



IN FOCUS DAINFERN

Exclusive to the Dainfern Golf Estate

Your community and service provider magazine since 2002

August 2021

HOMEFRONT

LIFESTYLE

NATURE

Taking care of our Mental Health

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RECENT ACHIEVEMENTS!



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We are pleased to report excellent sales in Dainfern in recent months.

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IN FOCUS DAINFERN

Exclusive to the Dainfern Golf Estate

Since 2002

August 2021

Editor's Note

Welcome to this month's edition of IN FOCUS.

The opinions expressed in this publication are not those of the publisher or of the HOA. No responsibility will be taken for any decision made by the reader as a result of such opinions.

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Make sure your booklet is completely downloaded as videos and animations may take a while • To enlarge page - double click • To move page up/down/side for easy reading of sections - click on mouse and hold down then move • Click on website/email addresses to go directly to website or an email • Click videos to view in full screen • Animation pictures will rotate or flash so wait for pages to load.

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SECURITY CONTACT NUMBERS

Security Control Room: 011 875 0601
Security Manager: Peet Trollip 011 875 0607

FOR INJURED BIRDS AND WILDLIFE:

Dominique - 061 116 1254 (resides on the Estate)
The Friends of Free Wildlife - Margi 082 561 3681

REMOVAL OF SNAKES:

Security: 011 875 0601
Bats: Julio 082 359 1295 • www.batsgauteng.org.za
(Dominique can assist with the above)

THE CLUBHOUSE

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Since 2002

August 2021

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VIDEO LINK:

South Africans standing together

No copyright infringement intended.

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Dear Friends

It really has been and is beastly. We have now lost a number of good friends to Covid-19 and more are ill and on oxygen. Covid-19 is going to be with us for ever but what we are experiencing now is not pleasant. My heart bleeds for the economy and the good people out there who are struggling. I hope you are all keeping well, next month will surely be better.



Sitting on the Steep

"Hermanus lies next to the ocean

Hermanus lies next to the sea

Hermanus Boy Scouts have the notion

That they haven't done too bad-ley"

We sang those words – it went on for several verses – at a Jambo-rally (a small Jamboree of several hundred Scouts). We camped for a week at Swartvlei Dam each with our own Bell tent. There was one Patrol from each Troop

in the Western Province and some Patrols were accompanied by one of their Scouters, all in uniform and very smart and proper. Our Hermanus Troop was newly established and was there on a learning experience – gosh, we had so much to learn, we really knew nothing!

We had no older Scouters with us, so I was put in charge as the senior Patrol Leader with less qualified Scouts to look after, and I was only just 15! Thank goodness we had no major problems. I had my younger brother as a Second and he gave me unflinching support the whole week.

Whereas we were just one Patrol of eight Scouts many of the Troops had more than one Patrol and in the middle of the week each Troop was cut to their main Patrol and we were then put through a hoop of tests, some of which we hadn't even heard of before. Our examiner for the War Cry was the Big Boss – the Commissioner – so I said, "Just give us two minutes please". I got our chaps together, did some quick inventing and told them this is our War Cry – no time to practice these are the words so all together, shout loudly! So we did and produced a loud raucous War Cry. Of course one of the things Scouts are taught is to "be prepared", so we tried to be just that.



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To learn more about how Power4Less can prepare your home to become a Mini IPP follow this link:

<https://www.etv.co.za/news/new-power-sources-our-electricity-grid>

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Above: View of the path and stream at Highgate

DNA NEWSLETTER

continued from page 6

Two things we had been asked to have ready were 'do a skit' and to 'sing a song'. I'd had some help with the skit but it got a bit difficult to perform. It was based on a disappearing pumpkin. The pumpkin would be on a blanket beneath which we had to dig a hole, then as we pulled the blanket the pumpkin would disappear (into the hole). All Scouting activities took place in the evening around the campfire so digging a hole should be easy. Dismay! the ground the campfire site was stone hard making hole digging impossible. Rapid improvisation was needed which contrived to rather spoil the magic we had hoped to achieve.

Anyway, we got the prize for the 'Best Song', which I had quickly written to a reliable tune that everybody knew as we'd only had a little time to practice - My Bonnie Lies Over the Ocean. I hope you will be impressed that I still remember the words, as above, some 70 years ago!

In the end we got a midpoint result for our test day – seven out of fourteen teams competing.

I loved being a Boy Scout but taking a Patrol by bus and train and overnight was something I'm glad I only had to do once!

Years later I was able to put something back into Scouting during the twenty years we lived where it all began – Mafeking. In the Siege of Mafeking, at the turn of the century before last, Baden Powell saw how young boys could do responsible duty in times of war and hunger as he used them to carry

messages and the idea of Scouting was born. I am always glad and grateful for my stint in the movement as a boy in Hermanus.

Maintenance

The project at the Highgate dam is under way. This area was long overdue for an upgrade and is going to look amazing once completed. We will be publishing the before and after pics in future issues.

Birds and Beasties

Isn't it strange how the bees have been behaving lately? They are so precious and much needed for the well-being of the environment.

I see from pictures received from residents some wonderful bird sightings and even in your gardens. We spend many happy hours sitting on



Above: Black-collared barbet by Geraldine Harris

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our patio (in the sun in this chilly weather) watching the birds. We are both amateurs – However, help is at hand.

An updated Nature booklet

The DNA have been busy with an updated Nature booklet which will have a list of birds within the Estate along with nature trails and other useful information. This will be in a print format and for extra convenience in a digital format. It will be published soon, so keep an eye out for it!



ANIMATED GALLERY



ANIMATED GALLERY

Beautiful photos of a Heron by Geraldine Harris

Crackerjack

*"If you can fill the unforgiving minute
With sixty seconds' worth of distance run,
Yours is the Earth and everything that's in it,
And—which is more—you'll be a Man, my son!"*

Last few lines of Rudyard Kipling's great poem IF

Kipling's words found their way into Scout Lore in this poem and in other ways through the Mowgli stories and the Jungle books; also Kim's Game which was a key exercise in observation and memory training and a Game all Scouts played.

Take heart, let us all remain safe and healthy; and keep hope alive.
I think we are very lucky!
Regards from Tony Border
For the Nature Association



HOME

MAINTENANCE

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CONTACT

Elaine: 078 364 7843

Vicky: 082 898 7086

General Manager's Report

By David Weyers



Thank You!

We would like to sincerely thank our security officers, managers, Fidelity, SAPS, JMPD and other security service providers for all their ongoing assistance and support, both day and night, with the civil unrest that occurred in July. We have a vigilant team, who works closely with our Dainfern Civil Unrest Steercom and together they make decisions as the situation unfolds.

Asking for your Support

We ask you to continue supporting SIX33 as the restrictions placed on them recently with the adjusted level four lockdown had a severe impact on them and their staff, as all restaurants were impacted too. We appreciate your willingness to step in and pull together with our Meal on Wheels initiative for Mandela Day, which I know went a long way to support those in need, especially with the cold snap we had during that week.



New Board of Directors

Our new Board of Directors are settling in well as they get to know everything that is involved with running an Estate. It takes many hours of dedicated service and working together with the management and staff of the DHA and we thank them for their willingness to get involved, for giving of their valuable time and expertise to assist us in building a better Estate for the future. Our Board is working on priority areas that they have identified with management and will keep residents updated regularly.

Impacted by Covid

As many of our friends, staff and family have been directly impacted by Covid, we remind you to always wear your masks when out in public, keep your distance where possible and stay home as often as you can. We thank you for your assistance with all those that have been affected.

I would like to take this opportunity to express my deepest condolences to all members of the Dainfern family who have lost loved ones recently. You are always in our thoughts and prayers.

Thank you for your ongoing support of the DHA and for working with us to keep Dainfern Estate as special as it is.



Property Showcase

Dainfern Sales

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Dainfern Golf Estate - R8,795 million

5 Beds / 5 Baths / 3 Garages

This is an opportunity to own one of Dainfern's finest homes. Positioned in a beautifully landscaped garden this double storey home has superior finishes throughout with every inch of detail sought with perfection. Luxury in its finest form, 5 bedrooms all en-suite with their own deluxe bathrooms.



Dainfern Golf Estate - R6,7 million

3 Beds / 2.5 Baths / 3 Garages

A complete makeover concentrating on detail was done, the design is based on creating light and open-plan spaces that all flow into one another. Huge glass doors open up these spaces, creating a seamless flow while a tranquil feeling of openness is experienced.



R5,3 million

Dainfern Golf Estate



R5,650 million

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HOMEFRONT

By Karen Schaefer Louw • 082 940 3571

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How to decorate with clear glass vases

Accessorising is the final layer when it comes to adding personality to your home. Even the most well-designed spaces can look empty without the finishing touches added. One of our favourite ways to dial up the design is with vases. There are so many different styles, colours, materials, and textures to vases that when added, can easily elevate your home! Whether they are made of glass, porcelain, ceramic, wood, or even metal, vases can be just the thing to take your space to the next level!

A simple clear glass vase can be one of your best go-to home decorating ideas that you use over and over. The trend towards using one single branch or stem means there are a lot of smaller vases you may not be using for smaller arrangements right now.

Do not get rid of them. Use them around the house.

Glass vases come in different shapes and heights, are easy to find and easy to replace. They are perfect for flower arrangements but here are some other ideas on how to use your glass vases when they are not full of flowers.

Store items in a clear glass vase

Whether you fill them with lemons, seashells, or kitchen utensils, you can create beautiful and functional storage pieces using a glass vase for your bathroom, bedroom or living room. They make perfect side table arrangements or centrepieces for special occasions.

Framing photographs in a clear glass vase

The simple display of photos in different sized vases is very effective, easy to put together and easy to update. It is a simple photo gallery without the wall. Having them in black

continue on page 16



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ANIMATED GALLERY

and white or sepia, ties the photographs together, but brightly coloured photographs would also work. Using a clear glass vase as a photo frame will work in any room in your home, from your bedroom to your living room. Using this glass vase insight is a great way of incorporating a personal touch to your home décor.

Glass decor as a dining table centrepiece

There is no doubt that these designs were made to be centrepieces because they are equal parts versatile, chic, and subtle. Their versatility means that they can be filled with flowers, plants, sticks, floating candles, and any manner of accessories you can think of - they are impossibly chic so can be left on the table between dinner parties; and they are subtle enough that they will not detract attention during dinner.

Make a statement in your entryway

Use an interesting, eye catching piece that will WOW your guests when they first walk in! Style your favourite clear glass vase on your entryway table with a lovely fresh bouquet of flowers to add colour to your home and

welcome your guests in style. If fresh flowers are not for you, you can style a bunch of our premium quality fake stems and plants in a clear glass vase.

Decorate your living room coffee table

Remember the rule of 3's when it comes making an arrangement. A decorative vase with flowers pairs well with a stack of books and a decorative tray. A simple glass vase is the ideal way of adding height to your coffee table arrangement. We stock a wide variety of clear glass vases in various shapes and sizes.

Create a garden oasis in your living room

Go over the top with a big decorative vase and robust arrangement of flowers on the table. Why style just one clear glass vase on your coffee table. Style three glass vases of differing shapes and heights to create the ultimate glass vase grouping in your home. Styling glass vases can be fun, and you are able to experiment with different arrangements shapes and sizes. Have fun and shop a wide range of clear glass vases at:

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HELDERFONTEIN ESTATE

New developer stands with selected riverfront stands NOW LAUNCHED!

Residents of Helderfontein Estate have embraced a unique duality between country living and a cosmopolitan suburbia. Helderfontein Estate is one of the prime secure lifestyle estates located along William Nicol Road in Fourways, adjacent to Steyn City. Within its gradual slopes, flows the ever meandering Jukskei River, showcasing some of the most magnificent flora on its embankments. Several shopping centres, including Dainfern Square and the newly completed Fourways Mall, are located in the immediate vicinity. Purchasers may use their own architects and contractors to design construct their dream home, with a uniquely South African approach.

- Standard, greenbelt and prime riverfront stands available.
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Registration of Usufructs

What is a usufruct?

A usufruct is the right to possession, use and enjoyment of an asset which includes the right to use the asset and take the fruits from the asset i.e rental income. A usufruct is generally created where an immovable property is transferred to an heir, who is known as the bare dominium owner, subject to the condition that a usufruct is registered in favour of a third party, known as the usufructuary. A common example would be where Mr A bequeaths his house to his son in his Will subject to a lifelong usufruct in favour of Mrs A (his surviving spouse) who is then the usufructuary.

A usufruct cannot be ceded/transferred and the usufructuary must restore the property to the bare dominium owner on termination of the usufruct.

A usufruct is a personal servitude and cannot be registered beyond the person's lifetime in whose favour it has been created. They therefore can be created for the lifetime of the usufruct or for a fixed period. There may also be conditions created, which are stipulated in the will.

Factors to consider when deciding on creating a usufruct in your will:

A testator should always consider the usufructuary in making their decision to register a usufruct, as the usufructuary is responsible for the maintenance and upkeep of the property and if the usufructuary does not have the means to maintain the property this could pose a huge problem. It would be best

to consider making provision for the maintenance, insurance and rates of the property in the will.

Creation of a personal servitude:

This is when two/more living people agree to create a usufruct which will be an endorsement on the Title deed and which has to be registered in terms of a Notarial Deed.

Must a usufruct be registered or can it be verbal?

Generally, the usufruct is registered at the same time that the property is transferred. However, what happens if the usufruct was never registered and it was verbally agreed upon?

It would be best to consider the Extension of Security of Tenure Act. This legislation regulates certain rights of residence and restricts eviction if prescribed conditions are met. It would thus be best to determine if the person who has the right to the usufruct which was verbally agreed upon, to meet the Act's definition of an occupier.

The Act states that "occupier" means "a person residing on land which belongs to another person, and who has or, on 4 February 1997 or thereafter, had consent or another right in law to do so." There are certain exclusions to be considered.

If, in fact, the person does qualify as an occupier, his residence on the property in question can only be terminated in accordance with the provisions of section 8 under the Act.

It is advisable to register the usufruct to avoid any disputes in the future.

Cancellation / lapsing of a personal servitude / Usufruct:

Section 68(1) of the Deeds Registries Act deals with the lapsing of a personal servitude and Section 68(2) of the Act deals with the cancellation thereof. These applications are dealt with by the conveyancing attorneys.

DISCLAIMER: This summary is solely intended for educational and training purposes and does not purport to contain legal advice. No reliance may be placed on the information herein contained. Independent legal advice is to be obtained when confronted with any legal / Court related problem.

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For assistance in any **property transfer matters** kindly contact me on details below:



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(LLB. UPE)



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COMMUNITY NEWS

Sue Harwood ♥ 083 228 2546 ♥ harwoods@netactive.co.za
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BAGS OF ♥ Community Outreach

in the Dainfern Community

Just a reminder of the upcoming Bags of ♥ Donation Days in Dainfern.
 It's now the first Wednesday of each month. Further dates as follows: 04 August / 01 September
 / 06 October / 03 Nov / 08 Dec.



Sight for more eyes

An update on our "Sight for More Eyes" initiative: We are delighted to report that in collaboration with Broadacres Optometrists, we collected used spectacles and frames totalling just over one thousand! The usable pairs were cleaned and marked with their prescriptions and packed. Close on 600 frames were handed over to the Lions to be distributed to people who couldn't afford them. A mammoth task on the part of Jane and team! We thank all the thoughtful people who donated to us and in particular, Janine Morris De Abreu who collected most of them via the Joburg Jewish Mommies Group! Thank you ladies - you are giving so many people the gift of better sight.



Above: Susan and Lovemore ROBSON of Live Life Always team with food parcels donated by Bags of ♥

Support for Live Life Always

Sean Williams of Live Life Always has thanked Bags of ♥ for their continual support. He said "I can't tell you how amazing it is, to be doing what we are doing and meeting such kind and loving people. Thank you so much Susan Harwood for the food parcels and money, for the whole team. They are so overwhelmed with happiness and appreciation".



ANIMATED GALLERY

Shack Fires in Kiyasands

Shack fires in Kiyasands left several devastated families with nothing. Thanks to everyone who came to the rescue with funding, blankets, food and clothing. Tash and Kara delivered donations to the site and Tash and her daughter rescued two beautiful puppies which were homed within a day.



67 Giftbags for Creche for Mandela Day

Huge thanks to the amazing Razeena Saloojee who donated 67 gifts for children and parents of a crèche in an informal settlement which we support. Thank you always for your kind heart, Razeena.



Winter Warmth

Thanks so much to the Fourways Review for publishing this story and to Life Hospital for this extremely generous donation, which we have a spread far and wide!

Please keep up the support and donations - together we're making a big difference to so many lives.



ANIMATED GALLERY

Six33 and Meals on Wheels

Bags of ♥ started up a win-win initiative wherein residents could order meals to supply food to those in need via Meals on Wheels and at the same time give our local restaurant much-needed business. Seventy meals were collected by Meals on Wheels along with numerous other items such as blankets and non-perishable foods during Dainfern Donation Day.

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DAINFERN ACTIVITY SCHEDULE

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07h00 to 08h00	RUN/WALK FOR LIFE Clubhouse	TENNIS INC Court 2 & 3 Pavilion	RUN/WALK FOR LIFE Clubhouse	TENNIS INC Court 2 & 3 Pavilion	RUN/WALK FOR LIFE Clubhouse	KARATE Stuart Hulley Pavilion	
	TENNIS INC Court 2 Pavilion		TENNIS INC Court 2 & 3 Pavilion		TENNIS INC Court 2 & 3 Pavilion	TENNIS INC Court 2 & 3 Pavilion	
08h00 to 09h00	ZUMBA Pavilion	TENNIS INC Court 2 & 3 Pavilion	YOGA Pavilion	ZUMBA Pavilion	TENNIS INC Court 2 & 3 Pavilion	KARATE Stuart Hulley Pavilion	GLORY TO GLORY Pavilion
	TENNIS INC Court 2 Pavilion		TENNIS INC Court 2 & 3 Pavilion	TENNIS INC Court 2 & 3 Pavilion		TENNIS INC Court 2 & 3 Pavilion	
09h00 to 10h00	ZUMBA Pavilion	TENNIS INC Court 2 & 3 Pavilion	TENNIS INC Court 2 & 3 Pavilion	ZUMBA Pavilion	TENNIS INC Court 2 & 3 Pavilion	KARATE Stuart Hulley Pavilion	
	TENNIS INC Court 2 Pavilion			TENNIS INC Court 2 Pavilion		TENNIS INC Court 1, 2 & 3 Pavilion	
10h00 to 11h00		TENNIS INC Court 2 Pavilion	TENNIS INC Court 2 Pavilion	TENNIS INC Court 3 Pavilion	TENNIS INC Court 2 & 3 Pavilion	TENNIS INC Court 1, 2 & 3 Pavilion	PANASH FAMILY OF GOD CHURCH Pavilion
11h00 to 12h00				TENNIS INC Court 3 Pavilion		TENNIS INC Court 1, 2 & 3 Pavilion	
13h00 to 14h00		TENNIS INC Court 2 Pavilion		TENNIS INC Court 2 Pavilion	TENNIS INC Court 3 Pavilion	DAINFERN UNITED FOOTBALL CLUB Pavilion MONDAYS to THURSDAYS 15h00 to 16h00 16h00 to 17h00 18h00 to 19h00 FRIDAY 16h00 to 17h00 18h00 to 19h00 SATURDAY & SUNDAY MATCHES 08h00 to 09h00 09h00 to 10h00 10h00 to 11h00 11h00 to 12h00 12h00 to 13h00 13h00 to 14h00 14h00 to 15h00 Contact – Marco da Rocha marcod24@gmail.com	
14h00 to 15h00	KUMON MATHS Pavilion	KUMON MATHS Pavilion	JUNIOR KARATE Bernard Buys Pavilion	KUMON MATHS Pavilion	JUNIOR KARATE Bernard Buys Pavilion		
	TENNIS INC Court 2 & 3 Pavilion	TENNIS INC Court 2 & 3 Pavilion	TENNIS INC Court 1, 2 & 3 Pavilion	TENNIS INC Court 2 & 3 Pavilion	TENNIS INC Court 2 & 3 Pavilion		
15h00 to 16h00	KUMON MATHS Pavilion	KUMON MATHS Pavilion	JUNIOR KARATE Bernard Buys Pavilion	KUMON MATHS Pavilion	JUNIOR KARATE Bernard Buys Pavilion		
	TENNIS INC Court 2 & 3 Pavilion	TENNIS INC Court 2 & 3 Pavilion	TENNIS INC Court 1, 2 & 3 Pavilion	TENNIS INC Court 2 & 3 Pavilion	TENNIS INC Court 2 & 3 Pavilion		
16h00 to 17h00	KUMON MATHS Pavilion	KUMON MATHS Pavilion	JUNIOR KARATE Bernard Buys Pavilion	KUMON MATHS Pavilion	JUNIOR KARATE Bernard Buys Pavilion		
	TENNIS INC Court 2 & 3 Pavilion	TENNIS INC Court 2 & 3 Pavilion	TENNIS INC Court 1, 2 & 3 Pavilion	TENNIS INC Court 2 & 3 Pavilion	TENNIS INC Court 2 & 3 Pavilion		
17h00 to 18h00	TENNIS INC Court 2 & 3 Pavilion	TENNIS INC Court 2 & 3 Pavilion	YOGA Pavilion	TENNIS INC Court 2 & 3 Pavilion	ADULT KARATE Bernard Buys Pavilion		
	TENNIS INC Court 2 & 3 Pavilion		TENNIS INC Court 2 & 3 Pavilion				
18h00 to 19h00	YOGA Clubhouse	TENNIS INC Court 2 & 3 Pavilion	TENNIS INC Court 2 & 3 Pavilion	TENNIS INC Court 2 & 3 Pavilion			
	TENNIS INC Court 3 Pavilion						
19h00 to 20h00	ADULT KARATE Bernard Buys Pavilion		GLORY TO GLORY Pavilion	TENNIS INC Court 3 Pavilion			

Babynastix: Shané Dickson - 071 362 8222 / Dainfern United Football Club – Marco da Rocha - marcod24@gmail.com / Glory to Glory – Bosco 083 590 5263 or Katherine 073 914 5523 / Karate – Bernard Buys 083 709 9289 / Karate – Stuart Hulley 083 417 6315 / Kumon Maths Kathryn Warmback 082 857 5319 / Panash Family of God Church – Christine Gwaze 062 523 1850 / Run/Walk for Life – Shane van Jaarsveldt 082 601 0499 / Tennis Inc – Sam White sam@tennisinc.co.za / Yoga: Kylie - kylie@thebreatheeasy.co.za



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Dependent on the number of entries, a cut will be made, this will be based on Nett scores. Sunday, 29 August 2021 will be the day of reckoning with morning tee times to decide the 2021 Champion.

Dependent on Covid regulations, prize giving will be in the Member's Bar. This event is open to Full Golf Members and this year will include a Ladies' field.

Entries open

Monday, 12 July 2021

Entry Fee:

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Closing Date:

Sunday, 22 August 2021

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Golf Report from the Golf Captains every second month
– last one's link is attached [HERE](#)

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and Dr. B.L. Letlotlo (Specialist Psychiatrist) • letlotlo12@gmail.com

Dr. F. Maynard (Specialist Psychiatrist) • fvdfort@telkomsa.net

The Unrest, Covid-19 and our Mental Health

We exist in a society which rejects the reality of pain and struggle, no matter how much it glares at us. We often find ourselves lured by the fantasy to aspire for perpetual happiness, neglecting our genuine feelings which are unpleasant and uncomfortable.



Dr. Samke J. Ngcobo

We are living in the era of toxic positivity, a term that has become very popular in recent years.

When one is prohibited from acknowledging their genuine difficult emotions with the aim of being perpetually euphoric and excited, this is when positivity becomes toxic as it denies reality and forces a dishonest state of being.

Our country has been in a perpetual state of turmoil which has been escalating exponentially. The events in recent weeks have brought us to our knees both collectively and individually.

At the peak of our fatigue related to the covid-19 pandemic with the arrival of the third wave, we found ourselves rendered speechless, disempowered and despondent as a result of the mass chaos from the recent anarchy from the violent looting sprees which swept our country.

Our mental state was already fragile and vulnerable. The additional turmoil compounded the already dire state of affairs. There was no room for toxic positivity as our reality was engulfed and overwhelmed with hopelessness, dismay and fear.

It became more apparent than ever that mental wellness is paramount to our overall optimal functioning and cannot be treated like an optional entity. Pressing on and trying to function normally in an abnormal situation took its toll on us and we imploded mentally due to the extreme stressors that we were and continue to be subjected to. Glorifying being overworked and exhausted took its toll on us.

Depression and anxiety is on the rise due to the current state of affairs. People have lost their livelihoods, businesses and hope.

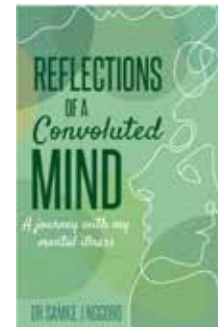
Now more than ever, it is important to emphasise the importance of admitting to struggle and encouraging ourselves and others to seek help. It is important to prevent

mental illness or prevent worsening of pre-existing conditions. There exists a stigma towards seeking help and struggling to cope. It is important to have a strong support structure and to be well equipped for times of crisis.

We often take for granted that we are perpetually busy yet a simple text or call makes all of the difference to connect with loved ones.

Self-care is critical during this volatile time. While it is important to be aware of current affairs, our intake of the news updates and exposure to social media needs to be monitored as the content itself increases our stress levels.

We need to be intentional about the time invested and what we expose ourselves to. Self-preservation is key in order to thrive and function optimally. This starts with protecting our mental wellbeing at all costs.



Author: Dr. Samke J. Ngcobo

Title: Reflections of A Convoluted Mind

Subtitle: A journey with my mental illness

Distributor: Exclusive Books

and Protea Books

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Format: Print and Digital

ISBN: 978-1-990983-86-3

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Finding Help

As provided by SADAG, please make use of the following contact details if requiring emergency assistance:

If you are needing a referral to a psychologist, psychiatrist or support group, please call The South African Depression and Anxiety Group (SADAG) on 011 234 4837 or 0800 20 50 26 and speak to a trained counselor who can assist you further.

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Department of Social Development Substance Abuse Line 24hr helpline

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August in the Garden



Your quick checklist:

Now is a great time to cut out all dead wood, diseased branches and leaves, cut back trees that are getting too big and perhaps shading out the lawn or obstructing your view. Remember that after pruning, plants need to be fed. Feed contour compost to your roses and fruit trees at soil level. Get your lawnmower and weed-eater serviced. Tidy your garden shed. Fix uneven and worn out garden paths.

This is the month in South African gardening circles to get all of your pruning done. This is especially true for fruit trees and roses, but also any deciduous shrubs that may be in need of a trim. Remember to shred all your cutting and pop them onto the compost heap that you have almost certainly already started. Transplanting is another common theme during August as many plants are dormant and can be moved Without worrying about disturbing them. So, if you are looking for a change of scenery or just to update the overall look and feel of your garden, now is an ideal time.

Cool-season edibles and annuals will now be available at your local accredited garden center, so pop in for a culinary and colour delight. It may be chilly out there, but your garden would probably enjoy a dash of attention as much as your body would enjoy a bit of fresh air. Although it's cold, it is a very exciting time of the year with spring in the distance. Plants are starting to wake up as the days start getting longer and it is a wonderful time to get stuck into the garden.

Improve the view by adding colourful cheer to your garden this August. **Here are few delightful winter flowering plants you still have time to plant this month.**

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Wildlife of the Month: Black-backed Jackal

There are many small local populations e.g. Dainfern, Kyalami areas, Midrand, Honeydew, Muldersdrift, Jackal Creek and other areas which border our ever-spreading urban sprawl.



Jackal Creek -Buyers at the estate are advised when they buy a property that the jackals were in the area long before it became residential and are there to stay. Therefore, they are a protected species on the estate. However, it is important to know that these are wild animals and should be treated as such. They are not pets!

Like Jackal Creek, Dainfern have their own wildlife—not often spotted or heard the Black-backed jackal (*Lupulella mesomelas*) lives amongst us. It is a medium sized canine native to eastern and Southern Africa and they can weigh up to 14 kgs. They are omnivores, which means they feed on invertebrates, such as beetles, grasshoppers,

crickets, termites, millipedes, spiders, and scorpions. They also feed on mammals, such as rodents, hares as well as carrion, birds, lizards and snakes. These animals are an opportunistic animal and will learn very quickly where to find food, which can be wild rats and mice but also a dog bowl on your stoep!

The mating season takes place from late May to August, with a gestation period of 60 days. Pups are born from July to October. Summer births are thought to be timed to coincide with population peaks of rats and mice. The pups open their eyes after 8–10 days and emerge from the den at the age of 3 weeks. They are weaned at 8–9 weeks and can hunt by themselves at the age of 6 months. Sexual maturity is attained at 11 months, though few black-backed jackals reproduce in their first year. The grown pups may disperse at one year of age, though some remain in their natal territories to assist their parents in raising the next generation of pups. The average lifespan in the wild is 7 years, though captive specimens can live twice as long.

This information is to help people understand that Jackal very definitely are wild animals but can very quickly become habituated; habituated means to make or become accustomed or used to something. "Jackal can become habituated to people very easily" so we advise you not to feed ANY wild animal on the estate as cute as they can be, as this will just encourage them more to your home and others.

We live in a beautiful urban environment - unfortunately there are not many natural surrounding areas left due to the expansion of built up areas, so lets appreciate and respect nature, so we can all live in harmony together!

Next month

We will speak about another animal that lives amongst us - The porcupine!

Notice

Please keep all bins securely fastened, please don't put plastic refuse bags out, no pet food, both dog and cat food, should be left around.

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Enjoy the novel sight of wildlife roaming around as you tuck into a tasty meal or watch the little ones while they play. There's an array of choice on offer and plenty of fun activities on this 1,600 hectare privately-owned Reserve less than a 45 minute drive from the hustle and bustle of the city.

There are several restaurants for you to choose from at the Reserve, and each one offers a unique experience for every palate. The Boma Restaurant is situated at the Day Visitors area and has a delicious à la carte menu and open deck area overlooking the pygmy Hippo pond. The Thatch Café offers

family-friendly meals on the deck overlooking the Cradle Bike Park. The Neck & Deck restaurant boasts breakfast, light meals, mains, sundowners and a cellar stocked with fine wines and bubbly.

The Reserve is also completely child-friendly where they can have endless fun at the Little PidiPidi Playpark, kept busy for hours on the air trampoline, jungle gyms and splash pools. PidiPidi isn't the only play area, there's also a fun space at the Neck and Deck Restaurant for the little ones to run wild! Did we mention the kids can also make their own pizza at The Thatch Café?

Joburg's best kept secret and a hidden gem that every South African must visit for family days out, corporate events or celebrations. **For more information or bookings, visit rhinolion.co.za or call our booking office on (011) 957 0349 / 0106 / 0109.**



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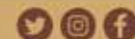
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By Wim Spronk
wimspronk85@gmail.com

A very good place

I remember Dainfern from a time long before it became the Golf Estate it is today. I and two friends used to come here for the wealth of bird life the grassland area provided.

The biggest man made forest in the world

There were different larks, pipit and cisticolas. A very good place to distinguish and identify the various LBJ's that were abundant. We would often see Duikers and Hares and we could hear and often see the Jackals when we drove around on moonlit nights.

My two friends used to be ardent egg collectors and were experts in finding the nests of the plovers. Today that is very easy as these birds have all adapted to human living conditions and they can be seen from far away sitting on eggs but in those days that was difficult. We had to watch the parent bird from far away through binoculars so it could show us where the nest or chicks were. The Wattled Lapwing's nest was the most difficult to find. It would know very well that it was being watched and totally ignore us. I learned a lot from these two friends.

As the surrounding areas became more residential and people started planting more and more trees in their gardens, the grasslands started to disappear and the whole area became part of "The biggest man made forest in the world". The Duikers disappeared although some times at night we would see one illuminated by a car's headlights.




The Jackals survived

But the Jackals survived against all odds. Recently I saw two Hadedahs chasing a Jackal along the fence at Steyn's City. It was obvious that it wanted to get to the other side of the fence but could find no opening. Eventually it arrived at the river and from there made its way to Steyn's City. We still hear their calls almost every night.

Dainfern's charm lies in the fact that it is a modern up-market estate that managed to keep the natural environment intact to an extent that we may be proud of.

A Slender Mongoose in the garden

A Slender Mongoose still visits my garden regularly and I often see Striped Mice in the open field next door. With all the trees growing well I would not be surprised if some time in the future we will get tree squirrels romping around in our



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NATURE NEWS

continued from page 32

gardens. They are already well established in the Hartbeest poort dam area so there is no reason for them not to be here.

Not long ago Porcupines were still seen regularly but their numbers seem to have dropped although we still find quills quite often. Hedgehogs are still common. Otters have recently been seen and with our dams may find their ideal environment here.

But it is up to all of us to protect these creatures. Owls are dying horrible deaths because people are putting out rat poisons, like Rattex. Please use an environmental friendly company who have alternatives.

Please keep your cats and dogs inside during the night. Free roaming cats are a menace to our natural wild life. They kill birds and have already had a negative effect on our Bushbabies by preventing them from spreading out across our estate.

Don't leave dogfood out at night.

VIDEO LINK:

Lesser Striped Swallows Nest

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BIRD OF THE MONTH

by André Marx

Black-headed Oriole

Oriolus larvatus

This is a spectacular bird that is found in Dainfern in some of the taller trees on the estate if you look and listen carefully.

It is a mostly golden-yellow bird with a black head and a pink bill that tends to remain in the tree canopy, drawing attention to itself with its musical, liquid "wholeuooo" call. Care should be taken to distinguish between the duet of the Southern Boubou and this bird as the calls of the two can be confused. One clue is that the boubou usually calls from the undergrowth whereas this bird perches at higher levels at the top of trees.

The Black-headed Oriole has a slightly swooping, fast and very direct flight pattern, which takes it on forays for the fruit and insects that it feeds on. It has a long, strong bill that is good at devouring most insects, with caterpillars, locusts and beetles having been recorded. However, it also devours small fruits and berries and is partial to nectar at certain times of the year, enjoying the nectar of Erythrina (Coral Trees) and Aloes in particular.

It is quite adaptable, occupying a variety of habitats, including savannah woodland, parks,

gardens, as well as farmland with scattered trees as well as alien plantations. In our estate it can be seen in areas along the river and in gardens where there are well established trees.

The nest is a deep cup made of lichen, moss, tendrils and grass that is woven together. It is usually placed between the stems of a fork in a horizontal branch, often far from the main tree trunk, usually about 6-9 metres above ground. Breeding takes place mainly from September to February with 2-3 eggs laid that are incubated for about 15 days. After another 15-18 days the chicks, who are mostly fed insects, are independent.

This is a superb bird to have in our environment. Although it has bright colours it is still quite a difficult bird to spot because of its preferred habitat in the foliage of high trees and thick bush. It is likely to be heard before being seen and if you hear its distinctive liquid call look up into the foliage to find it. It is not threatened in our region and in fact may be extending its range, as over time the planting and cultivation of large trees in urban areas has created more suitable habitat for this distinctive and beautiful bird.

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Undesirable Tree of the Month: Bug Weed

Solanum Mauritianum

When admiring the flowers of the Bugweed, don't be distracted by their beauty. This plant which is native to South America, has become a widespread invasive weed in many countries and islands in the southern hemisphere. This plant is fast growing and can reach up to 10m in height within 10 years.

Blue flowers with a yellow centre are borne in clusters throughout the year and in cooler months these plants will drop their felt-like green-grey leaves.

Bugweed tolerates a wide variety of growing conditions and spreads like wild fire when birds drop their seeds after having consumed the clusters of yellow fruit which appear in autumn.

The milky sap and hairy leaves may cause skin irritations in humans and the tree has a pungent, unpleasant odour when disturbed.

Bugweed should be eradicated as it is a category 1b alien invasive species as required by the NEMBA Act of 2004.

Suggested replacement:

Our indigenous Bloukappie (*Polygala Myrifolia*) will be the ideal plant to replace Bugweed. It grows in similar conditions and will grow up to 3m tall in a few years. Clusters of mauve or purple flowers throughout spring, summer and autumn makes this a very rewarding choice and because it's from the legume (pea) family it is also good for the soil.

Brand's Tree Felling can assist in effectively removing Bugweeds. Contact us on 0861 708 000 or brandstf@mweb.co.za for a free quote.

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FINANCE

The future of money – part 10

Crypto arbitrage – easy money

By Kreaan Singh

Arbitrage is the price difference of something on different marketplaces around the world. By taking advantage of arbitrage, a person can buy that thing cheaply in one place, and sell it for a profit in another place.

"...Bitcoin can then be brought back into South Africa and sold for an almost guaranteed profit..."

Gold, oil, coffee, skills and even artwork experience arbitrage. Winning a contract and outsourcing that business to a cheaper workforce elsewhere in the world is a form of arbitrage. Unfortunately, in most cases, red-tape prevents one from taking advantage of the opportunity. But when it comes to cryptocurrencies, the opportunity makes for easy profit.

The price difference of Bitcoin

The price of Bitcoin is often cheaper on international markets than it is in South Africa. There are several reasons for this – strict currency controls, the surging demand for Bitcoin as a hedge against the weakening Rand, and smaller market size – are some. What this means is that by sending South African Rands out of the country to buy Bitcoin, that Bitcoin can then be brought back into South Africa and sold for an almost guaranteed profit.

How does it work?

All South Africans can send a certain amount of money out of the country every year. Your Single Discretionary Allowance (SDA) allows you to send R1million abroad without requiring any permission, and your Foreign Investment Allowance (FIA) allows you to send an additional R10million abroad after receiving a tax clearance certificate from SARS, the South Africa Revenue Service. By utilising these two allowances, everyone can purchase up to R11million worth of Bitcoin abroad each year, and sell it in SA for a quick profit. This does not have to be done in one transaction. You could send R100,000 abroad 110 times ($110 \times R100,000 = R11\text{million}$), or R500,000 abroad 22 times. In other words, you simply need to keep cycling your money in and out, each time making a small profit until you reach your R11million limit. Because cryptocurrencies are digital by nature, the transactions are incredibly efficient and fast. The only waiting period is when Rands are being transferred abroad, or if the arbitrage is too low to make a profitable trade.

Risks are easy to mitigate

What is the risk? Well, depending on how you execute the trade, you may experience volatility in the price while waiting for funds to move between different exchanges. You could also see the Rand weaken or strengthen against the Dollar, eating into your profit margin. There are also security risks to be aware of. Fortunately, all of these risks are easy to mitigate when using a professional service.

At [CoinEd](#), we have developed an automated platform to help you take advantage of cryptocurrency arbitrage. We also guarantee your funds against price changes and losses, and will not trade your funds if a profit cannot be made. All transactions follow strict regulations set out by SARS and the South African Reserve Bank.

Interested?

Give us a call on +2764 5050 747 and we'll set you up. It's free money at the end of the day. Why not take advantage of it?

If you are interested in learning about Bitcoin, Ethereum and other cryptocurrencies, [CoinEd](#) offers private courses for individuals, corporate workshops, and school curriculum integrations.

For more information, contact info@coined.co.za.

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AM. 'MORNINGS ONLY' OFFICE ADMINISTRATOR REQUIRED. Consultancy firm requires a highly experienced and professional ½ day Operations Administrator in Dainfern (Fourways) to support their small group of demanding professionals. R7000+ per month. Strong admin/organisational experience plus the ability to produce spreadsheets and documents is absolutely essential. Candidates must live close by with own transport and must work in the well-equipped office, Monday to Friday. Experienced people only as the job is demanding and not suitable for individuals needing training. Please don't respond to this advert. Instead, simply request an application form by emailing your request to info@strathambryce.com. All other forms of response can unfortunately not be considered. No CVs at this time please.

DOMESTIC WORKER / HOUSE KEEPER

RITA is looking for a full time position in Dainfern. She has worked for me and some of my friends and she is a very good cleaner and also takes care of laundry. She

is Mozambican and has legal papers. For references please call me on 082 931 3643.

Doreen, my exceptional and unique household assistant is available on Thursdays, Fridays and Saturdays. She has worked for me over 12 years, is meticulous, hardworking and totally trustworthy. She is available as my wife passed away late last year. Doreen, together with myself, were my wife's primary caregivers. She will continue to work in my home Monday – Wednesday. Originally from Zimbabwe, 49 years of age, has a valid work permit, fluent in spoken and written English and is great with children. References are available. Please contact her on 062 317 7541.

Wonderful **RACHEL** is looking for a full or part-time helper position in Dainfern (previous employers relocated). Honest, reliable, smart, fantastic ironer! Live-in or live-out. Ph. Bradley 072-529-4278 for full reference

SYLVIA is a very reliable lovely woman, who worked for us for 3 years in the Estate. Before that she also worked 6 years for other families on the Estate and in the Valley. She can work 5 days a week, if necessary as a live-in during the week. For further information you can call: Harriet Plaisier: 082-265 0563 or Sylvia: 078-041 3936

MAUREEN SIBANDA is looking for employment on Tuesdays and Thursdays, due to one of her employers relocating to the States. Maureen has worked for me for around 20 years and is solid in character, work ethic and integrity. Over the years, she has assisted her employers with normal domestic duties, including child care, care of aging parents, cooking, animal care and even house sitting. Maureen can be contacted on 072-553 2052. For reference purposes, please contact Joyce Osborne on 084-9004477

Our housekeeper **LIESBETH** is looking for evening or Saturday work. Call her on 076 086 8507 or Sue Johnston on 082 712 8511

MEMORY is looking for full time employment –live in or out. She worked in the estate for three years but the family have been transferred. Can supply reference. Call her on 062 298 6129 or Sue Johnston on 082 712 8511

BESLINE - We highly recommend Besline who has been with us for nearly four years. She is such a phenomenal worker and is amazing with our kids. She would be an asset to any family. Beslina Ncube 670620 0249 080. Tel: 076 419 6498

MERIAM has worked in Dainfern for 18 years. She is loyal, honest and an excellent domestic worker. She is totally capable of undertaking all household chores, and is an excellent ironer. I shall be sorry to lose Meriam due to our relocation. She is looking for work in Dainfern for Monday to Friday. Contact Jill on 072 229 9111 for references.

LINDA – Linda is looking for a full time work or part time work. She is a wonderful worker and has a certificate to look after children. She also loves animals. Her English is good and is a lovely person. Please contact Linda direct: 073 347 1719

TAPIWA is currently seeking permanent live in employment. Her previous employees have returned overseas She was employed to look after a baby and 5 year old, also worked in the house. She is a hard worker and of a pleasant disposition. Please contact her directly on 084 081 3385.

RACHEL MDLULI, has been employed as our housekeeper for 5 years. We are relocating and she is looking for a full time live-in job. Rachel is Zimbabwean with permanent residence in South Africa. She has a friendly disposition and takes pride in her work. She is hardworking, honest and reliable. She took excellent care of our special needs son and our 2 dogs. We travel often and she coped with all the demands on her own. She is meticulous with ironing and cleaning and she is an excellent cook. Rachel comes highly recommended. Please call Rachel on 073 527 2282 or Elize 82 554 6991 for a reference.

Domestic helper available for immediate start. **PRISCILLA MPOFU** worked for us for 4 years and unfortunately her new employer was unable to move to Johannesburg due to the pandemic. Priscilla is very hardworking, kind and gentle. She is a fantastic cook and is wonderful with children. She completes her work to an extremely high standard and I have no hesitation in recommending her as a domestic helper. Please contact Priscilla on +27 604470594. If you have any additional questions for her previous employer

please email Lindsey at ljwills@gmail.com.

FLORENCE - highly recommended domestic worker, housekeeper and nanny. 100% honest & trustworthy, bright, hardworking, reliable, punctual and communicate excellently. She is warm, loving and kind. Please contact Leanne Roux on 082 641 5964 or John on 072 587 2786

RACHAEL is looking for full time or part time work- live in /live out. She has been working in Dainfern for many years. Sadly her full time employer has moved to Cape Town. Rachael is excellent at carrying out her duties and is wonderful with dogs too. For reference you can contact: Bradley 072 529 4278 or Rachael 079 995 5101

CHIPO NYONI. Cell no. 062 968 0923. Our part time household assistant, Chipo, is looking for employment on any day of the week due to us leaving Johannesburg at the end of the month. Chipo has worked for us for 6 years and is incredibly hard working, honest, reliable and proactive.

EMILY our house help of 15 years has three days per week free. She is outstanding with cooking, cleaning and ironing. She is quiet and trustworthy of nature. ID no- 6102160424089. Audrey Elsie. 084 975 7902

LIVE IN OR OUT HELPER. CONTACTABLE REFERENCES. Excellent and highly recommend. Kind, honest, hard working - always happy. Good with kids and animals. B Gangqu - 081 039 1523 / 074 179 5558

DORIS is looking for a fulltime or parttime housekeeper position (live out). She has been working on the estate for the last 15 years for four different international families with small children. Doris is really amazing, she loves children and her cleaning and ironing is a sterling job. Doris is very reliable, committed and hardworking. She always takes care of our 2 dogs while we are travelling. Please contact Doris on 083-586 1357 or contact me, Chantal Jansen (also for references) 076 076 3114

QUEEN is looking for a full time live in position. Queen is a very pleasant, intelligent, hard working lady that goes the extra mile! She's reliable and completely honest and trustworthy. She's mild mannered, quiet with a good sense of humour. She'll be an asset to any employer. Please contact Queen on +27 (79) 265-6463. Or myself, Jacqui 083 324 8424

B GANGQU LIVE IN OR OUT HELPER - CONTACTABLE REFERENCES, Excellent and highly recommend. Kind, honest, hard working - always happy. Good with kids and animals. 081 039 1523 / 074 179 5558

LYDIA, OUR HOUSEKEEPER, is looking for additional days to work. She is respectful, trustworthy, hardworking, and organized. Her communication and written skills in English are good. Lydia is an adequate domestic worker, enjoys iron, and is open to cook and follow recipes!! Lydia is 40

years old. She is from Zimbabwe and has been working in South Africa for over 14 years, most of the time, for ex-pats family. She has a valid work permit. If you are interested in employing Lydia, please message or call her directly at 073 8904734

STACEY: Domestic worker -Malawian with work permit I am looking for a job as a domestic worker, full-time or part-time. Very keen and competent. I can clean, wash clothes, iron, cook and bake. I love families and animals and have 10 years experience, with references. I am trustworthy and can work without supervision. Ref: Lonehill: Martin 083 6540210 -Dainfern: Alex 072 9067386. My contact details: 073 209 7524 /078 425 2904.

TINY (SINKIWE SIBANDA), is looking for 2 days domestic work per week in Dainfern. Tiny is a happy, hardworking, reliable Zimbabwean lady who lives in Dainfern and has an ID and work permit. Please give her a call on 082 723 2608 or myself Linda for references 083 391 001.

PRAYER our helper is looking for three days (Tue/Wed/Fri) domestic work, starting 1 August. Prayer is friendly, good with kids, hardworking and reliable. Please call Prayer (+27 84 0891380) or Jeanine (+27 794 47 5902).

NOLITHA VERONICA MZIMKHULU - I.D 8311280577084 Has worked for us the past 6 years, she is loyal, honest and punctual. Currently her mother works for us as well and has done so for 25 years. Since all my children have moved away, we no longer are in need of 2 maids, so Nolitha is looking for work. Nolitha: 073 148 4522/ For reference please contact me on 083 432 6812/Enerst at 072 110 0000

SARU has worked with us for well over 5 years whilst continuing with her full time job with the Banerjee family. She would regularly assist us with domestic support for entertaining or when our staff were on leave. Saru is not only hard working and reliable, she also uses her initiative and common sense to address problems as they arise in a practical and efficient way. She is currently available and is seeking full time or part time work preferable live in. She is an absolute pleasure to have as an employee. Please call Daniel 079 696 6688 for further information or Saru directly on 063 545 7827.

GARDENER / DRIVER / HANDYMAN / DOG WALKER

TOM is excellent at garden maintenance. He is reliable and polite. Please give him a call if you need any garden services. Contactable references Call at 072 386 7727. Name of Employee: Tom Chirwa. ID Number: MA 351057

JUSTICE - I recommend Justice who is a very reliable gardener, has a good attitude, works hard, responds well to your instructions, comes on time and delivers. He can be reached at 084 360-0857.

SAMUEL has been a great employee who demonstrated great integrity, dedication and discipline as a driver. Swimming pool maintenance/ gardener skills and experience are an added advantage. Contact telephone number: +27 64 097 6727 – Michael for ref.

For any gardening work, please contact **PETER JOHN** (Malawian) on 078 965 7811. I am very punctual, efficient and polite and have worked in Dainfern for 10 years. References available.

Our gardener, **PAULOS**, is available to provide gardening services on a Monday. He has worked for us for over 7 years and is a competent and friendly gardener. He maintains our garden, veggie patch, pool and often assists with general maintenance/handyman jobs around the house. Please contact Paulo's directly on 062 400 2513 if you are interested, or myself Emma for a reference 079 398 0484.

GOODMAN - has worked for me for seven years and is looking for extra working days in the estate. He is a self-starter, honest and reliable. His skills include gardening and the occasional handyman job in the home. His gardening knowledge is excellent. Contact Goodman - 078 781 2733 Reference - 079 058 4060

SIFISO NDLUVU is looking for gardening/handyman work on Wed, Thu or Sat. Highly recommended. Contact on 078 291 3299

JOHN, my part time gardener is looking for extra work on the Estate. "JOHN is a very hardworking and reliable gardener. He works for me on Wednesdays and is looking for extra work in his free days. He is also a carpenter. Tel: +27 73 025 0030. REF: Patience Dhlwayo 082 884 0074

JOHN NGWENYA is seeking gardening work. His SA ID no. 730323 65 74 084. He is looking for jobs on Monday's and Wednesday's. His cell number is 061 078 1779.

I hereby confirm that **ALFRED MHODI** has been my driver for eight years. I am consistently impressed with Alfred's attitude and productivity during the time, he has working for me. I recommend Alfred without reservations. Contact Alfred on 073 647 3801 or Jessica on 073 523 5010 for reference.

JOSEPH - Malawian with South African permit- I am an experienced gardener with many years of service specifically in the Dainfern Golf Estate and I am seeking daily employment. I am capable, honest, dedicated, loyal and hard-working and can work unsupervised. I am trained and competent to provide all the basic tasks needed to keep a garden well-maintained and have good working knowledge of all mechanical garden equipment and irrigation - 062 479 2395

WILLY MAMABOLO our gardener /handyman has worked for us for 17 years. We are relocating to Capetown so Willy is need of employment. He is trustworthy, honest and works

diligently. Willy has completed a woodwork and plumbing course and also has a driving licence. He would be an asset to anyone. Ref: Angela Beevers 082 584 0453

MOFFAT DUBE, Zimbabwean FN598675 – Gardening Certificate from Sue Bot, Broadacres. Honest hard-worker. Also does cleaning. 7 years on Dainfern. Cycles from Diepsloot. Needs four more days to support his family. Eurydice Stanton 083 610 0812

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BODIOLOGY	Adrienne	082 572 5857	International Skin Technology - Skin rejuvenation, sun damage, wrinkles. Please phone for an appointment.
MOBILE BEAUTY TREATMENTS	Denise	0825617269	We bring the spa to you! For special occasions, Birthdays, Bridal and Baby Showers, Pamper and Kids Parties. *Note: Strict COVID 19 protocols applied
TRIBAL BUTTERFLY	Linda	072 541 7390 (WhatsApp)	Tribal Butterfly Holistic Wellness offers a full range of services - from exquisite nails to exotic pedis and massages, lash extensions, permanent make-up, skin care and more!
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AUSTIN RENOVATION PAINTING, TILING & MAINTENANCE	Austin	078 244 8531	Experienced handyman: Building, plumbing, renovations, painting, tiling & maintenance. Good workmanship and reliable. Ref available Dainfern Area & Fourways. We also offer Tree cutting.
BRILLIANT PAINTER	Jerry	072 313 6778	Outstanding work: brick work, electrical with coc, tiling, paving, plastering, rhinolite, damp proofing, ceiling repairs and renovation. Ref. Cathy 011 469 0265.
CARE CONSTRUCTION AND PAVING	Ian	083 250 3736 Office 011 469 4300 ian@careconstruction.co.za	We specialise in new houses, additions & alterations, paving, painting & all your building requirements, no matter how big or small. Over 30 years experience. www.careconstruction.co.za
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DAMPSTAR	Andrew Kennedy	011 027 2591 info@dampstar.co.za	Damp-proofing, Waterproofing and Painting Specialists. Over 25 years experience. All work guaranteed. Free inspection and quotation.
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HANDYMAN	Steve	076 823 6847	British tradesman for all the jobs you hate!! Building, Total house Renovations, Wooden Flooring, Painting, Cupboards, Damp Proofing, Tiling, Plumbing, Roofing, Ceilings, Kitchen & Bathroom renovations & electrical work, plastering, paving & alterations. No job too small. Offers a friendly & reliable service.
HANDYMAN	Fernando Cardenas	083 263 8769	Bathroom specialist. All repairs. Renovations, building and bathroom specialist. Reference available.
HOME MAINTENANCE	Greg Woolcott	084 314 1158	Painting, damp-proofing, plumbing, cleaning, sanitising, wall papering , property maintenance and more. We have a reliable crew and project manager to over see.

HOME PROJECTS	Sidney	084 843 8258	Are you moving out of your existing home and need those odd jobs completed or moving into a new home? We specialise in all handyman jobs, painting and tiling. No job too small. We also collect rubble and garden refuse and any clutter accumulated over the years.
HAPPY CARPENTRY AND WOODWORKS SERVICES		084 971 3843	Kitchen unit built in cupboards- BIC wardrobes and shelves- hanging doors- decking and laminated wood floors- ceilings – dry walling and cornices- tiling and painting. Repairs and maintenance. Free quotation any time- good workmanship.
INVESTMENT HOMES	Robert Sova	082 828 2834	Construction and project management. New homes, alterations and renovations.
L.M. PROJECTS	Lungi	078 559 0970 074 654 3555	Painting, plastering, alterations, ceilings/partitions, cornice, tiling, electrician and waterproofing.
MAJOR GLASS & ALUMINIUM		011 769 8603 mga@worldonline.co.za	New or existing work: windows, steel replacements, doors, hinge-folding doors, showers, frameless showers and much more.
NCS PROJECTS	Nicholas Shaw Christopher Shaw	082 888 1518 nic@ncsprojects.co.za 062 934 4366 chris@ncsprojects.co.za	Project Management of new home. Renovations and alterations.
N HARRIS PTY (LTD) WATERPROOFING CONTRACTORS	Ron Gunnnett	082 562 1566 F: 011 705 3055 nharrispty@gmail.com	Waterproofing of all roofs, rising damp on boundary, internal and external walls, exterior wall coatings. We also attend to blocked sewers, plumbing, geyser problems, renovation of pools with epoxy coatings (any colour). Established 1994.
POWER 4 LESS		+27 1000 17 700 082 447 7720 info@pwr4less.com	Tired of load-shedding and power outages affecting every aspect of your daily life? Switch to Power 4 Less.
PHG BUILDERS	Simon	082 352 1347	New buildings, renovations, waterproofing, ceilings, any building related projects. No job too small (NHBC) registered Dainfern references.
PUNGWE CONSTRUCTION	Tony Memory	066 014 9122 064 879 3630	NHBC Accredited Contractor available for your new home construction, home renovations-ceilings, partitions and insulation, tiling, painting and wall coating, floors and flooring- cemetitious and granolithic screeds, epoxy and polyurethane flooring, painting and sealing.
QG CONSTRUCTION	Givemore	071 349 7486 qgconstruction34@gmail.com	Building and Renovations, Welding, Painting, Roofing, Waterproofing, Tiling, Tree Felling, Rubble Removal, Plumbing and more.
RAINBOW WATERPROOFING & ROOF REPAIRS (PTY) LTD	Allen van Deventer	011 057 7007 084 449 9722 / 083 245 5095 rainbowwaterproofing63@gmail.com	All work guaranteed / Free quotations. Waterproofing, roof repairs, skylights, gutters, ceilings and roof painting.
RK MAINTENANCE SERVICES	Vicky Elaine	082 898 7086 078 364 7843	building : office and home maintenance, renovations of bathrooms, handyman services and more.
SIMANGE PAINTERS & RENOVATORS	Freddy Andrew	074 077 4330 nyathifreddy@gmail.com 074 357 7834	Specialising in building, maintenance, alterations, additions, waterproofing, damp proofing, ceilings, dry walling and house plans.
TALL OAK TIMBER WORX	Michael van Wyk	084 905 4444 michael@totw.co.za	All woodwork, decking, doors, roofing, kitchens, painting of homes and contracting paintwork & general maintenance.
CAR			
KWIKBUYCARS		083 659 1125 www.kwikbuycars.co.za	Call us and sell your car the kwik and easy way!
CARWASH			
BUBBLES IN THE VALLEY CARWASH - Dainfern		064 514 7798 Facebook: @bubblesinthevalleycarwash Instagram: bubbles_in_the_valley_carwash	Carwash and makeover clinic - NOW OPEN!
CHURCH			
GLORY TO GLORY MINISTRIES		011 484 4532 083 590 5263	Sunday Church Service, Children ministry, intercession and teaching of the word.

CLEANING / DECLUTTERING / SERVICES / WINDOWS / CARPETS / UPHOLSTERY			
DYNAMIC STEAM CLEANING	Alan	067 228 2053	We specialise in deep steam cleaning and sanitizing of carpets, rugs, lounge suites, mattresses, chairs, curtains, blinds, showers, car interiors and more.
RED HOT MAIDS	Wadzi	011 465 2874 / 072 823 5272 info@redhotcleaning.co.za www.redhotcleaning.co.za	Professional, Reliable Maid Service. Daily Maid Rental, Spring Cleaning, Post/Pre Occupational Cleaning, Teams, Carpet and Upholstery Cleaning. We go the Extra Mile!
THE REAL DON DRY CLEANERS	Valley Branch Square Branch	011 469 4831 011 469 0245 info@trddainfern.co.za www.therealdon.co.za	We provide superior quality cleaning of all personal & household effects together with tailoring, alterations & mending services. Post/pre occupation house valet & flood water removal also undertaken.
CLOTHING / HANDBAGS / FASHION / SHOES			
FERN BOUTIQUE	Sally du Plessis	083 290 3857 / 011 469 0079 dalsaduplessis@telkomsa.net	Exclusive ladies and teen fashion boutique in Dainfern. Trendy clothing: stunning tops, camisoles, bling belts, handbags and much more. Open Monday to Friday 9 - 3. Saturdays view by appointment.
COMPUTERS / PRINTERS/CELL PHONES & REPAIRS			
QUICK SERVICE INFORMATION TECHNOLOGY	Tamrin	083 600 2533 quickserviceit@icon.co.za	ON-SITE service, sales, support, repairs, upgrades and networking. PC's, Laptops, printers, hardware and software.
ELECTRICIANS / ELECTRICAL REPAIRS / APPLIANCE REPAIR			
AAB-TECH PLUMBING & ELECTRICAL	Andrew	071 774 1883 082 556 5133	Earth leakages, fault finding, faulty plugs & lights- General electrical works done professionally @ competitive prices 24/7.
ALLIE ELECTRICAL	Alan	071 528 6656	24hrs electricians we specialise in all electrical repairs, maintenance & new installations. We also do fault finding & certificate of compliance (COCs). We also do electrical repairs e.g. geysers, stoves, ovens, microwaves etc. We are always a phone call away.
A-Z PLUMBING ELECTRICAL & APPLIANCE REPAIRS	Janusz	082 449 1997 janusz@pixie.co.za	For all your plumbing requirements from burst pipes to faulty toilets. The right price plumbers. All work guaranteed. For all your electrical requirements and appliance repairs-all makes.
B4 ELECTRICAL	Peter	083 452 0635/6 b4electrical@mweb.co.za	B4 electrical - Fully licensed and registered. For all your electrical installations, repairs, maintenance and certificates of compliance. Fast, friendly and reliable. We offer a 24hrs emergency call out service.
ELECTRICIAN	Lazurus	0836244583 0731273921	Certificate of compliance (same day); Faulty finding and tripping problems; Balancing of phases and redoing distribution boards; Rewiring and rewiring of houses; Repairs to faulty plugs, switches, lights, geysers, stoves and ovens.
ELECTRICAL - MOKAPANE	Ronald	072 154 9735 063 960 3891 F: 011 235 7777 mokopane@channeldata.co.za	Electrical installations & maintenance, house rewiring, emergency call outs, security Lighting, Fault finding & repairs, power failures, geysers, pool/spa motors, certificates of compliance. Underfloor heating installations & repairs, sales & installations of generators and UPS.
LAZIS ELECTRICAL	Gerald	078 739 6773 / 0731273921 laziselectricalmail@gmail.com	Tripping and fault finding, Electrical compliance repairs, power failure, New installation and electrical maintenance Faulty geysers, stoves and ovens, Repairs to plugs, lights and switches. Installation of inverters and generators.
LOUPEZ ELECTRICAL & ACCESS AUTOMATION	Loupez	076 108 1591 063 770 7919 www.loupezelectrical.co.za	We are a licensed and registered contractor and member of ECA. The ECA guarantees our workmanship with R20 000 for all your electrical and backup power needs 24/7.

ESTATE AGENTS / COMMERCIAL & RENTAL PROPERTIES			
CENTURY 21	André Anne Marianna Sue (Rentals) Tania (Rentals)	083 411 7674 083 600 0566 083 260 9255 079 119 8903 082 550 2222	Century 21 Lifestyle Team. Agents of Change. Your sales and rental professionals, with many years' experience in Dainfern and surrounding estates. www.century21.co.za / Office number 011 4601599 / Email: lifestyle@century21.co.za
CENTURY PROPERTY DEVELOPMENT	Nick Garden	066 477 8955 nickg@century.co.za	Riversands Outlet Park. World-class Showroom & Warehouse spaces to let in Fourways.
CHAS EVERITT International Property Group	Brian Falconer Richard Miller Gary Parker	082 651 7890 076 835 5170 082 895 1647 www.chaseveritt.co.za	Sales and rentals in Dainfern, Dainfern Valley, Dainfern Ridge and surrounds, Fourways Gardens, Cedar Lakes, Broadacres and Blair Atholl. Chas Everitt International Property Group has over 100 offices countrywide.
ENGEL & VÖLKERS	Gaby Farndell Alice Chibanda	Sales: 082 451 7876 Rentals: 083 500 5669 011 465 0410 www.engelvoelkers.com	Engel & Völkers specialises in the sale and rental of residential real estate. Whether buying or selling property, Engel & Völkers should be your property agent of choice.
EXECUTIVE PROPERTIES	Nicci Humphreys Lara Pretorius Carrie Field	082 492 0111 083 650 9044 082 372 2983 www.executiveproperties.co.za	Executive Properties specialise in Corporate Rentals and offer complete and professional service in the rental and sale of homes in Dainfern and surrounding estates. Contact us to buy, sell, or rent your home. Tel. 011 469 4107
GAYE CAWOOD REALTY	Gaye (Sales) Matt Sue (Rentals) Office	083 601 1593 084 602 7999 082 452 0086 011 469 4070	Our passion drives us to deliver an exceptional and professional service. Please call us if you are selling/renting or buying a home.
HAMILTON'S PROPERTY PORTFOLIO	Brenda Gilbert	083 251 4452 brenda@hamiltons.co.za www.hamiltons.co.za	Brenda of Hamilton's represents Dainfern Golf Estate, Dainfern Valley and Dainfern Ridge, in both sales and rentals, with consummate professionalism and extensive local knowledge.
HYACYNTH PROPERTIES	Abel Ntini Helen Ntini Office	082 908 9182 082 920 3640 0114694937	For rentals and sales in Dainfern and surrounds, contact your family run Real Estate Agency for personalised discreet service. We live and work in Dainfern. We are 100% BBBEE compliant.
LIVE REAL ESTATE	Office	011 465 1187	Live your best life. Buying, selling & rental specialists in Dainfern.
MALHERBEX	Willie Malherbe	011 786 9364 willie@maherbex.com	Buying, selling and rental specialist in the Dainfern and Surrounding Areas. Call today for a Free Valuation. 0652 000 000
PAM GOLDING PROPERTIES (DAINFERN)	Sharen Kyle (Rentals)	083 461 3999 082 483 5861	Pam Golding Estate Agents, 170 offices national. www.pamgolding.co.za / Office no. 011 469 4691
TARLOY PROPERTIES (Pty) Ltd.	Marc Levi	082 678 2929 marc@tarloy.co.za www.tarloy.co.za	A privately owned property fund specialising in A-grade commercial properties on main arterials within Johannesburg.
VERED ESTATES	Pamela Diedericks Rob De Jong	083 680 6771 079 489 0861 www.vered.co.za	JUST WHAT YOU WANT Contact us for a hassle free, no obligation valuation on your home for Sale or Corporate Rental.
FOOD & BEVERAGE / WATER / ONLINE ORDERS			
REAL FOOD 4 SURE		076 640 8836 www.realfood4sure.co.za	Order online - delicious & goodness delivered to your door. Variety of organic & conventional fresh produce, meat etc.
PERFECT WATER		011 465 9024 www.perfectwater.co.za	Broadacres Shopping Centre: Taking care of all your water needs.
GARAGE DOORS / GATES			
ALPHA DOORS	Simmons	081 241 6670	Top quality and cheap garage doors aluminum, wooden, steel and roll up, garage door motors, springs, remote programming, cctv remote viewing. Alarm systems link up to estate security.
DIGITAL SYSTEMS	Joshua	078 180 5416	New installations, repairs and services to gate and garage automation, alarms systems, intercoms, electric fence, remote programming, electrical repairs and pool pumps.
K & R INTERCOM & GATE AUTOMATION	Selvie Nair	082 333 2652 011 791 4717	Service to all types of garage doors and garage motors.

NG SYSTEMS	Russel	084 709 0916	We install and repair: Gate & Garage Door Automation,Garage Doors, Alarms, Intercoms, CCTV and DSTV.
GARDENING / IRRIGATION			
BRAND'S TREE FELLING		0861 708 000 / F: 086 530 6656 brandstf@mweb.co.za	Tree felling, tree maintenance, site cleaning, supplier of wood chips, fully insured. SALI (South African Landscape Institute) Selected Supplier.
DT MAINTENANCE	Zak	072 029 9776	Irrigation repairs (automated and manual systems) , weekly pool maintenance/repairs (pumps, filters etc.)
GARDEN BOYZ	Jordan	073 849 0927 Jordanbornex10@gmail.com	For all your garden needs, landscaping, irrigation, lawn cutting,garden cleanups,compost,lawn dressing,garden maintenance,weeding,tree felling, pool services,try us and see a change.
GARDEN DEL PALMAS	Dieter Wiese	011 708 1545 083 628 8990 F: 086 689 3429 gardendelpalmas@mweb.co.za	Your garden service with the personal touch. Your garden looking down? Want to make a change? We provide clean ups, garden maintenance, landscaping, refuse removal, tree felling, palm trimming and professional irrigation systems.
GEORGE LANDSCAPING SERVICES The personnel touch	Tracy Dedlow	083 625 9573 tracyd@thegeorgegroup.co.za	With our expertise and knowledge, we can assist with your maintenance, installation & irrigation. This is specific to your needs to ensure a beautiful garden. We give ongoing advise & recommendations on all essentials.
JEANS GARDEN	Mike	071 169 2886	Weekly garden and pool maintenance,clean ups,tree felling,compost and lawn dressing. Over 17 years experience in the Estate. 5 days a week.
LAWN CARE PLUS	Nicholas Dunn Terry Weston	082 573 3484 072 208 3587 info@lawncareplus.co.za	Lawn Treatments, bad weed and insect control, lawn dressing and compost, scarifying (verti-cutting), instant lawn installed (sun and shade), lawn aeration and complete lawn make-overs. Tool sharpening available. www.lawncareplus.co.za
LEBO'S GARDEN SERVICES	Lebo	074 922 1733 / 072 354 6296 lebogarden@gmail.com	Weekly garden and pool maintenance,irrigation repairs and Daily garden refuse collection.
MAINTENANCE SOLUTIONS ZR	Zak	072 029 9776	Irrigation repairs/installations, Landscaping, Pool services, pumps and treatments. Over 5 years experience.
NATURE'S WAY LANDSCAPING	Sharon	082 415 8786 Naturesway@mweb.co.za	Landscaping Services & Gardener Training. for all gardening requirements. Landscaping/garden design, composting, lawndressing, general clean-ups and irrigation. Gardener training is another option to assist with pruning/trimming, planting seedlings, caring for your lawn and general seasonal maintenance.
PFUKA U TIRHA - Wake Up and Work	Sam	071 094 4793	Sam is the man for reliable garden and pool maintenance and clean ups. He excels at all aspects of rose care and pruning. Book now! Reference Gillian – 082 442 7733.
SOFT RAIN IRRIGATION	Isaac	078 658 4371	For all your irrigation requirements - new installations, maintenance and repairs - 12 years experience.
TINYKOTE PROJETS		083 587 7696. elomonthemba5@gmail.com	We provide weekly garden service and clean ups, compost and lawn dressing and pool maintenance .
GAS			
GAS FAMILY	Nan	078 050 6600 info@gasfam.co.za / www.gasfam.co.za	Cylinder refilling and deliveries; gas installations & servicing; gas appliances; energy saving solutions.
HAIR DRESSER			
IMMERSION HAIR & NAIL SPA		071 333 8170 appointments@hairandnailspa.co.za	An exclusive Hair & Nail experience in the heart of Dainfern. We offer a full range of cutting edge salon services and products in a sophisticated and welcoming environment.
NICOLE'S HAIR SALON	Nicole	083 459 7554	Enjoy a great hair experience in the comfort of my home salon. I offer a full range of services, including colour and keratin brazilian treatments.
HORSE RIDING / SADDLER			
CHARTWELL STABLES	Shirley Stables	083 500 0103 073 952 8572 cstables@netactive.co.za	Children's Riding School. We specialise in teaching children to ride on safe ponies with qualified instructors. Pony camps, fun days & training shows held regularly. Ladies rides in the mornings. "Have fun while you learn" .

INTERIOR / FURNITURE / UPHOLSTERY / OUTDOOR FURNITURE / HOME ORGANISATION			
EXTREME BATHROOM CREATIONS		info@extremedoover.co.za www.extremedoover.co.za	Don't just renovate, re-imagine.
INTERIOR DÉCOR & DESIGN	Karen Schaefer Louw	082 940 3571 011 469 0767 karen@interior-decor-design.co.za www.interior-decor-design.co.za	We offer a complete design, supply & installation service, tailored to your individual requirements (budget/per room), - emphasis on creativity, quality & service. We provide the inspiration to help you achieve an interior that reflects your taste & lifestyle.
PATIO WAREHOUSE in Ferndale (Malibongwe off-ramp)		011 801 0820 084 825 1120 www.patiowarehouse.co.za	Africa's largest selection of patio furniture and accessories.
VILLA BIANCO INTERIORS	Karin	072 276 8501 team@villabiancointeriors.com www.villabiancointeriors.com	Designing modern luxury homes that make you feel great.
LOCKSMITH			
BRAD'S LOCK & KEY		082 854 9898 / 011 802 4114	All locksmithing work-Keys made/ doors opened. Also, gate motors/ gates etc. installed.
MEDICAL / AESTHETICS / COVID-19			
NIX & TEE WELLNESS AND AESTHETICS CLINIC	Turid Stacey	083 633 2652 tee@ntaesthetic.co.za Tel. 010 020-8561	Nix & Tee, a Wellness and Aesthetic clinic, are two qualified nursing Sr's offering aesthetic treatments. In-depth consultations are done to finding the best treatment for the individual concern or needs. Visit our website at www.ntaesthetic.co.za
PSYCHOLOGIST / COUNSELLOR	Charmaine March	083 239 4309 / 011 469 3256	Specialising in trauma, relationship, career counseling, etc.
PURE SKIN AESTHETICS CLINIC	Dainfern Bryanston	010 228 0108 011 463 1595	Health & Wellness - gut health, weight loss, body analysis, anti aging, blood tests, skin, hair, nails, stress & anxiety, heart health, immune booster, medical screening & covid anti body testing.
THE TRAVELLING DENTIST	Dr Botha	WhatsApp 081 274 6363 bookings@ivoridentistry.com Find us on Facebook	We come to your home. Let our amazing team come and take care of your dental needs.
WOODLAND PHYSIOTHERAPY	Carys Woodland Rhodes	061 931 1078 book online at www.woodlandphysiotherapy.co.za	Conveniently situated close to Fourways Mall. Specialising in sports injuries, post operative rehabilitation, back and neck complaints, headaches, chest problems and sinusitis.
PARTY VENUE			
NATURE'S WAY	Sharon Karen	082 415 8786 082 569 7173 karen.naturesway@gmail.com naturesway@mweb.co.za	Children's Party Venue for all ages. Large, secure play area in Chartwell with farm animals and a variety of play equipment. Close to Cedar Road with beautiful gardens.
PEST CONTROL			
PINNACLE PEST CONTROL	Tanya	086 100 0819 info@pinnaclehygiene.co.za www.pinnaclehygiene.co.za	Professional treatment and service using environmentally friendly pesticides for rats, cockroaches, ants, termites, weeds and other pests. Contact us for a free quotation.
PET & HOME CARE / KENNELS & CATTERY / VET			
DOGGY DAYCARE - CHARTWELL	Erin	081 849 4673 erinwale0303@gmail.com	Daycare for Dogs! We collect & return your dog daily. On holiday? Your dog will be socialising and having fun while you're on holiday or away on business. Puppy socialisation and general obedience offered on Saturday mornings by arrangement.
JOZI PETS		065 831 7116	Pet store at the Dainfern Valley Shopping Centre- all you pet requirements- Free delivery/ shop online.
PET SITTING	Dee-Jean	076 035 6908	Now that LOCKDOWN allows for minimal travelling, how about a "getaway". But not sure about leaving your furry loved ones alone! Then way not give me a call?! References upon request.
PET GROOMING			
SOAPY SMOOCHES		061 087 8247 info@soapysmooches.co.za	We come to you! Pamper your pets at home in our fully equipped pet parlour on wheels. Ask about our Loyalty Program, Pensioners Discount and Pet Massages for older pets. #bestgroomersintown

PLUMBING / SOLAR			
AAB-TECH PLUMBING & ELECTRICAL	Andrew	071 774 1883 082 556 5133	Earth leakages, fault finding, faulty plugs & lights- General electrical works done professionally @ competitive prices 24/7.
ADRES PLUMBERS	George	073 135 8425	Leaking pipes- dripping taps- burst geysers- blocked drains- installation of washing machine and water pump.
A-Z PLUMBING	Janusz	082 449 1997 januszplumbing@gmail.com	For all your plumbing requirements from burst pipes to faulty toilets. The right price plumbers. All work guaranteed. We now install solar systems / Bathroom renovations.
FOURWAYS PLUMBING	Steve	011 705 2145 082 440 5111	Professional plumbers. We do: geysers, valves, washing machine connections, water leaks, storm water systems, roof flashings all at very competitive prices.
PSI PLUMBING	Johan	Call or WhatsApp 071 289 7620	Drowning in plumbing problems? Our Services: burst geysers, block drains, burst pipe repairs and valve replacements. All plumbing and solar related repairs and maintenance.
POOL SERVICES			
A-Z POOLS & REPAIRS	Martin	074 443 1429	Re-marbalite & new mosaics. Pump replacements. Filter replacements. Pool timers. Pool lights. Sand changes. Pipeline repairs or replacements. Pool maintenance. Once-off clean-ups. We can tend to all pool related problems! Supervision on site.
PALM POOLS & SPA	Jackie	072 132 5703 palmpools@palmpools.co.za	Contact us for all your pool requirements. We do weekly pool maintenance, repair or replace pumps, filters and install timers, install salt chlorinators and change filter sand. All work is done under supervision. Quality is guaranteed.
POOL WAREHOUSE Broadacres Shopping Centre	Michael	011 465 9024 michael@pool-warehouse.co.za www.pool-warehouse.co.za	Get your pool summer ready. We stock everything you need for your pool. Call us for a no obligation FREE quote.
SANDTON POOL RENOVATORS CC "ONE STOP POOL SOLUTIONS - Time to Renovate"	Brenda Williams	082 332 7253 brendawilliams@sandtonpools.co.za www.sandtonpools.co.za	New pools, "Approved Cemcrete SA applicator for best marbelite." Weekly pool service, repairs, energy saving pool pumps, chlorinators, heating, blankets fencing, paving, composite decks, autofilling, water features, spas's, Koi ponds. COVID-19 CERTIFIED.
PROOF READING / EDITING			
PROOF READING / EDITING	Annette Thompson	083 290 1569 annette.thompson11@gmail.com	Experienced editor (retired) for any assistance with writing style, spelling and grammar.
RECYCLING / WASTE MANAGEMENT			
THE COMPOST KITCHEN	Himkaar Singh	www.compostkitchen.com himkaar@gmail.com 072 795 8283	Join the organic waste recycling revolution in Dainfern. Signup online and become part of the movement to reform the waste system and make real impact to our community.
RESIDENCY PROGRAMME			
CYPRLOT REALTY	Jenny	+27 (0)83 448 8735 RSA +357 965 92 444 Cyprus www.cypriotrealty.com	The best Residency Programme in Europe. Residency Permits now issued in 6 - 8 weeks. Special inspection trip offer. Cyprus really is the perfect choice!
RELOCATION / REMOVALS			
CLUTTER CLEANERS	Vicky	082 898 7086	We have a Bakkie that moves miracles...we take anything from furniture to odds and ends, from deceased estates, emigrating or just spring clean. If you are clearing out please call us!!
ELLIOTT MOBILITY		011 256 3000 / F: 011 256 3200 www.elliottmobility.com	Services: World class removal company specialising in household and office moving, storage, fine art moving, relocation services, and immigrations, both nationally and abroad.
MOVIT MOBILITY		08611 66848 info@movit.co.za / www.movit.co.za	Movit provides a personalised moving service for local, long distance, overseas & office moving - 50 years of moving excellence.
RESTAURANTS			
LIL'KITCHEN		063 579 8087 Facebook: Lil'Kitchen Dainfern	Wholesome Good Food at the Valley Shopping Centre. View our menu on Facebook. Home deliveries within a 5km radius.
VALLEY GRILL		011 468 4848 Menu on Facebook: Valley Grill	Pizza, Pasta, Sushi, Wholesome Food - all eat in, take away or delivery to your door.

SCHOOLS / PLAYGROUPS			
AMERICAN INTERNATIONAL SCHOOL OF JOHANNESBURG (AISJ)	Pamela Gutmann	087 809 1905 www.aisj-jhb.com info@aisj-jhb.com	AISJ is a leading international Pre-Kindergarten through Grade12 co-educational day school. AISJ offers a balanced program, small class sizes, an American style curriculum and the International Baccalaureate Diploma Program (IBDP).
DAINFERN COLLEGE	Fiona Siebert	011 469 0635 www.dainferncollege.co.za	Dainfern College believes in developing the whole child through the provision of academic, sporting, cultural and technological activities. Our students write the internationally well-accepted IEB examination and a strong academic focus exists at the College.
HERONBRIDGE COLLEGE	Natasha Marot	011 540 4800 nmarot@heronbridge.co.za	Private IEB Christian school that focuses on creating a space where kids want to learn. HeronBridge houses its own Pre-Prep for grades 0000-R, where the building blocks for "big school" are laid. The Prep and College provide an intentional and heart-led approach to schooling.
REDDAM HOUSE SCHOOL		010 060 4232 Info.helderfontein@reddam.house www.Reddamhouse.com	Situated at Helderfontein, Fourways, The Reddam House campus welcomes students from 1 year old to Grade 12. Boarding is also offered. Please call us for viewing.
SPORT / RECREATION / FITNESS			
F.A.A STUDIO FOURWAYS		081 563 3504 mdu@faagym.com	Ready to Train? What Next? Get started with a full fitness assessment. A.C.E. Certified Specialist Sports Performance Coach & A.C.E Certified Personal Trainer.
SA JKA KARATE	Bernard Buys (5th Dan, JKA)	083 709 9289	Expert professional JKA Karate instruction at the Pavilion.
TRAVEL / TOURS & DESITNATIONS / TRANSFER / TAXI / CHAUFFEURS			
AIRPORT TRANSFERS & TOURS	Mike	072 284 0340 / 011 465 3262 ashcroft.mike@gmail.com	Fourways Gardens' resident owner/driver. Personal, reliable transfers to/from ORT from R420 & Lanseria from R200. Free in-car Wi-Fi connection. Half & full day tours arranged.
ASENDULO TRANSFERS & TOURS	Lionel Strick	082 324 4232 lionel@asendulo.co.za www.asendulo.co.za	For all your shuttle needs – airport transfers / social & sporting events / corporate events. Servicing Dainfern families since 2002.
BOTHONGO RHINO & LION NATURE RESERVE		011 957 0109 / 0106 / 0349 www.rhinolon.co.za	Come and visit us for the day or stay in one of our lodges
KID VANTAGE EXPRESS	Janus	082 594 7528 / 073 575 4754 kidvantage@mweb.co.za	Reliable transport for all your schooling, extra-mural, airport needs.
SCHOOL TRANSPORT DRIVER	Ashley	083 958 2557 / 060 997 1594	I am an experienced female school transport driver with traceable references. I have my own car to transport your child/children to and from school.
TUITION			
PRIVATE MATH & ENGLISH TUTOR	Dominique	079 233 1545	Tutor available for lessons online or in person, grades 1-10. Also supervise grades 1-4 during online schooling. R300/hour private lessons, R800/morning online school supervision.
LIMITLESS - Conversational English Tuition	Pamela de Robillard	084 567 8455 limitlesssticza@gmail.com www.limitlesssticza.co.za	I am a qualified and experienced English and TEFL teacher with 10 years teaching experience to different age groups and in different countries on a variety of platforms. My speciality is facilitating Conversational English with ex-patriot adults, one-on-one, in small groups and online. FREE Trial Session.
ONLINE TUITION: ALL SCHOOL SUBJECTS	Chantelle	082 9670 270 chantellediab@gmail.com	Qualified Experienced Teacher offering Online Tuition. All School Subjects: Grade 1-12 (Excluding Grade 11 & 12 Maths & Science) English Specialist. Homework Assistance. Study Skills. Test & Exam preparation. Home Schooling. Mornings & Afternoons.
TOP TUITION	Dagmar	073 215 8837 / 082 415 1870 toptuition@vodamail.co.za	Classes in English, Maths, Afrikaans, Italian and German and other subjects on request. www.toptuition.co.za
TELEVISION / DSTV INSTALLERS			
AUDIOVISUAL INSTALLATION EXPERTS	Luca	(011) 662-1152 082 890 5515 A/H	Installers and Suppliers of: AV Equipment – Projectors – Screens – LCD's – Control Systems - DSTV

Please contact Colleen for your next advert or classified - 082 898 6566 (Call & SMS) or email at cobbie@global.co.za

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