBD oil or biscuits has been proven to relieve these symptoms! Vicki 072 025 0931

Tuition

COLLEGE PATHWAYS & CONSULTATIONS: I have over 20 years of experience supporting students on worldwide university selections, applications, and essential qualifications. What is your best-fit college? How can you make a four-year plan leading to your dream school? Oxbridge, Ivy-League, Russell Group, Common Application, NCAA Athletes, Netherlands, Scholarships, and Financial Aide need some guidance? Contact Ms. Johnson at 076 293 4242. I am located in Dainfern Golf

FIRST AID Certifications and Credentials: Improve your resume and college applications with certifications in First Aid, CPR, Life-Guard Training, PADI, and GUE Diving Courses. Contact Dino at 079 548 2838

PRIVATE TUITION: Qualified, Experienced, Teacher offering lessons online/one on one. All Grades, All Subjects. Specializing in English. Homework Assistance/Supervision. Study Skills. Test/Exam Preparation. Home Schooling. Morning/Afternoon Sessions. Call Chantelle: 082 967 0270

LET'S BUILD YOUR FUTURE TOGETHER! QUALIFIED FOUNDATION PHASE TEACHER, offering one-on-one private tuition for all subjects. Specialising in Grade R & 1. Fun Arts & Crafts; Fine & Gross Motor Stimulation Available. Contact Nicole: 079 261 4292

PRIVATE MATH & ENGLISH TUTOR available for lessons online or in person, grades 1-10. Also supervise grades 1-4 during online schooling. R300/hour private lessons, R800/morning online school supervision. Dominique 079 233 1545

Contact Colleen at cobbie@global.co.za

Service Providers: The Listings

		AIRCONDITIONERS	
AA CURRIES HOME AIR-CONDTIONING	Richard Kim	011 394 9696 / F: 011 975 9686 sales@curries.co.za / www.curries.co.za	Comfort Control for your home. Agents for LG, Panasonic, Samsung & Kelon. Sales, services & maintenance to all brands. Qualified technicians EST. 1976.
		ATTORNEYS / CONVEYANCERS / NOT	TARY
CHRISNA RICHE Attorney,Conveyancer and Notary	Chrisna Riche	011 465 3809/ 083 5300 465 chrisna@richeattorneys.co.za	Specialising in Conveyancing and Property Law. www.richeattorneys.co.za
		BEAUTY / BODY / HAIR / NAILS	
BODIOLOGY	Adrienne	082 572 5857	International Skin Technology - Skin rejuvenation, sun damage, wrinkles. Please phone for an appointment.
MOBILE BEAUTY TREATMENTS	Denise	082 561 7269	We bring the spa to you! For special occasions, Birthdays, Bridal and Baby Showers, Pamper and Kids Parties. *Note: Strict COVID 19 protocols applied.
ROYANCE AESTHWELL		071 183 6637 / 082 458 8256 aesthewell@royance.co.za www.royancebeauty.co.za	A Slimming & Beauty Clinic established to support and maintain an authentic wellness lifestyle - based in Dainfern.
TRIBAL BUTTERFLY	Linda	072 541 7390 (WhatsApp)	Tribal Butterfly Holistic Wellness offers a full range of services - from exquisite nails to exotic pedis and massages, lash extensions, permanent make-up, skin care and more!
	BUILDING	CONTRACTORS / HOME MAINTENANCE / PA	AINTERS / ARCHITECTS
ADAM PAINTERS AND RENOVATIONS	Adam	071 073 3575	We do painting, tiling, and house renovations. References available in Dainfern. Your future is our concern.
AUSTIN RENOVATION PAINTING, TILING & MAINTENANCE	Austin	078 244 8531	Experienced handyman: Building, plumbing, renovations, painting, tiling & maintenance. Good workmanship and reliable. Ref available Dainfern Area & Fourways. We also offer Tree cutting.
BRILLIANT PAINTER	Jerry	072 313 6778	Outstanding work: brick work, electrical with coc, tiling, paving, plastering, rhinolite, damp proofing, ceiling repairs and renovation. Ref. Cathy 011 469 0265.
CARE CONSTRUCTION AND PAVING	lan	083 250 3736 Office 011 469 4300 ian@careconstruction.co.za	We specialise in new houses, additions & alterations, paving, painting & all your building requirements, no matter how big or small. Over 30 years experience. www.careconstruction.co.za
CARPENTRY SPECIALIST	Claude	083 378 0896	Folding door, sliding door patio enclosures, new door and window installations, timber restorations and associated home maintenance. All work supervised.
DAMPSTAR	Andrew Kennedy	011 027 2591 info@dampstar.co.za	Damp-proofing, Waterproofing and Painting Specialists. Over 25 years experience. All work guaranteed. Free inspection and quotation.
FE TURNKEY SOLUTIONS	Mole Fe	083 263 1193	For development, construction and maintenance. CIDB, NHBRC, Master Builders and B-BBEE level 1 accredited.
GREATFUL HANDYMAN	Walter	061 215 8134 www.greatfulhandyman.co.za	Building, alterations, handyman, painting. Check us on our website.
HANDYMAN	Steve	076 823 6847	British tradesman for all the jobs you hate!! Building, Total house Renovations, Wooden Flooring, Painting, Cupboards, Damp Proofing, Tiling, Plumbing, Roofing, Ceilings, Kitchen & Bathroom renovations & electrical work, plastering, paving & alterations. No job too small. Offers a friendly & reliable service.
HANDYMAN	Fernando Cardenas	083 263 8769	Bathroom specialist. All repairs. Renovations, building and bathroom specialist. Reference available.
HOME MAINTENANCE	Greg Woolcott	084 314 1158	Painting, damp-proofing, plumbing, cleaning, sanitising, wall papering , property maintenance and more. We have a reliable crew and project manager to over see.

HOME PROJECTS	Sidney	084 843 8258	Are you moving out of your existing home and need those odd jobs completed or moving into a new home? We specialise in all handyman jobs, painting and tiling. No job too small. We also collect rubble and garden refuse and any clutter accumulated over the years.
HAPPY CARPENTRY AND WOODWORKS SERVICES		084 971 3843	Kitchen unit built in cupboards- BIC wardrobes and shelves- hanging doors- decking and laminated wood floors- ceilings – dry walling and cornices- tiling and painting. Repairs and maintenance. Free quotation any time- good workmanship.
INVESTMENT HOMES	Robert Sova	082 828 2834	Construction and project management. New homes, alterations and renovations.
L.M. PROJECTS	Lungi	078 559 0970 074 654 3555	Painting, plastering, alterations, ceilings/partitions, cornice, tiling, electrician and waterproofing.
MAJOR GLASS & ALUMINIUM		011 769 8603 mga@worldonline.co.za	New or existing work: windows, steel replacements, doors, hinge-folding doors, showers, frameless showers and much more.
NCS PROJECTS	Nicholas Shaw Christopher Shaw	082 888 1518 nic@ncsprojects.co.za 062 934 4366 chris@ncsprojects.co.za	Project Management of new home. Renovations and alterations.
N HARRIS PTY (LTD) WATERPROOFING CONTRACTORS	Ron Gunnett	082 562 1566 F: 011 705 3055 nharrispty@gmail.com	Waterproofing of all roofs, rising damp on boundary, internal and external walls, exterior wall coatings. We also attend to blocked sewers, plumbing, geyser problems, renovation of pools with epoxy coatings (any colour). Established 1994.
POWER 4 LESS		+27 1000 17 700 082 447 7720 info@pwr4less.com	Tired of load-shedding and power outages affecting every aspect of your daily life? Switch to Power 4 Less.
PHG BUILDERS	Simon	082 352 1347	New buildings, renovations, waterproofing, ceilings, any building related projects. No job too small (NHBRC) registered Dainfern references.
PUNGWE CONSTRUCTION	Tony Memory	066 014 9122 064 879 3630	NHBRC Accredited Contractor available for your new home construction, home renovations-ceilings, partitions and insulation, tiling, painting and wall coating, floors and flooring- cemetitious and granolithic screeds, epoxy and polyurethane flooring, painting and sealing.
QG CONSTRUCTION	Givemore	071 349 7486 qgconstruction34@gmail.com	Building and Renovations, Welding, Painting, Roofing, Waterproofing, Tiling, Tree Felling, Rubble Removal, Plumbing and more.
RAINBOW WATERPROOFING & ROOF REPAIRS (PTY) LTD	Allen van Deventer	011 057 7007 084 449 9722 / 083 245 5095 rainbowwaterproofing63@gmail.com	All work guaranteed / Free quotations. Waterproofing, roof repairs, skylights, gutters, ceilings and roof painting.
RK MAINTENANCE SERVICES	Vicky Elaine	082 898 7086 078 364 7843	building : office and home maintenance, renovations of bathrooms, handyman services and more.
RYDER HOMES		011 476 1974 info@ryderhomes.co.za	Architectural designers and building contractors. Over 30 years experience in designing, building alterations and additions to both residential & commerical properties.
SIMANGE PAINTERS & RENOVATORS	Freddy Andrew	074 077 4330 nyathifreddy@gmail.com 074 357 7834	Specialising in building, maintenance, alterations, additions, waterproofing, damp proofing, ceilings, dry walling and house plans.
TALL OAK TIMBER WORX	Michael van Wyk	084 905 4444 michael@totw.co.za	All woodwork, decking, doors, roofing, kitchens, painting of homes and contracting paintwork & general maintenance.
		CAR	
KWIKBUYCARS		083 659 1125 www.kwikbuycars.co.za	Call us and sell your car the kwik and easy way!
		CARWASH	
BUBBLES IN THE VALLEY CARWASH - Dainfern		064 514 7798 Facebook: @bubblesinthevalleycarwash Instagram: bubbles_in_the_valley_carwash	Carwash and makeover clinic - NOW OPEN!

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		CHURCH	
GLORY TO GLORY MINISTRIES		011 484 4532 083 590 5263	Sunday Church Service, Children ministry, intercession and teaching of the word.
	CLEANING ,	/ DECLUTTERING / SERVICES / WINDOWS /	CARPETS / UPHOLSTERY
DYNAMIC STEAM CLEANING	Alan	067 228 2053	We specialise in deep steam cleaning and sanitizing of carpets, rugs, lounge suites, mattresses, chairs, curtains, blinds, showers, car interiors and more.
PRESSED IN TIME Jukskei Park		Call or WhatsApp 076 207 9641	We collect your laundry, dry cleaning or shoe repairs.
RED HOT MAIDS	Wadzi	011 465 2874 / 072 823 5272 info@redhotcleaning.co.za www.redhotcleaning.co.za	Professional, Reliable Maid Service. Daily Maid Rental, Spring Cleaning, Post/Pre Occupational Cleaning, Teams, Carpet and Upholstery Cleaning. We go the Extra Mile!
THE REAL DON DRY CLEANERS	Valley Branch Square Branch	011 469 4831 011 469 0245 info@trddainfern.co.za www.therealdon.co.za	We provide superior quality cleaning of all personal & household effects together with tailoring, alterations & mending services. Post/pre occupation house valet & flood water removal also undertaken.
		CLOTHING / HANDBAGS / FASHION /	SHOES
FERN BOUTIQUE	Sally du Plessis	083 290 3857 / 011 469 0079 dalsaduplessis@telkomsa.net	Exclusive ladies and teen fashion boutique in Dainfern. Trendy clothing: stunning tops, camisoles, bling belts, handbags and much more. Open Monday to Friday 9 - 3. Saturdays view by appointment.
		COMPUTERS / PRINTERS/CELL PHONES	& REPAIRS
QUICK SERVICE INFORMATION TECHNOLOGY	Tamrin	083 600 2533 quickserviceit@icon.co.za	ON-SITE service, sales, support, repairs, upgrades and networking. PC's, Laptops, printers, hardware and software.
	Ε	LECTRICIANS / ELECTRICAL REPAIRS / APPL	IANCE REPAIR
AAB-TECH PLUMBING & ELECTRICAL	Andrew	071 774 1883 082 556 5133	Earth leakages, fault finding, faulty plugs & lights- General electrical works done professionally @ competitive prices 24/7.
ALLIE ELECTRICAL	Alan	071 528 6656	24hrs electricians we specialise in all electrical repairs, maintenance & new installations. We also do fault finding & certificate of compliance (COCs). We also do electrical repairs e.g. geysers, stoves, ovens, microwaves etc. We are always a phone call away.
A-Z PLUMBING ELECTRICAL & APPLIANCE REPAIRS	Janusz	082 449 1997 janusz@pixie.co.za	For all your plumbing requirements from burst pipes to faulty toilets. The right price plumbers. All work guaranteed. For all your electrical requirements and appliance repairs-all makes.
B4 ELECTRICAL	Peter	083 452 0635/6 b4electrical@mweb.co.za	B4 electrical - Fully licensed and registered. For all your electrical installations, repairs, maintenance and certificates of compliance. Fast, friendly and reliable. We offer a 24hrs emergency call out service.
ELECTRICIAN	Lazurus	0836244583 0731273921	Certificate of compliance (same day); Faulty finding and tripping problems; Balancing of phases and redoing distribution boards; Rewiring and rewire of houses; Repairs to faulty plugs, switches, lights, geysers, stoves and ovens.
ELECTRICAL- MOKAPANE	Ronald	072 154 9735 063 960 3891 F: 011 235 7777 mokopane@channeldata.co.za	Electrical installations & maintenance, house rewiring, emergency call outs, security Lighting, Fault finding & repairs, power failures, geysers, pool/spa motors, certificates of compliance. Underfloor heating installations & repairs, sales & installations of generators and UPS.
LAZIS ELECTRICAL	Gerald	078 739 6773 / 0731273921 laziselectricalmail@gmail.com	Tripping and fault finding, Electrical compliance repairs, power failure, New installation and electrical maintenance Faulty geysers, stoves and ovens, Repairs to plugs, lights and switches. Installation of inverters and generators.
LOUPEZ ELECTRICAL & ACCESS AUTOMATION	Loupez	076 108 1591 063 770 7919 www.loupezelectrical.co.za	We are a licensed and registered contractor and member of ECA. The ECA guarantees our workmanship with R20 000 for all your electrical and backup power needs 24/7.

		STATE AGENTS / COMMERCIAL & RENTAL	PROPERTIES
CENTURY 21	André Anne Marianna Sue (Rentals) Tania (Rentals)	083 411 7674 083 600 0566 083 260 9255 079 119 8903 082 550 2222	Century 21 Lifestyle Team. Agents of Change. Your sales and rental professionals, with many years' experience in Dainfern and surrounding estates. www.century21.co.za / Office number 011 4601599 / Email: lifestyle@century21.co.za
CENTURY PROPERTY DEVELOPMENT	Nick Garden	066 477 8955 nickg@century.co.za	Riversands Outlet Park. World-class Showroom & Warehouse spaces to let in Fourways.
CHAS EVERITT International Property Group	Brian Falconer Richard Miller Gary Parker	082 651 7890 076 835 5170 082 895 1647 www.chaseveritt.co.za	Sales and rentals in Dainfern, Dainfern Valley, Dainfern Ridge and surrounds, Fourways Gardens, Cedar Lakes, Broadacres and Blair Atholl. Chas Everitt International Property Group has over 100 offices countrywide.
ENGEL & VÖLKERS	Gaby Farndell Alice Chibanda	Sales: 082 451 7876 Rentals: 083 500 5669 011 465 0410 www.engelvoelkers.com	Engel & Völkers specialises in the sale and rental of residential real estate. Whether buying or selling property, Engel & Völkers should be your property agent of choice.
EXECUTIVE PROPERTIES	Nicci Humphreys Lara Pretorius Carrie Field	082 492 0111 083 650 9044 082 372 2983 www.executiveproperties.co.za	Executive Properties specialise in Corporate Rentals and offer complete and professional service in the rental and sale of homes in Dainfern and surrounding estates. Contact us to buy, sell, or rent your home. Tel. 011 469 4107
GAYE CAWOOD REALTY	Gaye (Sales) Matt Sue (Rentals) Office	083 601 1593 084 602 7999 082 452 0086 011 469 4070	Our passion drives us to deliver an exceptional and professional service. Please call us if you are selling/renting or buying a home.
HAMILTON'S PROPERTY PORTFOLIO	Brenda Gilbert	083 251 4452 brenda@hamiltons.co.za www.hamiltons.co.za	Brenda of Hamilton's represents Dainfern Golf Estate, Dainfern Valley and Dainfern Ridge, in both sales and rentals, with consummate professionalism and extensive local knowledge.
HYACYNTH PROPERTIES	Abel Ntini Helen Ntini Office	082 908 9182 082 920 3640 0114694937	For rentals and sales in Dainfern and surrounds, contact your family run Real Estate Agency for personalised discreet service. We live and work in Dainfern. We are 100% BBBEE compliant.
LIVE REAL ESTATE	Office	011 465 1187	Live your best life. Buying, selling & rental specialists in Dainfern.
MALHERBEX	Willie Malherbe	011 786 9364 willie@maherbex.com	Buying, selling and rental specialist in the Dainfern and Surrounding Areas. Call today for a Free Valuation. 0652 000 000
PAM GOLDING PROPERTIES (DAINFERN)	Sharen Kyle (Rentals)	083 461 3999 082 483 5861	Pam Golding Estate Agents, 170 offices national. www.pamgolding.co.za / Office no. 011 469 4691
RAWSON PROPERTIES	Robbie	082 574 9010 robbie.kreser@rawson.co.za	A privately owned property fund specialising in A-grade commercial properties on main arterials within Johannesburg.
VERED ESTATES	Pamela Diedericks	083 680 6771 www.vered.co.za	JUST WHAT YOU WANT Contact us for a hassle free, no obligation valuation on your home for Sale or Corporate Rental.
		FOOD & BEVERAGE / WATER / ONLINE	ORDERS
REAL FOOD 4 SURE		076 640 8836 www.realfood4sure.co.za	Order online - delicious & goodness delivered to your door. Variety of organic & conventional fresh produce, meat etc.
PERFECT WATER		011 465 9024 www.perfectwater.co.za	Broadacres Shopping Centre: Taking care of all your water needs.
		GARAGE DOORS / GATES	
ALPHA DOORS	Simmons	081 241 6670	Top quality and cheap garage doors aluminum, wooden, steel and roll up, garage door motors, springs, remote programming, cctv remote viewing. Alarm systems link up to estate security.
DIGITAL SYSTEMS	Joshua	078 180 5416	New installations, repairs and services to gate and garage automation, alarms systems, intercoms, electric fence, remote programming, electrical repairs and pool pumps.
K & R INTERCOM & GATE AUTOMATION	Selvie Nair	082 333 2652 011 791 4717	Service to all types of garage doors and garage motors.

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NG SYSTEMS	Russel	084 709 0916	We install and repair: Gate & Garage Door Automation, Garage Doors, Alarms, Intercoms, CCTV and DSTV.
		GARDENING / IRRIGATION	
BRAND'S TREE FELLING		0861 708 000 / F: 086 530 6656 brandstf@mweb.co.za	Tree felling, tree maintenance, site cleaning, supplier of wood chips, fully insured. SALI (South African Landscape Institute) Selected Supplier.
DT MAINTENANCE	Zak	072 029 9776	Irrigation repairs (automated and manual systems) , weekly pool maintenance/repairs (pumps, filters etc.)
GARDEN BOYZ	Jordan	073 849 0927 Jordanbornex10@gmail.com	For all your garden needs, landscaping, irrigation, lawn cutting, garder cleanups, compost, lawn dressing, garden maintenance, weeding, tree felling, pool services, try us and see a change.
GARDEN DEL PALMAS	Dieter Wiese	011 708 1545 083 628 8990 F: 086 689 3429 gardendelpalmas@mweb.co.za	Your garden service with the personal touch. Your garden looking down? Want to make a change? We provide clean ups, garden maintenance, landscaping, refuse removal, tree felling, palm trimming and professional irrigation systems.
GEORGE LANDSCAPING SERVICES The personnel touch	Tracy Dedlow	083 625 9573 tracyd@thegeorgegroup.co.za	With our expertise and knowledge, we can assist with your maintenance, installation & irrigation. This is specific to your needs to ensure a beautiful garden. We give ongoing advise & recommendations on all essentials.
JEANS GARDEN	Mike	071 169 2886	Weekly garden and pool maintenance, clean ups, tree felling, compost and lawn dressing. Over 17 years experience in the Estate. 5 days a week.
LAWN CARE PLUS	Nicholas Dunn Terry Weston	082 573 3484 072 208 3587 info@lawncareplus.co.za	Lawn Treatments, bad weed and insect control, lawn dressing and compost, scarifying (verti-cutting), instant lawn installed (sun and shade), lawn aeration and complete lawn makeovers. Tool sharpening available. www.lawncareplus.co.za
LEBO'S GARDEN SERVICES	Lebo	074 922 1733 / 072 354 6296 lebogarden@gmail.com	Weekly garden and pool maintenance,irrigation repairs and Daily garden refuse collection.
MAINTENANCE SOLUTIONS ZR	Zak	072 029 9776	Irrigation repairs/installations, Landscaping, Pool services, pumps and treatments. Over 5 years experience.
NATURE'S WAY LANDSCAPING	Sharon	082 415 8786 Naturesway@mweb.co.za	Landscaping Services & Gardener Training, for all gardening requirements. Landscaping/garden design, composting, lawndressing, general clean-ups and irrigation. Gardener training is another option to assist with pruning/trimming, planting seedlings caring for your lawn and general seasonal maintenance.
PFUKA U TIRHA - Wake Up and Work	Sam	071 094 4793	Sam is the man for reliable garden and pool maintenance and clean ups. He excels at all aspects of rose care and pruning. Book now! Reference Gillian – 082 442 7733.
SOFT RAIN IRRIGATION	Isaac	078 658 4371	For all your irrigation requirements - new installations, maintenance and repairs - 12 years experience.
STEPHY'S LAWNFARM		orders@stephyslawnfarm.co.za www.stephyslawnfarm.co.za	Super Lawn Deals. Organic Soils. Compost, topsoil & lawn dressing.
TINYIKOTE PROJETS		083 587 7696. elomonthemba5@gmail.com	We provide weekly garden service and clean ups, compost and lawn dressing and pool maintenance .
		GAS	
GAS FAMILY	Nan	078 050 6600 info@gasfam.co.za/www.gasfam.co.za	Cylinder refilling and deliveries; gas installations & servicing gas appliances; energy saving solutions.
		HAIR DRESSER	
IMMERSION HAIR & NAIL SPA		071 333 8170 appointments@hairandnailspa.co.za	An exclusive Hair & Nail experience in the heart of Dainfern. We offer a full range of cutting edge salon services and products in a sophisticated and welcoming environment.
NICOLE'S HAIR SALON	Nicole	083 459 7554	Enjoy a great hair experience in the comfort of my home salon. I offer a full range of services, including colour and keratin brazillian treatments.
		HORSE RIDING / SADDLER	
CHARTWELL STABLES	Shirley Stables	083 500 0103 073 952 8572 cstables@netactive.co.za	Children's Riding School. We specialise in teaching children to ride on safe ponies with qualified instructors. Pony camps, fun days & training shows held regularly. Ladies rides in the mornings. "Have fun while you learn".
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	INTERIOR (FUR	WITHER AND LOCKEDY AND CORP.	HIDE CHANGE ORGANICATION
EVEDENE DATUDOON	INTERIOR / FUR	NITURE / UPHOLSTERY / OUTDOOR FURNIT	URE / HOME ORGANISATION
EXTREME BATHROOM CREATIONS		info@extremedoover.co.za www.extremedoover.co.za	Don't just renovate, re-imagine.
INTERIOR DÉCOR & DESIGN	Karen Schaefer Louw	082 940 3571 011 469 0767 karen@interior-decor-design.co.za www.interior-decor-design.co.za	We offer a complete design, supply & installation service, tailored to your individual requirements (budget/per room), - emphasis on creativity, quality & service. We provide the inspiration to help you achieve an interior that reflects your taste & lifestyle.
MAKOYA BLINDS	Arnold	071 356 0945	Sales and installation of all blinds. Wooden blinds; Aluminium blinds; Vertical blinds and Roller blinds. Repair and service of all as well cleaning.
PATIO WAREHOUSE in Ferndale (Malibongwe off-ramp)		011 801 0820 084 825 1120 www.patiowarehouse.co.za	Africa's largest selection of patio furniture and accessories.
		LOCKSMITH	
BRAD'S LOCK & KEY		082 854 9898 / 011 802 4114	All locksmithing work-Keys made/ doors opened. Also, gate motors/ gates etc. installed.
		MEDICAL / AESTHETICS / COVID-	•
NIX & TEE WELLNESS AND AESTHETICS CLINIC	Turid Stacey	083 633 2652 tee@ntaesthetic.co.za Tel. 010 020-8561	Nix & Tee, a Wellness and Aesthetic clinic, are two qualified nursing Sr's offering aesthetic treatments. In-depth consultations are done to finding the best treatment for the individual concern or needs. Visit our website at www.ntaesthetic.co.za
PSYCHOLOGIST / COUNSELLOR	Charmaigne March	083 239 4309 / 011 469 3256	Specialising in trauma, relationship, career counseling, etc.
PURE SKIN AESTHETICS CLINIC	Dainfern Bryanston	010 228 0108 011 463 1595	Health & Wellness - gut health, weight loss, body analysis, anti aging, blood tests, skin, hair, nails, stress & anxiety, heart health, immune booster, medical screening & covid anti body testing.
THE TRAVELLING DENTIST	Dr Botha	WhatsApp 081 274 6363 bookings@ivoridentistry.com Find us on Facebook	We come to your home. Let our amazing team come and take care of your dental needs.
WOODLAND PHYSIOTHERAPY	Carys Woodland Rhodes	061 931 1078 book online at www.woodlandphysiotherapy.co.za	Conveniently situated close to Fourways Mall. Specialising in sports injuries, post operative rehabilitation, back and neck complaints, headaches, chest problems and sinusitis.
		PARTY VENUE	
NATURE'S WAY	Sharon Karen	082 415 8786 082 569 7173 karen.naturesway@gmail.com naturesway@mweb.co.za	Children's Party Venue for all ages. Large, secure play area in Chartwell with farm animals and a variety of play equipment. Close to Cedar Road with beautiful gardens.
		PEST CONTROL	
PINNACLE PEST CONTROL	Tanya	086 100 0819 info@pinnaclehygiene.co.za www.pinnaclehygiene.co.za	Professional treatment and service using environmentally friendly pesticides for rats, cockroaches, ants, termites, weeds and other pests. Contact us for a free quotation.
SERVICE MASTER		082 974 9432	Professional pest services.
		PET & HOME CARE / KENNELS & CATTE	RY / VET
DOGGY DAYCARE - CHARTWELL	Erin	081 849 4673 erinwale0303@gmail.com	Daycare for Dogs! We collect & return your dog daily. On holiday? Your dog will be socialising and having fun while you're on holiday or away on business. Puppy socialisation and general obedience offered on Saturday mornings by arrangement.
JOZI PETS		065 831 7116	Pet store at the Dainfern Valley Shopping Centre- all you pet requirements- Free delivery/ shop online.
PETSITTING	Dee-Jean	076 035 6908	Now that LOCKDOWN allows for minimal travelling, how about a "getaway". But not sure about leaving your furry loved ones alone! Then way not give me a call?! References upon request.
		PET GROOMING	
SOAPY SMOOCHES		061 087 8247 info@soapysmooches.co.za	We come to you! Pamper your pets at home in our fully equipped pet parlour on wheels. Ask about our Loyalty Program, Pensioners Discount and Pet Massages for older pets. #bestgroomersintown

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		PLUMBING / SOLAR	
AAB-TECH PLUMBING & ELECTRICAL	Andrew	071 774 1883 082 556 5133	Earth leakages, fault finding, faulty plugs & lights- General electrical works done professionally @ competitive prices 24/7.
ADRES PLUMBERS	George	073 135 8425	Leaking pipes- dripping taps- burst geysers- blocked drains-installation of washing machine and water pump.
A-Z PLUMBING	Janusz	082 449 1997 januszplumbing@gmail.com	For all your plumbing requirements from burst pipes to faulty toilets. The right price plumbers. All work guaranteed. We now install solar systems / Bathroom renovations.
FOURWAYS PLUMBING	Steve	011 705 2145 082 440 5111	Professional plumbers. We do: geysers, valves, washing machine connections, water leaks, storm water systems, roof flashings all at very competitive prices.
PSI PLUMBING	Johan	Call or WhatsApp 071 289 7620	Drowning in plumbing problems? Our Services: burst geysers, block drains, burst pipe repairs and valve replacements. All plumbing and solar related repairs and maintenance.
		POOL SERVICES	
A-Z POOLS & REPAIRS	Martin	074 443 1429	Re-marbalite & new mosaics. Pump replacements. Filter replacements. Pool timers. Pool lights. Sand changes. Pipeline repairs or replacements. Pool maintenance. Onceoff clean-ups. We can tend to all pool related problems! Supervision on site.
PALM POOLS & SPA	Jackie	072 132 5703 palmpools@palmpools.co.za	Contact us for all your pool requirements. We do weekly pool maintenance, repair or replace pumps, filters and install timers, install salt chlorinators and change filter sand. All work is done under supervision. Quality is guaranteed.
POOL WAREHOUSE Broadacres Shopping Centre	Michael	011 465 9024 michael@pool-warehouse.co.za www.pool-warehouse.co.za	Get your pool summer ready. We stock everything you need for your pool. Call us for a no obligation FREE quote.
SANDTON POOL RENOVATORS CC "ONE STOP POOL SOLUTIONS - Time to Renovate"	Brenda Williams	082 332 7253 brendawilliams@sandtonpools.co.za www.sandtonpools.co.za	New pools, "Approved Cemcrete SA applicator for best marbelite." Weekly pool service, repairs, energy saving pool pumps, chlorinators, heating, blankets fencing, paving, composite decks, autofilling, water features, spas's, Koi ponds. COVID-19 CERTIFIED.
		PROOF READING / EDITING	
PROOF READING / EDITING	Annette Thompson	083 290 1569 annette.thompson11@gmail.com	Experienced editor (retired) for any assistance with writing style, spelling and grammar.
		RECYCLING / WASTE MANAGEME	NT
THE COMPOST KITCHEN	Himkaar Singh	www.compostkitchen.com himkaar@gmail.com 072 795 8283	Join the organic waste recycling revolution in Dainfern. Signup online and become part of the movement to reform the waste system and make real impact to our community.
		RESIDENCY PROGRAMME	
CYPRIOT REALTY	Jenny	+27 (0)83 448 8735 RSA +357 965 92 444 Cyprus www.cypriotrealty.com	The best Residency Programme in Europe. Residency Permits now issued in 6 - 8 weeks. Special inspection trip offer. Cyprus really is the perfect choice!
		RELOCATION / REMOVALS	
CLUTTER CLEANERS	Vicky	082 898 7086	We have a Bakkie that moves miracleswe take anything from furniture to odds and ends, from deceased estates, emigrating or just spring clean. If you are clearing out please call us!!
MOVIT MOBILITY		08611 66848 info@movit.co.za / www.movit.co.za	Movit provides a personalised moving service for local, long distance, overseas & office moving - 50 years of moving excellence.
		RESTAURANTS	
GOOD TASTY RESTAURANT SUSHI BAR		011 469 4994 072 634 1680	Shop 2, The Valley Shopping Centre. Order from Mr. D.
LIL'KITCHEN		063 579 8087 Facebook: Lil'kitchen Dainfern	Wholesome Good Food at the Valley Shopping Centre. View our menu on Facebook. Home deliveries within a 5km radius.
VALLEY GRILL		011 468 4848 Menu on Facebook: <u>Valley Grill</u>	Pizza, Pasta, Sushi, Wholesome Food - all eat in, take away or delivery to your door.

		SCHOOLS / PLAYGROUPS	
AMERICAN INTERNATIONAL SCHOOL OF JOHANNESBURG (AISJ)	Pamela Gutmann	087 809 1905 www.aisj-jhb.com info@aisj-jhb.com	AISJ is a leading international Pre-Kindergarten through Grade12 co-educational day school. AISJ offers a balanced program, small class sizes, an American style curriculum and the International Baccalaureate Diploma Program (IBDP).
DAINFERN COLLEGE	Fiona Siebert	011 469 0635 www.dainferncollege.co.za	Dainfern College believes in developing the whole child through the provision of academic, sporting, cultural and technological activities. Our students write the internationally well-accepted IEB examination and a strong academic focus exists at the College.
HERONBRIDGE COLLEGE	Natasha Marot	011 540 4800 nmarot@heronbridge.co.za	Private IEB Christian school that focuses on creating a space where kids want to learn. HeronBridge houses its own Pre-Prep for grades 0000-R, where the building blocks for "big school" are laid. The Prep and College provide an intentional and heart-led approach to schooling.
LAND OF OZ - CURRO SELECT SCHOOL		011 023 5010 / 011 027 5010 info@ozchartwell@curro.co.za info.ozfourways@curro.co.za www.curro.co.za	Every day is a happy day at Land of Oz. Now offering Grade R from 2022 - ENROLL TODAY! A trusted pillar of education in the Fourways and Chartwell communities since 1987. From 12 months to Grad R. Come and visit us and feel the love!
REDDAM HOUSE SCHOOL		010 060 4232 Info.helderfontein@reddam.house www.Reddamhouse.com	Situated at Helderfontein, Fourways, The Reddam House campus welcomes students from 1 year old to Grade 12. Boarding is also offered. Please call us for viewing.
		SPORT / RECREATION / FITNESS	S
F.A.A STUDIO FOURWAYS		081 563 3504 mdu@faagym.com	Ready to Train? What Next? Get started with a full fitness assessment. A.C.E. Certified Specialist Sports Performance Coach & A.C.E Certified Personal Trainer.
SA JKA KARATE	Bernard Buys (5th Dan, JKA)	083 709 9289	Expert professional JKA Karate instruction at the Pavilion.
	TRAVI	EL / TOURS & DESITNATIONS / TRANSFER / 1	TAXI / CHAUFFEURS
AIRPORT TRANSFERS & TOURS	Mike	072 284 0340 / 011 465 3262 ashcroft.mike@gmail.com	Fourways Gardens' resident owner/driver. Personal, reliable transfers to/from ORT from R420 & Lanseria from R200. Free in-car Wi-Fi connection. Half & full day tours arranged.
ASENDULO TRANSFERS & TOURS	Lionel Strick	082 324 4232 lionel@asendulo.co.za www.asendulo.co.za	For all your shuttle needs – airport transfers / social & sporting events / corporate events. Servicing Dainfern families since 2002.
BOTHONGO RHINO & LION NATURE RESERVE		011 957 0109 / 0106 / 0349 www.rhinolion.co.za	Come and visit us for the day or stay in one of our lodges
KID VANTAGE EXPRESS	Janus	082 594 7528 / 073 575 4754 kidvantage@mweb.co.za	Reliable transport for all your schooling, extra-mural, airport needs.
SCHOOL TRANSPORT DRIVER	Ashley	083 958 2557 / 060 997 1594	I am an experienced female school transport driver with traceable references. I have my own car to transport your child/children to and from school.
		TUITION	
PRIVATE MATH & ENGLISH TUTOR	Dominique	079 233 1545	Tutor available for lessons online or in person, grades 1-10. Also supervise grades 1-4 during online schooling. R300/hour private lessons, R800/morning online school supervision.
LIMITLESS - Conversational English Tuition	Pamela de Robillard	084 567 8455 limitlessticza@gmail.com www.limitlessticza.co.za	I am a qualified and experienced English and TEFL teacher with 10 years teaching experience to different age groups and in different countries on a variety of platforms. My speciality is facilitating Conversational English with ex-patriot adults, one-on one, in small groups and online. FREE Trial Session.
ONLINE TUITION: ALL SCHOOL SUBJECTS	Chantelle	082 9670 270 chantellediab@gmail.com	Qualified Experienced Teacher offering Online Tuition. All School Subjects: Grade 1-12 (Excluding Grade 11 & 12 Maths & Science) English Specialist. Homework Assistance. Study Skills. Test & Exam preparation. Home Schooling. Mornings & Afternoons.
TOP TUITION	Dagmar	073 215 8837 / 082 415 1870 toptuition@vodamail.co.za	Classes in English, Maths, Afrikaans, Italian and German and other subjects on request. www.toptuition.co.za

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